

Neil Orchard Senior Activities Center



Celebrate the Holidays!



November was a heartwarming month at the Neil Orchard Senior Activities Center as we celebrated and gave thanks.

On **November 6**, our **Veterans Day Celebration** honored the brave men and women who have served our country. With patriotic music performed by the Moon Glow Band, the event brought joy to a sold-out crowd. This year, we were touched by the generosity of Jei-Ing Liu, who provided handmade bags for our door prizes. Thanks to our sponsors Family Matters, RC Hospice, Your Eldercare, Summerset, and WellCare by Healthnet.

On **November 20th** we all gathered for our annual **Thanksgiving Feast**. Participants enjoyed a feast while sharing stories and laughter in good company. We had all the traditional Thanksgiving fixings, and everyone left happy and full. Thanks to our sponsor Bear Hollow Estates. We also extend a heartfelt gratitude to our mysterious “Turkey Fairy” (you know who you are) for donating all the turkeys for the feast!

December Excitement: Winter Wonderland Awaits! As we bid farewell to November, we’re embracing the festive magic of December. The holiday spirit is in full swing with twinkling decorations and the aroma of baked treats. Mark your calendars for our highly anticipated **Winter Wonderland** event on Wednesday, December 18. Tickets are selling fast, so grab yours soon for an unforgettable celebration.

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Heather Schelske

Recreation Supervisor



Connect with us!

Visit us at the Neil Orchard Senior Activities Center!

We are located at
3480 Routier Rd. Sacramento
CA 95826

Hours of Operation

Mon-Thurs 7:30 a.m. - 4:30 p.m.

Fri 7:30 a.m. - 3:30 p.m.

Have questions?
Give us a call at 916-366-3133

Follow us on Facebook!

[Cordova Active Adults & Seniors | Rancho Cordova CA | Facebook](#)

Visit our website!

www.cordova-rpd.gov

IMPORTANT DATES TO REMEMBER:

| | | | |
|-------------------|---|------------------------|-------------------------------|
| Dec 7: | Breakfast with Santa | Dec 18: | Winter Wonderland (NO BINGO) |
| Dec 11: | Last Tech 1-on-1 session until February | Dec 22-Jan 3: | Center Closed until January 3 |
| Dec 16-20: | Advisory Board Elections | Happy Holidays! | |

Photo Above: Veterans Day Celebration 2024, Clara Chapala, Sandra Foley & Pearl Wallace



DECEMBER GREEN THUMB LUNCH

\$5 in Advance for Members & \$6 Non-Members/Day of/To-go

RSVP by calling (916) 366-3133

Lunch Served at 11:30 a.m.

*Menus subject to change

| Wednesdays | | Fridays | |
|------------|---|---------|--|
| 4 | Spring Mix Salad w/ Turkey Pot Pie Soup | 6 | Egg Salad Sandwich w/ Beef & Veggie Soup |
| 11 | Chicken Caesar Salad w/ Minestrone Soup | 13 | Hot Italian Sandwich w/ Creamy Tomato Soup |
| 18 | Winter Wonderland (No Bingo) | 20 | Chef Salad w/ Split Pea & Ham Soup |

The Senior Center will be closed for the Holidays from December 23-January 3

WINTER WONDERLAND

Wednesday December 18 | 11:30am

\$8 Members | \$10 Non-Members

\$10 TOGO (dessert not included)

Eat, drink and be merry! Join us for our annual Winter Wonderland event! Be on your best behavior, you never know who will stop by. Holiday music played by The Moon Glow Band.

Menu: Ham, Scalloped Potatoes, Veggies, Roll & Holiday Dessert!

[RSVP TODAY!](#)

Sponsored by:

BEAR HOLLOW ESTATES
Gracious Retirement Living

LUNAR NEW YEAR CELEBRATION

Wednesday January 29 | 11:30am

\$8 Members | \$10 Non-Members


\$10 TOGO (dessert not included)

Enjoy a delicious feast while learning about the various cultures that participate in this time-honored celebration of family, food and good wishes.

Menu: Chow Mein, BBQ Pork Fried Rice, Sweet & Sour Chicken, Broccoli Beef & Dessert

[RSVP TODAY!](#)

YEAR OF THE SNAKE



Upcoming Programs & Events

MEET OUR NEW COOK:

MALCOM

Hello My name is Malcolm McCray. I love to cook, create art, and vibe to music. I am currently enrolled in the Culinary Arts Management program at Consumnes River College.



