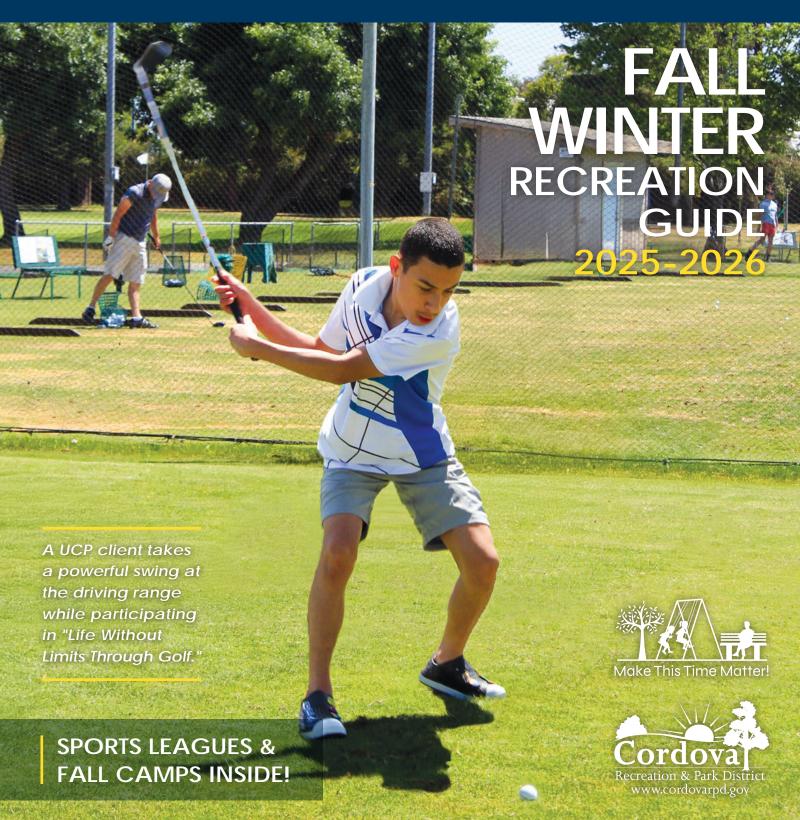
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CORDOVA RECREATION & PARK DISTRICT



MESSAGE FROM THE GENERAL MANAGER

Discover Your Fall & Winter Opportunities – Start Making Every Moment Count!



There's no better time than fall to get started on something new at Cordova Recreation & Park District (CRPD). Whether it's joining a sports league, picking up a new hobby or finding time to get outside and enjoy your parks, there is something for everyone to enjoy.

CRPD programs and special events are here to offer a variety of ways to enrich your life and connect with the community.

From youth camps and sports that offer kids a safe space to play, learn and thrive, to programs and activities for adults and seniors designed to spark new interests or enhance existing ones. We're here to help you build skills, form meaningful connections and become part of something greater. Together, we can create something extraordinary and "Make This Time Matter!"

We are continually evolving and value your input in shaping the future of our community. Have ideas on how we can make this time matter even more? We're all ears! Share your thoughts with us at customerservice@cordovarpd.gov or call us at 916-842-3300.

Let's make this season meaningful together. We look forward to seeing you in our parks, at our events and in our programs and classes - because when we come together, we add value to one another!

Patrick Larkin, General Manager

LET'S GET SOCIAL!

- f facebook.com/CordovaRPD
- instagram.com/CordovaRPD
- x.com/CordovaRPD
- youtube.com/crpdcordovarec

CONTACT US

HAGAN COMMUNITY CENTER

2197 Chase Drive | 916-369-9844

NEIL ORCHARD SENIOR ACTIVITIES CENTER

3480 Routier Road | 916-366-3133

MATHER SPORTS COMPLEX

3755 Schriever Avenue | 916-362-1704

CORDOVA GOLF COURSE

9425 Jackson Road | 916-362-1196 | cordovagc.gov

PARK SERVICES

2197 Chase Drive | 916-363-0350

DISTRICT ADMINISTRATIVE OFFICE

11070 White Rock Road, Suite 130 | 916-842-3300

FMAII

customerservice@cordovarpd.gov

CRPD BOARD OF DIRECTORS

Rick Sloan, Chairperson rsloan@cordovarpd.gov

Daniel Langan, Vice-Chairperson dlangan@cordovarpd.gov

Mark Matus, Secretary mmatus@cordovarpd.gov

Michael Yearwood, Director myearwood@cordovarpd.gov

Brian Danzl, Director

bdanzl@cordovarpd.gov



PMRID OVERSIGHT COMMITTEE MEMBERS

Taylor Haven, Chair, Rancho Cordova (Zone A)

Traci Michel, Vice-Chair, Gold River (Zone C)

Lauren Padilla, Committee Member, Rosemont (Zone B) Bonnie Domeny, Committee Member, Larchmont/Riviera East (Zone B)

Lauren Ledesma, Committee Member, Rancho Cordova (Zone A)



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COMMUNITY NEWS

On the Cover



The Soriano family, Ana and Gio pictured above, are a wonderful example of how inclusive programming can open doors, create community and build confidence. That's why we're proud to feature them in this edition of our Recreation Guide.

The Soriano family has found meaningful connections and growth through UCP's inclusive one-day sports programs, such as the "Life Without Limits Through Golf" program at the Cordova Golf Course. Ana says, "I love UCP and these types of events because they give him [Gio] exposure to different types of sports, particularly golf. He had a meltdown not that long ago and took a deep breath and then he knew he could come back to it, so it's real-life application of his social skills and self-regulation. It's great exposure. He loves it because he gets to socialize with his friends, he is so proud that he's learning golf, he's networking and building his own community."

Gio is thriving in the calm, supportive environment UCP provides at the Cordova Golf Course. "He likes the accomplishment of being able to do something and at his own pace without all the noisiness and what comes with being in public spaces." For other families, Gio's mom has a message of encouragement: "It opened another world to me that I never thought we could do, but we are - we did it. For Gio, golf is such a social networking sport. It's adding to his life portfolio, that's another skill, whether he's going to go with his friends or giving him something to do when he's older, it's giving him different outlets."

Honoring Excellence in Our Team and Community

On May 22, CRPD joined the California Association of Recreation and Park Districts (CARPD) at their awards banquet, where park and recreation agencies statewide came together to celebrate the Waves of Change.

CRPD Board Director Brian Danzl was recognized for his leadership and service to CARPD as President. As Chair of the 2025 Conference Committee, he led efforts that resulted in record-breaking sponsorship and attendance. He participated in the annual Capitol Visit to advocate for issues impacting parks and recreation and developed a Past President recognition program. Director Danzl also oversaw the "Resolution of Recognition Program" honoring long-time Board Members of districts throughout the state and oversaw a balanced budget year for the organization.

Andrea White, CRPD's Human Resource Manager, was honored as the Outstanding District Employee of the Year. This award recognizes individuals whose exceptional contributions go above and beyond in serving their district. With over 17 years at CRPD, Andrea has consistently demonstrated strong leadership skills, teamwork and coaching techniques with her staff and co-workers.

Gregory Rubio of Boy Scout Troop 281 was awarded an Outstanding Volunteer award for his Eagle Scout project - a memorial honoring the Tuskegee Airmen in CRPD's Veterans Park. His work demonstrated extraordinary leadership, dedication to community enrichment and created a lasting tribute that fosters education, reflection and community pride.

CARPD's recognition of Director Danzl, Andrea and Gregory highlights the incredible impact that dedicated individuals can have on their communities. We're so proud to see their achievements recognized and celebrate everything they've accomplished.



Giving Back Together

CRPD remains deeply connected to the community, and this year, we've strengthened our commitment to giving back through our Community Engagement Program. In January, CRPD staff came together to raise over \$1,400 in gift cards for the Folsom Cordova Unified School District's (FCUSD) Families in Transition (FIT) program. This program supports families experiencing economic hardship, providing essential resources to those facing homelessness, food insecurity, health challenges and limited access to basic necessities. In March, the team donated 866 food items to the Rancho Cordova Food Locker to aid in the fight against hunger. To wrap up our spring season of giving, we collected over 400 household and hygiene products to once again support the FIT program and ensure families in our community have access to everyday essentials. We're proud of what we have accomplished together and remain committed to making a meaningful difference in the lives of those we serve.