I really love to learn new things to add to my skill-list. I hope to start my own catering business in the near future. Very happy and thankful to be a part of the Neil Orchard Senior Activities Center team.



SATURDAY DECEMBER 7

9AM or 10 AM seating

Accepting Waitlists for Breakfast

Bring the whole family for a pancakes, sausage, coffee, juice and cocoa! Stop by the holiday fair or bring the kids to visit Santa to share wishes and take a picture in our festive booth (included)

There will be a craft area for children to work on a special holiday project.

Fee: \$5 per person ages 2+ for breakfast

\$2 per group (Santa Photos only)

UPCOMING RESOURCE DATES

December 4: Free Car Show & Live Music @ Golden Pond Senior Living
10 a.m.-2 p.m. Register online @ eventbrite.com

December 11: LAST Technology 1-on-1 session until February!

January 9th : Healthy Aging with GROW & UC Davis 2 pm

January 27: Estate Planning/ Wills & Trust Presentation 1pm

NEW CLASSES COMING:

Card Making: coming back December 4 and continuing in January!

Watercolor Wednesdays:

Starts Feb. 5th, 2 - 4 p.m.

\$100 monthly class fee + \$20 materials fee

A beginner friendly weekly class, where you'll discover the beautiful techniques of watercolor painting, including washes, blending, layering, and more!

Cooking with Chef Steve:

Starts Feb. 4th 5:30 - 7:30 p.m.

\$25 members + \$10 Materials fee

This fun, and social class is perfect for those looking to explore new recipes and sharpen their culinary skills. Whether you're a seasoned cook or just starting, this class offers a great way to enjoy healthy eating and meeting new friends along the way!

February Class – Valentine's Day Dinner



Garden Club This month Garden Club will meet on **Wednesday** **December 11 at 10AM**

Please bring garden tools, wear closed toe shoes & we suggest long sleeves.

Come help us grow!

Upcoming Programs & Events

Happy birthday!

ADVISORY BOARD ELECTIONS

Elections of Vice President, Secretary and At-Large Members are to take place on December 16-20

All Neil Orchard Senior Activities Center Members are encouraged to vote.

Harry Shippy for Vice President



Harry has been our active Vice President for the last 3 years, and has done excellent work.

Marilyn Hamm for Secretary



Marilyn is our active Secretary and has done a great job in assisting the Advisory Board in any tasks that need to be done.

2 Members at Large



Hilda Garcia for Member At-Large

Hilda is currently one of the At-Large Members on the Board. She is always ready to lend a helping hand and get things done.



Barbara Desrochers for Member At-Large

Barbara is currently one of the At-Large Members on the Board. She has been doing a great job and is ready to help wherever needed.

***Place your votes in the ballot box from
December 16-20th**

CELEBRATING MEMBER BIRTHDAYS!

| | |
|--------------------|-----------------------|
| Janice Barrington | Gina McBride |
| Michael Bowen | Rebecca Miffin |
| Carol Burnett | Sidney Moore |
| Lora Clark | Mona Nollsch |
| Mary Connerley | Marta Ortega |
| Linda Connolly | Harriot Pettersen |
| Kate Dillon | Irene Quinn |
| Dennis Dunn | Patrick Quinn |
| Barbara Easton | Tommy Reddie |
| Roger Evans | Joan Roper |
| Norman Garza | Daniel Schmidt |
| Shirley Gladfelder | Audrey Seal |
| Martie Goodson | Kathy Soza |
| Lynn Hamilton | Gordon Stephens |
| Merri Hamilton | Larry Stites |
| Wayne Kaiser | Linda Sullivan |
| Dixie Kiley | Sheenah Tidewell |
| Anne Leonard | Cristina Torio |
| Gloria Licea | Evelyn Tsuha |
| Genevieve Lisher | Brenda Turley |
| Jei-Ing Liu | Sandra Turner |
| Marie Lovell | Barabara Liberty-Vick |
| Judy Manley | Pearl Wallace |
| Terri Maria | Debby Whetstone |
| Sam Martin | Judy Wilson |

Don't see your name?

Visit the front desk to check on your membership!



December 2024

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|-----------|---|-----------|---|---|---|-----------|---|-----------|---|
| 2 | 8 - 9 a.m. Senior Exercise 9 - 10 a.m. Walking to Get Fit 9:15 - 10:15 a.m. Beginning Kundalini Yoga 10:30 - 11:15 a.m. Intermediate Tai Chi 11:15 - 11:45 a.m. Beginning Tai Chi 1 - 4 p.m. Cards & Board Games 3 - 4:30 p.m. Wire Wrap Jewelry Making | 3 | 9 - 11 a.m. Knitting & Crochet Group Noon - 1 p.m. Zumba Gold 1:15 - 2:45 p.m. Beginning Line Dance | 4 | 8 - 9 a.m. Senior Exercise 9 - 10 a.m. Walking to Get Fit 9:15 - 10:15 a.m. Beginning Kundalini Yoga 10 - 11 a.m. Garden Club 11:30 a.m. - Noon Green Thumb Lunch Noon - 2 p.m. Bingo | 5 | Noon - 1 p.m. Zumba Gold Noon - 4 p.m. Hand & Foot Card Group | 6 | 8 - 9 a.m. Senior Exercise 9 - 10 a.m. Walking to Get Fit 9:15 - 10:15 a.m. Beginning Kundalini Yoga 10 - 2 p.m. Beginning & Advanced Ceramics 11:30 - Noon Green Thumb Lunch Noon - 2 p.m. Bingo |
| 8 | 8 - 9 a.m. Senior Exercise 9 - 10 a.m. Walking to Get Fit 9:15 - 10:15 a.m. Beginning Kundalini Yoga 10:30 - 11:15 a.m. Intermediate Tai Chi 11:15 - 11:45 a.m. Beginning Tai Chi 3 - 4:30 p.m. Wire Wrap Jewelry Making | 9 | 9 - 11 a.m. Knitting & Crochet Group Noon - 1 p.m. Zumba Gold 1:15 - 2:45 p.m. Beginning Line Dance | 10 | 8 - 9 a.m. Senior Exercise 9 - 10 a.m. Walking to Get Fit 9:15 - 10:15 a.m. Beginning Kundalini Yoga 11:30 a.m. - Noon Green Thumb Lunch Noon - 2 p.m. Bingo 2 - 4 p.m. Tech 1on1 Workshops | 11 | 8 a.m. - 5 p.m. Duarte Poinsettia Farm Day Trip Noon - 1 p.m. Zumba Gold Noon - 4 p.m. Hand & Foot Card Group | 12 | 8 - 9 a.m. Senior Exercise 9 - 10 a.m. Walking to Get Fit 9:15 - 10:15 a.m. Beginning Kundalini Yoga 10 - 2 p.m. Beginning & Advanced Ceramics 11:30 a.m. - Noon Green Thumb Lunch Noon - 2 p.m. Bingo |
| 16 | 8 - 9 a.m. Senior Exercise 9 - 10 a.m. Walking to Get Fit 9:15 - 10:15 a.m. Beginning Kundalini Yoga 10:30 - 11:15 a.m. Intermediate Tai Chi 11:15 - 11:45 a.m. Beginning Tai Chi 1 - 4 p.m. Cards & Board Games 3 - 4:30 p.m. Wire Wrap Jewelry Making ALL DAY Advisory Board Elections | 17 | 9 - 11 a.m. Knitting & Crochet Group Noon - 1 p.m. Zumba Gold 1:15 - 2:45 p.m. Beginning Line Dance ALL DAY Advisory Board Elections | 18 | 8 - 9 a.m. Senior Exercise 9 - 10 a.m. Walking to Get Fit 9:15 - 10:15 a.m. Beginning Kundalini Yoga 11:30 a.m. - Noon Winter Wonderland <i>Noon - 2 p.m. Bingo Cancelled</i> ALL DAY Advisory Board Elections | 19 | Noon - 1 p.m. Zumba Gold Noon - 4 p.m. Hand & Foot Card Group ALL DAY Advisory Board Elections | 20 | 8 - 9 a.m. Senior Exercise 9 - 10 a.m. Walking to Get Fit 9:15 - 10:15 a.m. Beginning Kundalini Yoga 10 - 2 p.m. Beginning & Advanced Ceramics 11:30 a.m. - Noon Green Thumb Lunch Noon - 2 p.m. Bingo ALL DAY Advisory Board Elections |
| 23 | We will be closed for the holidays | | 24 |  | | 26 | From December 23 - January 3 | | 27 |
| 30 | | | 31 | | | | | | |

Photo Gallery Veteran's Day Celebration



Visit cordovarpd.gov for more information on upcoming events.