Life Without Limits Through Golf

Recreation programs go beyond fun activities and sports, they offer opportunities to build confidence, connection and inclusion. Through the "Life Without Limits Through Golf" (LWLTG) program, CRPD is partnering with United Cerebral Palsy of Sacramento and Northern California (UCP) to transform the way people with developmental disabilities engage with the sport of golf. CRPD and UCP provide a welcoming space at Cordova Golf Course where participants of all abilities can learn, play and connect on the green. As CRPD looks to expand its accessible offerings beyond golf, LWLTG continues to serve as a model for how recreation can empower individuals through meaningful and enjoyable experiences. CRPD is committed to broadening the scope of our inclusive programming and looks forward to building a community where each person, regardless of ability, can participate and thrive.

For families like the Medlands, Matt and his son Lucas pictured above, these programs have become a regular part of their lives. Matt says, "it gives the kids the opportunity to get out and do things they otherwise wouldn't have the opportunity to do. A lot of the time, parents don't have the resources to get out or have that social stigma, so this affords them the opportunity to do things that would otherwise not be put in their path.

LEARN MORE ABOUT ACCESSING INCLUSIVE PROGRAMMING HERE



















BECOME AN EVENT SPONSOR

Are you looking for a way to give back to your community while making a name for your business or organization?

Visit cordovarpd.gov/resources-and-information/sponsors for more information















































We have parks and facilities perfect for celebrations and business events!

Indoor Facility Rentals Include:

- Event layout assistance
- Seating and table set-up
- On-site event staff
- Breakdown service

Let us help you make your next special occasion more memorable!

For pricing and availability, call the Hagan Community Center at 916-369-9844, for Athletic Field rentals call 916-362-1704 or visit cordovarpd.gov/rentals/.















Online Registration

Visit cordovarpd.gov/register

Fast, Easy & Convenient

Have Questions?

Give us a call or scan this link for a step-by-step guide to registering online.



Other Ways to Register:







Hagan Community

2197 Chase Drive Mon - Fri | 8 a.m. - 5 p.m. 916-369-9844



Neil Orchard Senior Activities Center

3480 Routier Road Mon - Thur | 7:30 a.m. - 4:30 p.m. Fri | 7:30 a.m. - 3:30 p.m. 916-366-3133



Mather Sports Complex

3755 Schriever Avenue Mon - Fri | Noon - 9 p.m. Sat & Sun | 8 a.m. - 6 p.m. 916-362-1704

APPLY FOR A SCHOLARSHIP TODAY!

Recreation should be affordable to all. Apply today and start your journey towards more fun and fitness! Learn more on page 40.

ACCEPTED PAYMENT METHODS

Accepted payment methods are Visa, MasterCard, Discover and American Express for all registration options. Cash and checks are accepted during in-person registration. Mather Sports Complex, Cordova Golf Course and Neil Orchard Senior Activities Center also accept contactless payments, such as Apple Pay and Google Pay.

PRE-REGISTRATION IS REQUIRED

Register early for programs! Pre-registration helps us track the number of participants in a class. If the minimum number of students is not met, there is the chance a program will be adjusted or canceled.

REFUND PROCEDURE

- CRPD reserves the right to cancel, combine or divide classes, change times, dates or class location, change instructor and make other changes as necessary.
- Those who fail to attend a class or "no show" will not be granted a refund. Refunds are only eligible if cancellation is received a minimum of 48 hours prior to the first class, unless otherwise noted.
- If CRPD cancels a class due to low enrollment, a full refund is issued.
- Refunds for cash and check payments will take 4-6 weeks to process.
- Refunds for credit card payments will take 2-3 business days to process.





PUBLIC SWIM GENERAL INFORMATION

Entrance fee is for all who enter the pool area, not just swimmers. Season passes can be purchased at each pool location and the Hagan Community Center. Large groups of 20 or more, or field trip groups must pre-arrange details or risk being denied entry. Monofins and snorkels are not permitted.

Call 916-369-9844 or email customerservice@cordovarpd.gov for more information.

2025 FALL SWIM PASS

Buy a fall swim pass to enjoy the Cordova Community Pool from Aug. 2 - Sept. 28.

*Family of four. \$17 for each additional person, must reside in the same household. INDIVIDUAL PASS

\$24

FAMILY PASS

\$65

Cordova Community Pool 2197 Chase Drive | 916-520-1649

Features two swimming pools. The activity pool has water-play features and a sloped entry with depths of 0-4ft. Competition pool depths are 3.5-12ft. The complex features picnic tables, an open grass area, bleachers and a shade canopy. ADA accessible lift available.

Hours (excluding holidays)*

DAYS	DATES	TIME	ENTRANCE FEE
Fri	Aug. 8 - 29	4:30 - 7 p.m.	\$5/person or Season Pass
Weekends	Aug. 2 - Sept. 28	1 - 5 p.m.	\$5/person or Season Pass
Holidays	Labor Day	1 - 5 p.m.	\$5/person or Season Pass

Lincoln Village Community Pool 3450 Routier Road | 916-839-3785

Features one swimming pool with a sloped entry and maximum depth of 5.5ft. This facility is surrounded by open grass areas and a shade canopy.

Hours

DAYS	DATES	TIME	ENTRANCE FEE
Mon-Fri	Aug. 4 - 8	11 a.m 4 p.m.	\$3/person or Season Pass
Weekends	Aug. 2 - 31	1 - 5 p.m.	\$3/person or Season Pass
Holidays	Labor Day	1 - 5 p.m.	\$3/person or Season Pass

White Rock Community Splash Park 10488 White Rock Road | 916-369-9844

Featuring a large dump bucket, waterslides, water cannons, water jets and much more. Riders must be at least 42" tall to ride the small orange slide and at least 46" tall to ride the longer, yellow slide. Adults and children who are not tall enough for slides can enter for free and play in the spray areas. Park operation is subject to weather conditions.

Maximum capacity is 90 people per session.

Splash Park Hours

DAYS	DATES	SLIDE FEES
Weekends	Aug. 2 - 31	\$1/session (cash only)
Holidays	Labor Day	\$1/session (cash only)
SESSION		TIME
1	11 a.m 12:30 p.m.	
2	1 - 2:30 p.m.	
3	3	3 - 4:30 p.m.

Community Splash Pads

Great for keeping you and your family cool in the hot summer months, our spray parks have water features that spray, sprinkle and drop water!

Heron Landing Community Park: 11750 Justinian Drive

Stone Creek Community Park: 3625 Spoto Drive

Sunridge Park: 4041 Borderlands Drive

The Village Green: 3141 Bridgeway Drive

Splash Pad Hours

DAYS	DATES	TIME
Fri-Sun	May & Sept.	10 a.m 7 p.m.
Mon-Sun	June - Aug.	10 a.m 7 p.m.

Lap Swim

Stay in shape and enjoy the Cordova Community Pool with our lap swimming program. Our 25-yard competition pool is heated to a comfortable 78 degrees. Number of lanes available varies and lanes are first-come, first-served. You may be required to share a lap lane during peak times. We offer dedicated lap lanes every day during public swim hours.

Location: Cordova Community Pool

DAYS	DATES	TIME	FEE
Fri	Aug. 8 - 29	4:30 - 7 p.m.	Season Pass or \$5 Drop-in
Weekends	Aug. 2 - Sept. 28	1 - 5 p.m.	Season Pass or \$5 Drop-in



Water Aerobics With CRPD Staff Ages: 12+

Our Cordova Community Pool provides a shallow water experience for an effective aerobic workout that is fun and easy on your joints. All swim levels welcome! Punch cards may be purchased at the Hagan Community Center and are valid for 2025. Water aerobics equipment available on-site.

Location: Cordova Community Pool - Shallow Water

ACTIVITY	DAYS	DATES	TIME	FEE
4211	Mon-Thurs	Aug. 4 - 28	6 - 6:50 p.m.	\$10/class or \$64/8-visit punch card

Back to School at the Pool Swim Night Ages: All

Beat the heat and bring the family for a discounted night at the pool! Dress for the theme and get ready for fun, games and more!

Location: Rosemont High School Pool

DAYS	DATES	TIME	FEE
Fri	Aug. 8	3 - 7 p.m.	\$1/person







LESSON LEVELS

STEP 1

Grown Up & Me Group Lessons

Shrimps: (Ages 6 mo. - 3 yrs)

Beginning swim lessons for infants and toddlers. Requires

adult participation in the water.

Seahorses: (Ages 3 - 5 yrs)

Swim readiness class for young children. Requires adult

participation in the water.

Group Lessons for Beginners

Tadpoles: Level 1 (Ages 3 - 5 yrs)

Swim readiness class for young children who are ready to

swim with the instructor(s).

Guppies: Level 2 (Ages 3 - 5 yrs)

For young children who are able to glide two (2) body lengths, roll over and float for three (3) seconds with support.

Lobsters: Level 1 + 2 (Ages 6 - 14 yrs)

For first-time swimmers.

Group Lessons for Intermediate

Turtles: Level 3 (Ages 4 - 14 yrs)

For swimmers who are able to float or tread water for 15 seconds and swim five (5) body lengths unsupported. Introduces freestyle, backstroke and elementary

backstroke.

Private Lessons

Private Lessons: All Levels (Ages 4+ yrs)

Students are able to learn at their own pace in lessons tailored to their skill and learning style based on CRPD's

established curriculum.

Adult Lessons

Beginner and Advanced Beginner (Ages 15+ yrs) Lessons will cover basic water skills and introductory swimming. Suited for adults with little to no swimming experience.

LESSON TIMES

STEP 2

Cordova Community Pool

		•		
	4:45 p.m.	5:15 p.m.	5:45 p.m.	6:15 p.m.
Shrimps			✓	
Seahorse	✓			
Tadpoles	✓	✓		✓
Guppies			✓	✓
Lobsters	✓	✓		
Turtles		✓	✓	
Adults				✓

SESSION DATES & RATES

Each lesson 25 minutes

ACTIVITY	SESSION	DAYS	DATES
4951	1	Mon & Wed	Aug. 11 - 20
4951	2	Tues & Thurs	Aug. 12 - 21
4952	3	Mon & Wed	Aug. 25 - Sept. 3*
4953	4	Tues & Thurs	Aug. 26 - Sept. 4

^{*}No class 9/1

LESSON	SESSION RATES
Group	\$32/class for 4 lessons
Private	\$99/class for 4 lessons



REGISTRATION INFO & TIPS

- · Register online at cordovarpd.gov
- Session registration closes at 5 p.m. on the Thursday prior to the first day. \$5 late fee for all registrations taken after deadline or to transfer classes.
- Swimmers may take each level more than once.
- Swim attire, sunscreen and towel required.
- Goggles and swim caps optional (no snorkel masks).
- Swim-diapers are required for children who wear a diaper.
- We will not transfer, refund or credit students for missed lessons.

Fall Swim Conditioning Clinics

With Cordova Blue Marlins Swim Coaches

Location: Cordova Community Pool

Swim season is winding down, but your swim conditioning can continue! Work with coaches on the techniques of each stroke while harnessing turns and speed in the water. Spend time finetuning starts and conditioning for next season. Space is limited.

Ages: 10 & Under

ACTIVITY	DAYS	DATES	TIME	FEE
4731	Mon & Wed	Aug. 11 - Sept. 3*	4:30 - 5:15 p.m.	\$53
4732	Tues & Thurs	Aug. 12 - Sept. 4	5:15 - 7 p.m.	\$62

Ages: 11-18

ACTIVITY	DAYS	DATES	TIME	FEE
4733	Mon & Wed	Aug. 11 - Sept. 3*	4:30 - 5:15 p.m.	\$79
4734	Tues & Thurs	Aug. 12 - Sept. 4	5:15 - 7 p.m.	\$90

^{*}No clinic 9/1

Fall Synchro Conditioning Clinics

With Cordova Cordettes Swim Coaches

Location: Cordova Community Pool

Take this opportunity to continue learning new figures and stay conditioned for the next season! Conditioning, basic skills, figures and routine elements will be covered. Coaches will spend time fine-tuning skills and enhancing mastered synchro techniques. Space is limited.

Novice

ACTIVITY	DAYS	DATES	TIME	FEE
4831	Mon & Wed	Aug. 11 - Sept. 3*	5 - 5:45 p.m.	\$55

Intermediate

ACTIVITY	DAYS	DATES	TIME	FEE
4832	Mon & Wed	Aug. 11 - Sept. 3*	5:45 - 7 p.m.	\$79

^{*}No clinic 9/1





Join us for a summer of competitive swimming. The Blue Marlins are a summer recreational swim team that compete against other Sacramento area teams. Practice times vary. Specific information is in the team handbook found at www.cordovabluemarlins.com. Swim meets are Saturdays in June and July. The team is open to beginners through experienced swimmers between the ages of 5 and 18. Swimmers must be able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11 - 18). Space is limited.

Cordova Cordettes Synchronized Swim Team



Join our recreational synchronized swim team! Coaches will teach swimmers the sport that combines dance, gymnastics and endurance in the water. Swim meet dates vary in June and July. The team is open to beginners through experienced swimmers between the ages of 5 and 18. Swimmers must be comfortable in deep water and able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18). Space is limited.

Swim Team Open House Saturdays

With Cordova Blue Marlins & Cordova Cordettes

Location: Cordova Community Pool

Thinking about joining a swim team? Come visit the Cordova Community Pool to meet the coaches and take the swim test. Swimmers must be able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11 - 18).

Cordova Blue Marlins

ACTIVITY	DAYS	DATES	TIME	FEE
4700	Sat	Mar. 7, 2026	10:30 a.m Noon	Free

Cordova Cordettes Synchronized Swim Team

ACTIVITY	DAYS	DATES	TIME	FEE
4800	Sat	Mar. 7, 2026	10:30 a.m Noon	Free

YOUTH SPORTS & FITNESS

Pee Wee Sports

With CRPD Staff

Designed for beginners, our 5-week sessions teach fundamental sports skills, preparing kids for team sports. Parent participation encouraged

Register early - locations vary by session!



Activity: #3800

LOCATION

FEE



Basketball

DAYS

Location

DATES

Mather Sports Complex (MSC) Rosemont Community Park (RCP) **Heron Landing Community Park (HLCP)**

TIME

Ninjas

DAYS	DATES	TIME	FEE	LOCATION
Mon	Sept. 8 - Oct. 6	4 - 4:45 p.m.	\$62	MSC
Mon	Oct. 20 - Nov. 17	4 - 4:45 p.m.	\$62	MSC
Mon	Dec. 1 - Dec. 22	4 - 4:45 p.m.	\$62	MSC
Mon	Jan. 5 - Feb. 2, 2026	4 - 4:45 p.m.	\$62	MSC
Mon	Feb. 16 - Mar. 16, 2026	4 - 4:45 p.m.	\$62	MSC

Tee Ball

DAYS	DATES	TIME	FEE	LOCATION
Tues	Sept. 9 - Oct. 7	4 - 4:45 p.m.	\$62	HLCP
Tues	Sept. 9 - Oct. 7	5 - 5:45 p.m.	\$62	HLCP
Thurs	Feb. 19 - Mar. 19, 2026	4 - 4:45 p.m.	\$62	MSC
Thurs	Feb. 19 - Mar. 19, 2026	5 - 5:45 p.m.	\$62	MSC

Thurs

Thurs Sept. 11 - Oct. 9 4 - 4:45 p.m. \$62 MSC Thurs Sept. 11 - Oct. 9 5 - 5:45 p.m. \$62 MSC Jan. 6 - Feb. 3, 2026 Tues 4 - 4:45 p.m. \$62 MSC Tues Jan. 6 - Feb. 3, 2026 5 - 5:45 p.m. \$62 MSC Jan. 8 - Feb. 5, 2026 \$62 MSC 4 - 4:45 p.m. Thurs Jan. 8 - Feb. 5, 2026 5 - 5:45 p.m. \$62 MSC

Sports Sampler

DAYS	DATES	TIME	FEE	LOCATION
Tues	Oct. 21 - Nov. 18	4 - 4:45 p.m.	\$62	MSC
Tues	Oct. 21 - Nov. 18	5 - 5:45 p.m.	\$62	MSC

Soccer

DAYS	DATES	TIME	FEE	LOCATION
Wed	Sept. 10 - Oct. 8	4 - 4:45 p.m.	\$62	RCP
Wed	Sept. 10 - Oct. 8	5 - 5:45 p.m.	\$62	RCP
Wed	Oct. 22 - Nov. 19	4 - 4:45 p.m.	\$62	MSC
Wed	Oct. 22 - Nov. 19	5 - 5:45 p.m.	\$62	MSC
Wed	Feb. 18 - Mar. 18, 2026	4 - 4:45 p.m.	\$62	MSC
Wed	Feb. 18 - Mar. 18, 2026	5 - 5:45 p.m.	\$62	MSC

Indoor Track & Field

DAYS	DATES	TIME	FEE	LOCATION
Thurs	Oct. 23 - Nov. 20	4 - 4:45 p.m.	\$62	MSC

Winter Olympics

DAYS	DATES	TIME	FEE	LOCATION
Tues	Dec. 2 - 30	4 - 4:45 p.m.	\$62	MSC

Street Hockey

DAYS	DATES	TIME	FEE	LOCATION
Wed	Jan. 7 - Feb. 4, 2026	5 - 5:45 p.m.	\$62	MSC

YOUTH SPORTS & FITNESS





PEE WEE SPORTS LEAGUES



NEW!

Track & Field Club Fall Season / Register by Aug. 26
With CRPD Staff & Volunteers Coaches

Ages: 3 - 6

Join our new Pee Wee Track and Field club, created due to popular demand! Participants meet weekly for practice and have two meets where they can learn the fundamentals in a fun, supportive environment. Participants will receive a uniform and medal. Events include running, hurdles, relay races, discus, javelin and shot put.

Location: Mather Sports Complex - Synthetic Turf Fields

ACTIVITY	DAYS	DATES	TIME	FEE
7007	Tues	Sept. 9 - Oct. 14	5 - 6 p.m.	\$135*

^{*\$150} after registration deadline

Soccer Winter 2026 Season / Register by Jan. 25, 2026 With CRPD Staff & Volunteers Coaches

Ages: 4 - 6

Join our Pee Wee Soccer league! This 4v4, six-week league teaches soccer fundamentals through fun, engaging practices and Saturday games. Volunteer coaches lead each team.

Location: Mather Sports Complex - Synthetic Turf Soccer Fields

ACTIVITY	PRACTICE DAYS / TIMES	GAME DAYS / TIMES	FEE
7006	Mon - Fri / 4 - 7 p.m.	Feb. 21 - Mar. 28 / 9 a.m Noon	\$135*

^{*\$150} after registration deadline

Gymnastics With Turns n Tumble

Ages: 3 - 14

Does your child "tumble" around the house? Join this class to learn the proper form for cartwheels, somersaults, handstands and more! Your aspiring gymnast will develop balance and muscle strength, while benefiting from individualized instruction in this program. Attire: comfortable clothing.

Location: Hagan Community Center - Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
3111	Tues	Ongoing	4:30 - 5:15 p.m.	\$48/month
3112	Tues	Ongoing	3:45 - 4:30 p.m.	\$48/month
3113	Tues	Ongoing	5:15 - 6 p.m.	\$48/month

Vision Soccer Training - Core Skills Soccer Clinics With Vision Soccer Training Staff

Ages: 2 - 12

CRPD and Vision Soccer Training offer top soccer clinics in the Sacramento region, providing age-specific training to enhance individual skills and player development.

Sessions & Location

SESSION	DATES	LOCATION
1	Aug. 9 - 30	Rosemont Community Park
2	Sept. 13 - Oct. 4	Heron Landing Community Park
3	Oct. 18 - Nov. 8	Lincoln Village Community Park

ACTIVITY	CLASS TITLE	AGES	DAYS	TIME	FEE
3736	Toddler Ballers	2 - 3	Sat	9 - 9:40 a.m.	\$89
3737	Kinder Kickers	4 - 5	Sat	9:50 - 10:35 a.m.	\$89
3738	Juniors	6 - 8	Sat	10:40 - 11:25 a.m.	\$89
3739	Cadets	9 - 12	Sat	11:30 a.m 12:20 p.m.	\$89

Futsal Factory

With Vision Soccer Training Staff

Ages: 2 - 12

CRPD and Vision Soccer Training/Futsal Factory proudly offer indoor futsal and outdoor soccer clinics in Sacramento, maximizing player development and skill improvement.

Sessions & Location

SESSION	DATES	LOCATION
1	Jan. 3 - 24, 2026	Mather Sports Center - Gym
2	Feb. 7 - 28, 2026	Mather Sports Center - Gym

ACTIVITY	CLASS TITLE	AGES	DAYS	TIME	FEE
3731	Toddler Ballers	2 - 3	Sat	1 - 1:40 p.m.	\$92
3732	Kinder Kickers	4 - 5	Sat	1:45 - 2:30 p.m.	\$92
3733	Juniors	6 - 8	Sat	2:35 - 3:20 p.m.	\$92
3734	Cadets	9 - 12	Sat	3:25 - 4:15 p.m.	\$92



With Coach Danya Lee

Ages: 7 - 11

Beginner tennis class builds motor skills, coordination and confidence through fun drills, games and team activities, helping kids develop athletic ability and teamwork.

Location: Rosemont Community Park - Tennis Courts 1 & 2

ACTIVITY	DAYS	DATES	TIME	FEE
3799	Sat	Aug. 9 - Sept. 13*	9:30 - 10:20 a.m.	\$85
3801	Sun	Aug. 10 - Sept. 14*	8:30 - 9:20 a.m.	\$85
3799	Sat	Oct. 4 - Nov. 1	10:15 - 11:05 a.m.	\$85
3801	Sun	Oct. 5 - Nov. 2	9:30 - 10:20 a.m.	\$85

^{*}No class 8/30, 8/31

Jr. Intermediate (Green)

With Coach Danya Lee

Ages: 8 - 14

Our intermediate tennis class builds on fundamentals while enhancing gameplay skills. Players will refine technique, develop strategy and gain confidence through drills, match play and fun challenges.

Location: Heron Landing Community Park – Tennis Courts 1 & 2 Rosemont Community Park – Tennis Courts 1 & 2

ACTIVITY	DAYS	DATES	TIME	FEE
3803	Sun	Aug. 10 - Sept. 14	9:25 - 10:25 a.m.	\$90
3804	Tues	Sept. 30 - Oct. 21	4:30 - 5:30 p.m.	\$72
3805	Thurs	Oct. 2 - 23	4:30 - 5:30 p.m.	\$72
3803	Sun	Oct. 5 - Nov. 2	10:25 - 11:25 a.m.	\$90
3804	Tues	Oct. 28 - Nov. 18	4:30 - 5:30 p.m.	\$72
3805	Thurs	Oct. 30 - Nov. 20	4:30 - 5:30 p.m.	\$72

Competitive (Yellow)

With Coach Danya Lee

Ages: 13 - 18

Competitive players focus on advanced skill development, match strategy, physical conditioning and mental toughness to prepare players for school matches, tournaments and potential college play.

Location: Heron Landing Community Park - Tennis Courts 1 & 2

ACTIVITY	DAYS	DATES	TIME	FEE
3807	Sun	Aug. 10 - Sept. 14*	10:30 - 11:40 a.m.	\$93
3808	Tues	Sept. 30 - Oct. 21	5:35 - 6:35 p.m.	\$75
3809	Thurs	Oct. 2 - 23	5:40 - 6:50 p.m.	\$75
3807	Sun	Oct. 5 - Nov. 2	11:45 a.m 12:55 p.m.	\$93
3808	Tues	Oct. 28 - Nov. 18	5:35 - 6:35 p.m.	\$75
3809	Thurs	Oct. 30 - Nov. 20	5:30 - 6:40 p.m.	\$75
3807	Sun	Nov. 2 - 23	11:30 a.m 12:40 p.m.	\$75

^{*}No class 8/31

My First Tennis Lesson

With Coach Danya Lee

Ages: 4 - 6

This fun, play-based tennis class builds motor skills, coordination, confidence and independence through drills, games and teamwork—sparking a lifelong love for the sport.

Location: Heron Landing Community Park - Tennis Courts 1 & 2

ACTIVITY	DAYS	DATES	TIME	FEE
3300	Sat	Aug. 9 - Sept. 13*	8:40 - 9:25 a.m.	\$70
3300	Sat	Sept. 27 - Oct. 25	8:40 - 9:25 a.m.	\$70
3300	Sat	Nov. 1 - 22	8:40 - 9:25 a.m.	\$56

^{*}No class 8/30





For additional youth sports opportunities visit reathletics.org

YOUTH SPORTS & FITNESS

KINGDOM

With Master E.J. Harris

AGES: 3 - 5

Enroll today with The Kingdom Martial Arts! Our awardwinning Taekwondo program builds confidence and teaches self-defense while having tons of fun!

Location: Mather Sports Center - Dance Room

ACTIVITY	DAYS	DATES	TIME	FEE
3741	Tues & Thurs	Ongoing monthly	4:45 - 5:15 p.m.	\$100

Ages: 6 - 14+

Join The Kingdom Martial Arts! Our award-winning, fun Taekwondo program builds confidence and teaches self-defense. Family participation is encouraged.

Location: Mather Sports Center - Dance Room

ACTIVITY	DAYS	DATES	TIME	FEE
3742	Mon & Wed	Ongoing monthly	5 - 6 p.m.	\$100
3743	Tues & Thurs	Ongoing monthly	5:15 - 6:15 p.m.	\$100

Kingdom Basketball

With Master E.J. Harris

Ages: 7 - 12

Join Coach Harris, a former college player, for monthly basketball classes focusing on fundamental skills to prepare for Jr. NBA seasons. Get in the game today!

Location: Mather Sports Center - Gym

ACTIVITY	Y DAYS	DATES	TIME	FEE
3744	Mon & Wed	Aug. 4 -27	4:15 - 5 p.m.	\$110
3744	Mon & Wed	Sept. 8 - Oct. 1	4:15 - 5 p.m.	\$110
3744	Mon & Wed	Oct. 6 - 29	4:15 - 5 p.m.	\$110
3744	Mon & Wed	Jan. 5 - 28, 2026	4:15 - 5 p.m.	\$110
3744	Mon & Wed	Feb. 2 - 25, 2026	4:15 - 5 p.m.	\$110

SIGN UP FOR OUR EARLY CHILDHOOD YOUTH PROGRAMS HERE



Badminton

With CRPD Staff

Ages: 8 -12

Join our Youth Badminton Program! Boost fitness, coordination and confidence with fun matches that emphasize teamwork and skill-building. Bring your racket or borrow one!

Mather Sports Center - Gym

ACTIVITY	DAYS	DATES	TIME	FEE
3800	Fri	Aug. 1 - 22	4 - 6 p.m.	\$35
3800	Fri	Sept. 5 - 26	4 - 6 p.m.	\$35
3800	Fri	Oct. 3 - 24	4 - 6 p.m.	\$35
3800	Fri	Jan. 9 - 30, 2026	4 - 6 p.m.	\$35
3800	Fri	Feb. 6 - 27, 2026	4 - 6 p.m.	\$35

KINGDOM AGES: 7 - 14
With Coach E.J. Harris

NEW!

BASKETBALL CAMP

Join Coach Harris, a former college player, for his Basketball Camps! Focus on fundamental skills and get in the game today!

Mather Sports Center – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
5725	Mon - Wed	Nov. 24 - 26	9 a.m Noon	\$100
5725	Mon - Wed	Dec. 29 - 31	9 a.m Noon	\$100
5725	Mon	Jan. 19, 2026	9 a.m Noon	\$35



YOUTH SPORTS LEAGUES

Jr. NBA Youth Basketball Leagues With CRPD Staff & Volunteers Coaches Grades: Kindergarten - 5th Grade



They run, shoot and score! Join our Jr. NBA Coed Youth Basketball League with weekly practices, six games and volunteer-led teams. Sign up today!

Location: Mather Sports Complex - Basketball Gym

SEASON: FALL 2025 6 - GAME LEAGUE

Registration Deadline: Oct. 5

ACTIVITY	PRACTICE DAYS / TIMES	GAME DAYS / TIMES	FEE
7002	Mon - Fri / 5 - 8 p.m.	Nov. 1 - Dec. 13 / 8 a.m 2 p.m.	\$135*

^{*\$150} after registration deadline

SEASON: SPRING 2026 6 - GAME LEAGUE

Registration Deadline: Feb. 1, 2026

ACTIVITY	PRACTICE DAYS / TIMES	GAME DAYS / TIMES	FEE
7002	Mon - Fri / 5 - 8 p.m.	Mar. 7 - Apr. 18, 2026 / 8 a.m 2 p.m.	\$155*

^{*\$170} after registration deadline

NFL Youth Flag Football League

With CRPD Staff & Volunteers Coaches Grades: Kindergarten - 8th Grades



Score big in our Coed and New Girls NFL Youth Flag Football League! Learn fundamentals, teamwork and sportsmanship. Includes NFL Flag jersey, shorts and flags!

Location: Heron Landing Community Park

SEASON: FALL 2025 8 - GAME LEAGUE

Registration Deadline: July 10

ACTIVITY	PRACTICE DAYS / TIMES	GAME DAYS / TIMES	FEE			
7400	Mon - Fri / 5 - 8 p.m.	Sept. 6 - Oct. 25 / 8 a.m 2 p.m.	\$160*			
*\$175 after registration deadline						

Location: Heron Landing Community Park

SEASON: SPRING 2026 6 - GAME LEAGUE

Registration Deadline: Mar. 29, 2026

ACTIVITY	PRACTICE DAYS / TIMES	GAME DAYS / TIMES	FEE
7400	Mon - Fri / 5 - 8 p.m.	Apr. 25 - June 6, 2026 / 8 a.m 2 p.m.	\$155*

^{*\$170} after registration deadline



Youth Street Hockey With CRPD Staff & Volunteers Coaches Ages: 5 - 14



Score! Youth Street Hockey is back! This outdoor league features seven games, teaching fundamentals, teamwork and sportsmanship on the blacktop. Sign up today!

Location: Mather Sports Complex - Street Hockey Rink

SEASON: WINTER 2025/26

Registration Deadline: Dec. 7

ACTIVITY	PRACTICE DAYS / TIMES	GAME DAYS / TIMES	FEE
7301	Mon - Fri / 5 - 8 p.m.	Jan. 10 - Feb. 21, 2026 / 8 a.m 2 p.m.	\$135*
*#150 - 5		119	

*\$150 after registration deadline



Passionate about sports? Our leagues depend on dedicated volunteer coaches and team helpers to create a positive, enriching experience for young athletes. Your leadership plays a critical role in their development, fostering teamwork, confidence and skill growth. Join our coaching team and make a lasting impact!

Contact us at 916-312-1493 or ccuevas@cordovarpd.gov to learn more about this rewarding opportunity.

For league schedules and rules, please visit teamsideline.com/cordova



ADULT SPORTS & FITNESS



Zumba for All Ages

With Margarita Ages: 18+

Zumba blends dance and exercise for a fun, energetic workout. Perfect for all ages and fitness levels—no dance experience needed. Join the fun today!

Location: Mather Sports Center - Dance Studio

ACTIVITY	DAYS	DATES	TIME	FEE
2714	Wed	Ongoing	6 - 7 p.m.	\$60 / 6-visit punch card
N/A (pay onsite)	Wed	Ongoing	6-7 p.m.	\$10 / 1-use drop-in

Golden Jade Tai Chi Chuan

With Craig Townsend

Ages: 18+

Join our Tai Chi group to learn Yang lineage Cheng Man Ch'ing's 37-movement short form. Focus on health, martial arts and spiritual growth in a supportive environment.

Location: Mather Sports Center - Dance Studio

Beginner

ACTIVITY	DAYS	DATES	TIME	FEE
2141	Thurs	Ongoing monthly	6:30 - 7:30 p.m.	\$60 / 10-use punch card
2141	Sat	Ongoing monthly	9 - 10 a.m.	\$60 / 6-visit punch card
N/A (pay onsite)	Thurs/Sat	Ongoing	9 - 10 a.m.	\$10 / 1-use drop-in

Intermediate

ACTIVITY	DAYS	DATES	TIME	FEE
2711	Thurs	Ongoing monthly	7:30 - 8:30 p.m.	\$60 / 10-use punch card
2711	Sat	Ongoing monthly	10 - 11 a.m.	\$60 / 6-visit punch card
N/A (pay onsite)	Thurs/Sat	Ongoing	10 - 11 a.m.	\$10 / 1-use drop-in

Country Line Dance

With Toni Ages: 18+

Designed for beginners and accomplished dancers, this class covers a full range of skills and routines. Each week participants will learn and practice steps and dances from both classic styles and the latest, most popular dances.

Location: Hagan Community Center - Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
2111	Mon	Ongoing	7 - 8:30 p.m.	\$24 / 4-visit punch card



Interested in Being a Volunteer?

Please contact us at 916-369-9844 or customerservice@cordovarpd.gov

Adult Tennis

With Coach Danya Lee

Ages: 16+

Adult intermediate tennis class combines fitness and fun with footwork, technique and gameplay using various balls and courts—all in a supportive, high-energy environment.

Location: Rosemont Community Park - Tennis Courts 1 & 2

ACTIVITY	DAYS	DATES	TIME	FEE
3811	Mon	Aug. 11 - Sept. 8*	7 - 8 p.m.	\$95
3813	Tues	Sept. 30 - Oct. 21	7 - 8 p.m.	\$95
3813	Wed	Aug. 13 - Sept. 3	7 - 8 p.m.	\$95
3811	Mon	Sept. 29 - Oct. 20	7 - 8 p.m.	\$95
3813	Tues	Oct. 28 - Nov. 18	7 - 8 p.m.	\$95
3813	Wed	Oct. 1 - 22	7 - 8 p.m.	\$95
3811	Mon	Nov. 3 - 24	7 - 8 p.m.	\$95
3813	Wed	Nov. 5 - 26	7 - 8 p.m.	\$95

^{*}No class 9/1

Friends Through Fitness

With Josie Glavich

Ages: 18+

This is an outdoor energetic and fun fitness class with strength training, cardio, core and flexibility. Instructor will provide a variety of different workouts each week in a friendly and positive atmosphere.

Location: Stone Creek Community Park - Amphitheater

ACTIVITY	DAYS	DATES	TIME	FEE
2531	Sat	Ongoing	9 - 10 a.m.	\$45/8-visit card

SIGN UP FOR ADULT PROGRAMS





ADULT SPORT LEAGUES

Adult Basketball 5 vs. 5

With CRPD Staff and SMOA Referees

Ages: 18+

Game on! Join our 5v5 recreational basketball league for fun, friendly competition. Teams get seven games, with top four in each division advancing to playoffs.

Location: Mather Sports Center - Basketball Gym

ACTIVITY	SEASON	START DATE / REG DEADLINE	DAYS	TIME	FEE
8301	Fall	Aug. 25 / Aug. 3	Mon & Tues	6 - 10 p.m.	\$575 / 600*
8005	Winter	Nov. 3 / Oct. 12	Mon & Tues	6 - 10 p.m.	\$600 / 625*
8005	Winter II	Jan. 12, 2026 / Dec. 21	Mon & Tues	6 - 10 p.m.	\$600 / 625*

^{*}Price after registration deadline

Adult Volleyball

With CRPD Staff Ages: 18+

Bump, set and spike! Join us for our Women's and Coed Recreation volleyball leagues at the Mather Sports Center.

Location: Mather Sports Center - Volleyball Gym

ACTIVITY	SEASON	START DATE / REG DEADLINE	DAYS	TIME	FEE
8303	Fall	Aug. 26 / Aug. 3	Tues	7 - 10 p.m.	\$575 / 600*
8303	Winter	Oct. 28 / Oct. 5	Tues	7 - 10 p.m.	\$575 / 600*
8303	Winter II	Jan. 13, 2026 / Dec. 21	Tues	7 - 10 p.m.	\$575 / 600*

^{*}Price after registration deadline

Adult Softball

With CRPD Staff and GSSA Umpires

Ages: 18+

Play ball at Mather Sports Center! Join our popular adult softball leagues—Men's, Women's and Coed, recreational or competitive. Register early to secure your spot!

Location: Mather Sports Complex - Softball Complex

AC	TIVITY	SEASON	START DATE / REG DEADLINE	DAYS	TIME	FEE
2	3023	2025 USA Softball Fee	Anual Fee	N/A	N/A	\$35/45*
8	8005	Fall	Sept. 8 / Aug. 10	Mon - Fri	6 - 10 p.m.	\$575/600*
8	8005	Winter	Nov. 10 / Oct. 12	Mon - Fri	6 - 10 p.m.	\$600/625*
8	8005	Winter Double Header	Jan. 26, 2026 / Dec. 28	Mon & Thurs	6 - 10 p.m.	\$600/625*
8	8005	Spring	Mar. 2, 2026 / Feb. 1, 2026	Mon - Fri	6 - 10 p.m.	\$635/660*

^{*}Price after registration deadline



Adult Pickleball League With CRPD Staff / Self Officiated

Ages: 18+

Play on Rosemont Community Park's new pickleball courts! This self-officiated league features seven games, playoffs and championship trophy for the winners. Grab a partner and join!

Location: Rosemont Community Park - Pickleball Courts

ACTIVITY	SEASON	START DATE / REG DEADLINE	DAYS	TIME	FEE
8500	Fall	Aug. 13	Wed	7-10p.m.	\$200
8500	Winter	Oct. 15 / Sept. 14	Wed	7-10p.m.	\$175/200*
8500	Spring	Mar. 4, 2026 / Feb. 1, 2026	Wed	7-10p.m.	\$175/200*

^{*}Price after registration deadline

Indoor Pickleball

With CRPD Staff / Self Officiated

Ages: 18+

Play on at the Mather Sports Center newly lined indoor courts! This self-officiated league features seven games, playoffs and championship trophy for the winners. Grab a partner and join!

Location: Mather Sports Center - Pickleball Courts

ACTIVITY	SEASON	START DATE / REG DEADLINE	DAYS	TIME	FEE
8500	Fall	Aug. 12	Tues	6 - 10 p.m.	\$200
8500	Fall II	Oct. 14 / Sept. 13	Tues	10 a.m Noon	\$175/200*
8500	Winter	Jan. 6, 2026 / Dec. 6	Tues	10 a.m Noon	\$175/200*
8500	Spring	Mar. 10, 2026 / Feb. 7, 2026	Tues	10 a.m Noon	\$175/200*

*Price after registration deadline

For league information, registration packets, deadlines, schedules and scores, please visit: www.teamsideline.com/cordova





3755 Schriever Avenue, Mather | 916-362-1704 Monday - Friday: Noon - 9 p.m. Saturday & Sunday: 8 a.m. - 6 p.m.

Rates

Good all day for all indoor amenities

- \$6 drop-in
- \$3 Student drop-in. Student drop-in fee is for students 18 and younger (Must show a valid school I.D. card)
- \$37/10-visit punch card (Expires one year after purchase date)
- \$3 Military (Must show valid military ID)

Memberships

To qualify for a group membership rate, at least 10 people from a business/organization/complex/association/etc. must initially sign up at the same time to establish the group. Once established, all persons associated with the group qualify for the group rate. Must show proof of association with the group or military (i.e. ID badge/card, Military I.D., business card, pay stub, etc.).

Individual \$26/MO.

Groups/Military \$71/MO.



Follow @mathersportscomplex

Drop-In basketball and volleyball hours are updated and posted on our Instagram page every Sunday!

Learn more about **Mather Sports Complex**



Indoor Amenities

- Indoor High School Basketball Court with 2 Cross Courts
- Indoor Main Volleyball Court with 2 Cross Courts
- 3 Indoor Pickleball Courts
- 3 Racquetball/Multi-use Courts
- 2 Weight Rooms and 1 Cardio Room
- Dance Studio
- Daily Use Lockers

Outdoor Amenities

- 3 Synthetic Turf Softball/Baseball Fields
- 2 Synthetic Turf Soccer/Multi-Use Fields
- 1 Natural Grass Baseball Field
- Skate Park
- Children's Playground
- Pétanque Courts
- Picnic Areas

Plaza Skate Park

Open sunrise to sunset for skateboards, bike riders, inline skaters, roller skaters and scooters alike. The skate park is available for rent hourly or daily. You can host large competitive or recreational competitions. For rental inquiries please visit https://cordovarpd. gov/rentals/rent-a-field.

Sports & Leagues

To access league details, kindly visit www.cordovarpd. gov or refer to page 18 for Youth Sports and Pee Wee leagues and page 20 for Adult Sport leagues.

For game schedules, rules and standings, please visit www.teamsideline.com/cordova.

Events & Tournaments

Mather Sports Complex is a regional sports destination with synthetic turf sports fields, a full-size basketball gym, cardio and weight rooms, racquetball courts, a dance studio and a natural turf baseball field available to rent. Visit cordovarpd.gov/rentals/rent-a-field for rental information.

Pètanque (pay-tonk) Courts & Club

Similar to bocce ball, pétanque is a form of boules, where the goal is to throw a hollow metal ball as close as possible to a small wooden ball called a cochonnet or jack. Local clubs Sactown Petanque and Club Français De Sacramento meet at the Mather Sports Complex regularly. Club Francais meets officially every Thursday and Sunday at 1 p.m. (10 a.m. during June - Sept.). Both clubs host competitive and casual pétanque tournaments at least once a month, among other social events. For more information, visit www.sactownpetanque.com

or email clubfrancaisdescaramento@gmail.com.







Tournaments

Groups and individuals interested in scheduling a tournament can make reservations by calling the Pro Shop at 916-362-1196 or emailing tournament information to golf@cordovagc.gov





Follow @cordovagolfcourse on Instagram & Facebook

MORE GOLF COURSE INFORMATION





9425 Jackson Road, Sacramento, CA | 916-362-1196 cordovagc.gov | Daily | Sunrise - Sunset



Book Your Tee Time at cordovagc.gov

Green Fees

	Monday-Friday Walking w/ Power Cart	Weekends & Holidays Walking w/ Power Cart
18 - Holes	\$28 / \$45	\$34 / \$51
Senior/Military First Responders	\$24 / \$41	\$30 / \$47
Twilight (after 3 p.m.)	\$19 / \$36	\$24 / \$41
Last Light (2 hrs before sunset)	\$13 / \$25	\$13 / \$25
Junior (15 & Under)	\$15	\$15
Youth on Course	\$5	\$5
9 - Holes	\$17 / \$29	\$21 / \$33
Twilight (after 3 p.m.)	\$15 / \$27	\$17 / \$29
Last Light (2 hrs before sunset)	\$13 / \$25	\$13/\$25
Junior (15 & Under)	\$10	\$5
Youth on Course	\$3	\$3

RENTAL RATES					
18-HOLE FEE 9-HOLE FEE					
Power Cart	\$17 per rider	Power Cart	\$12 per rider		
Push Cart	\$8	Push Cart	\$6		
Golf Clubs	\$15	Golf Clubs	\$10		

DRIVING RANGE				
BUCKET	FEE			
Large Bucket (120 balls)	\$15			
Medium Bucket (75 balls)	\$10			
Small Bucket (30 balls)	\$5			
Range Key Deposit	\$5			

Private Golf Lessons



Whether you're a beginner or an avid golfer, you are invited to participate in golf lessons at Cordova Golf Course. We can help you learn to play or significantly improve your game. Our Professional Golf Instructors customize instruction tailored to your skill level and will help you achieve your personal goals.

Adult Lessons (Ages 18+)

Instructor	30-Minute Fee	1-Hour Fee
Jack Rovane, PGA	\$50	N/A
Denise Fass, PGA	\$50	\$100
Don Levin	N/A	\$100
Myka Yong, PGA	\$50	\$100
Patrick Harris, PGA	N/A	\$125

Junior Lessons (Ages 6-17)

Instructor	30-Minute Fee	1-Hour Fee
Jack Rovane, PGA	\$40	N/A
Denise Fass, PGA	\$40	\$80
Don Levin	\$40	N/A
Myka Yong, PGA	\$25-\$40	\$80
Patrick Harris, PGA	N/A	\$115

Meet your instructors: First Row (Left to Right)

Jack Rovane, PGA Professional Denise Fass, PGA Professional Don Levin, Instructor

Second Row (Left to Right) Myka Yong, PGA Professional Jae Won, PGA Professional Patrick Harris, PGA Professional



Golf Clinics



First Tee Junior Clinics With Jack Rovane, PGA

Instruction focuses on golf fundamentals, promotes positive self-esteem, sportsmanship and healthy habits. Golfers are introduced to the First Tee Nine Core Values. These are incorporated throughout the program and parents are encouraged to reinforce these behaviors outside the course.

AGES	DAYS	DATES	TIME	FEE
6 - 18	1st & 3rd Sat every month	Ongoing*	10 - 11 a.m.	\$15/player, per day

*Subject to weather conditions. During periods of wet weather, visit Facebook.com/cordovagolfcourse or call 916-362-1196 (option 1) one hour prior to class for updates on weather conditions and course closure.

After School Golf Program With Myka Yong, PGA

Our after-school golf program is a fun and educational opportunity for students (both beginning and experienced) to learn and enjoy the game of golf in a positive and supportive environment.

AGES	DAYS	DATES	TIME	FEE
5 - 17	Mon-Fri	Sept - May (Ongoing)*	4 - 5 p.m.	\$100/player, per month

^{*}Call the course for more information

Adult Lessons Series





Utilizing Trackman Launch Technology, in-depth swing analysis, on course instruction and mental game strategies, Patrick helps golfers refine their swings while developing a deeper understanding of how to play the game more efficiently.

Adult 5 Series Lesson Package

\$550

Youth On Course



Golf teaches important social, mental and physical skills. Providing youth with access to affordable golf is key to these endless learning opportunities. Youth on Course members can play golf for \$5 or less! For more information or to register your child, please visit www.youthoncourse.org

Monday - Friday Hours	Saturday - Sunday Hours	Fee
After 11 a.m.	After Noon	\$5 for 18 holes*
After 11 a.m.	After Noon	\$3 for 9 holes*

^{*}Price available for active members only.



ARTS & ENRICHMENT

Registration for 2025-26 SCHOOL YEAR IS NOW OPEN!







Cordova STEAM Open House

Open House is our orientation night to learn more about the Cordova STEAM Preschool and your chance to ask the teacher and program supervisors any questions you have about the program. Please note that the Open House is for grown-ups only, students will have their chance to see the classroom and meet the teacher at our Meet the Teacher Days.

Location: Hagan Community Center - Building 3

Thurs Aug. 21 6 - 7 p.m. Free	DAYS	DATES	TIME	FEE
	Thurs	Aug. 21	6 - 7 p.m.	Free

Requirements:

or to register.

 Birth Certificate and immunization records for new students

Our Preschool Program is full STEAM ahead! STEAM

engineering, art and math. Our program prepares

includes the subjects of science, technology,

your little learners with hands-on activities that encourage collaboration, critical thinking and creativity. Contact 916-369-9844 or email Courtney at constot@cordovarpd.gov for more information

- Children must be potty trained and 3 on or before Sept. 1 for Micro Class
- Children must be potty trained and 4 on or before Sept. 1 for Mega Class

Location:

Hagan Community Center - Building 3

ACTIVITY	CLASS	DAYS	DATES	TIME
3161	Mega	Mon, Wed, Fri	Sept. 3 - May 8	9 a.m Noon
3162	Micro	Tues & Thurs	Sept. 2 - May 7	9 a.m Noon

Meet the Teacher

Registered students are invited to see their classroom and meet their teachers. The classroom will be open for 2 hours this day. Please stop by anytime during this window for a short visit. Grown-ups must stay with their students.

Location: Hagan Community Center - Building 3

CLASS	DAYS	DATES	TIME	FEE
Mega	Wed	Aug. 27	9:30 - 11:30 a.m.	Free
Micro	Thurs	Aug. 28	9:30 - 11:30 a.m.	Free





Turns n Tumble Ballet

Class attire: black leotard, pink footless tights, pink leather ballet slippers or bare feet and/or white shirt, black shorts and black leather ballet slippers or bare feet.

*Fall ballet recital: Aug. 27; \$5 instructor fee to participate.

Location: Hagan Community Center - Building #1

Baby Ballet Ages: 18 mo - 3

Ballet is the foundation for many dances, so why not get an early start? Baby Ballet trains your little one in ballet fundamentals through well-known nursery rhymes!

ACTIVITY	DAYS	DATES	TIME	FEE
3121	Wed	Ongoing	3:45 - 4:15 p.m.	\$48/month*

Pre-Ballet

Ages: 3 - 5

In Pre-Ballet, your blooming dancer will learn proper ballet terms and techniques in a fun, encouraging and rewarding atmosphere.

ACTIVITY	DAYS	DATES	TIME	FEE
3122	Wed	Ongoing	4:15 - 5 p.m.	\$48/month*

Ballet 1

Ages: 6 - 14

Dancers will learn turns, leaps and jumps as they develop personal artistry, while enhancing their physical coordination.

ACTIVITY	DAYS	DATES	TIME	FEE
3123	Wed	Ongoing	5 - 5:45 p.m.	\$48/month*

Zumbini® With Stephanie

Ages: 2 months - 4 (Parent participation required)

Created by Zumba and BabyFirst, the Zumbini parent and child program combines music, dance and education tools for 45 minutes of can't stop-won't stop bonding, learning and fun!

Location: Hagan Community Center - Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
3141	Thurs	Ongoing	10 - 10:45 a.m.	\$40/month

After School Art Club

With Heart Craft Studio

Ages: 6 - 12

Dive into exciting projects that introduce various mediums, like painting, drawing, mixed media and more!

Location: White Rock Community Clubhouse

ACTIVITY	DAYS	DATES	TIME	FEE
3131	Tues	Ongoing	4 - 5:30 p.m.	\$100/month*

*\$20 material fee payable to the instructor at the first class of each month.



Little Chef's World

With Madi Kakavas

Ages: 6 - 18

A variety of culinary skills, as well as kitchen and food safety tips are incorporated into each class. Students will create a new meal or entrée each session to enjoy in class or share with friends and family. \$60 material fee is due to the instructor on the first day of class.

Safety Guidelines: Tie up long hair. No open toed shoes. Class Note: Due to nut allergies, no nuts are used in any recipes. However, the center is not a nut free facility.

Location: Neil Orchard Senior Activities Center - Kitchen

ACTIVITY	DAYS	MONTH	TIME	FEE	
9010	Wed	Aug.	4 - 5 p.m.	\$65	

Total class cost is \$125





BARN EVENTS

WITH CRPD STAFF

Barn Tours

Our Hagan Community Barn is open for tours! Barn staff will introduce you to our friendly animals and share a brief history about each one. Bring a picnic and enjoy lunch at nearby picnic tables overlooking the beautiful Hagan Community Park Pond!

DAYS	DATES	TIME	FEE
*Sat	Ongoing	10 a.m Noon	\$5 / family**

^{*}No tours on holidays or in inclement weather

Brownie's Birthday Party

Ages: 5+

Families are invited to visit the Hagan Community Barn to celebrate the birthday of our American Pygmy Goat, Brownie. Participants can tour the barn, create fun arts and crafts and enjoy a special treat in Brownie's honor.

ACTIVITY	DAYS	DATES	TIME	FEE
6140	Sat	Nov. 15	10 a.m Noon	\$5

Crafts with Cupcake

Ages: 5+

Cupcake loves his crafts! Families are invited to visit the Hagan Community Barn to create a holiday keepsake craft, while spending time with Cupcake and all our other animals. Enjoy holiday-themed decorations and the spirited atmosphere of the Barn.

ACTIVITY	DAYS	DATES	TIME	FEE
6110	Sat - Sun	Oct. 4 - 5	10:30 a.m 2 p.m.	\$5
6110	Sat - Sun	Dec. 6 - 7	10:30 a.m 2 p.m.	\$5
6110	Sat - Sun	Dec. 13 - 14	10:30 a.m 2 p.m.	\$5

^{**}Family = 1 - 4 people; \$5 fee is cash only



Camp Cordova Fall Break

Join us for three action packed days of crafts, sports, science and games. CRPD Fall Camp is the perfect way to keep your camper busy during this school break.

ACTIVITY	DAYS	DATES	TIME	FEE
5351	Mon - Wed	Nov. 24 - 26	8 a.m 5 p.m.	\$105

Camp Cordova Winter Break

School is out for the holidays and this camp is a great way for your child to keep busy! Our enthusiastic and experienced staff will lead activities such as arts, crafts, sports, cooking and games, all in a way to ensure the campers have a lot of FUN!

ACTIVITY	DAYS	DATES	TIME	FEE
5352.1	Mon & Tues	Dec. 22 & 23	8 a.m 5 p.m.	\$70
5352.2	Mon, Tues, Wed, Fri*	Dec. 29 - Jan. 2, 2026*	8 a.m 5 p.m.	\$140

^{*}No camp 1/1/26

Camp February Break

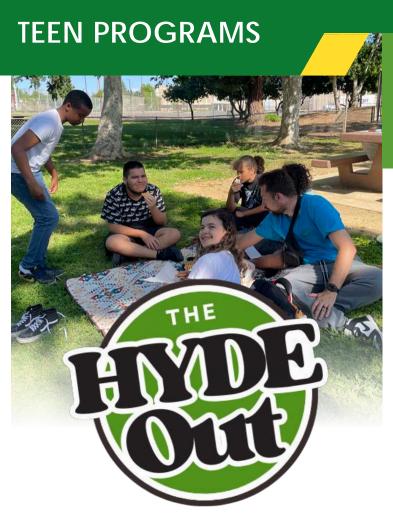
School is out for a week in February and you're not sure what to do to keep your child busy? Sign up for Camp Cordova February Break Camp. Our staff will keep your child busy with a variety of games, activities and projects. Let your child come play, make new friends and have fun!

ACTIVITY	DAYS	DATES	TIME	FEE
5353	Tues - Fri	Feb. 17 - 20, 2026	8 a.m 5 p.m.	\$140





SIGN UP FOR YOUTH CAMP PROGRAMS



TEEN CENTER

The HYDE Out Teen Center Program 2025-26

With CRPD Staff

Ages: 6th - 10th Grade

Looking for a place for your teen to hang out after school? Located within walking distance of Mills Middle School and Cordova High School, the HYDE Out offers a comfortable space for local teens to develop skills, discover new talents and meet new friends. Transportation is provided from Mitchell Middle School (limited seating available).

For more information visit www.cordovarpd.gov/programs/ teens/ or contact Courtney at constot@cordovarpd.gov or 916-369-9844. Register at the Hagan Community Center.

Location: Hagan Community Center

DAYS	DATES	TIME
Mon-Fri	Aug. 11, 2025 - May 22, 2026*	3 - 6 p.m.

^{*}Excludes Holidays and school closures





LOCATION

2197 Chase Drive, Rancho Cordova Mon - Fri | 3-6 p.m. | Follows the FCUSD calendar

You do not have to be a member of the HYDE Out program to participate in HYDE Out events.

Teen Late Nights

With CRPD Staff

Ages: 6th - 10th grade

Fee: \$10/HYDE Out members, \$15/non-members

At these fun-filled events, your teen can participate in a variety of different activities designed just for them. Food and drinks are provided. Come on out and invite your friends!

Location: Hagan Community Center

ACTIVITY	DAYS	DATES	TIME	THEME
3171	Fri	Sept. 19	6 - 9 p.m.	Amazing Adventure
3171	Fri	Oct. 24	6 - 9 p.m.	Dia De Los Muertos
3171	Fri	Jan. 23, 2026	6 - 9 p.m.	Frozen Fantasy
3171	Fri	Mar. 13, 2026	6 - 9 p.m.	March Madness

Babysitting Class

Ages: 10 - 14

This American Red Cross class will prepare you to become one of the most capable sitters in your neighborhood. Start your babysitting business as a safe, professional and reliable sitter by completing your Babysitters Training and Pediatric First Aid Certifications!

Location: Hagan Community Center

ACTIVITY	DAYS	DATES	TIME	FEE
3151	Sat	Aug. 16	9 a.m 5 p.m.	\$99





Tag Meetings

Meeting Date/Time: Second Thursday of each month from 5:30 - 6:30 p.m.

Location: Neil Orchard Senior Activities Center, 3480 Routier Road, Sacramento.

Additional workshops, meetings and activities may be scheduled throughout the year for TAG members and include other locations.



This program is funded by the Outdoor Equity Grants Program, created through AB209 and administered by California State Parks, Office of Grants and Local Services.

Teen Adventure Group (TAG)

The TAG program is comprised of 6th - 12th graders who will work with CRPD staff to host outdoor community events and participate in various nature trips. TAG members will learn how to plan and execute events, participate in mentoring and career workshops and will have the opportunity to address youth and teen related issues pertaining to services and safe spaces. Staff will work with teens to develop positive life and decision-making skills, while learning to effect change through cultivation of leadership qualities by connecting with the community. TAG members will have opportunities for biking, hiking, kayaking, camping and creating long lasting memories through outdoor adventures!

Who Can Apply for TAG?

Middle or high school students who go to school or reside withing CRPD boundaries.

Applications will be accepted throughout the year. Teens interested in attending the summer camping trip must attend at least three (3) meetings and one (1) special event.



Winter Camping Trip

With CRPD Staff & TAG Members

Ages: 11 - 17

Fee: Free for TAG Members, \$30/non-TAG Members

Join the TAG program for a two-night three-day
camping trip on the NorthCoast of California. Our days
will be spent hiking, exploring the beach and tidepools
and relaxing around the campfire. Equipment,
transportation and meals are provided.

Location: Meet at the Neil Orchard Senior Activities Center

ACTIVITY	DAYS	DATES
3826.02	Sat, Sun, Mon	Feb. 14 - 16

Teen Outdoor Adventures

With CRPD Staff Ages: 11 - 17

Fee: Free for TAG Members, \$10/non-TAG Members

Teens will have a blast visiting new places and experiencing exciting adventures. Join us and explore nature, learn new skills and become a steward of the local environment. All equipment is provided.

Location: Meet at Neil Orchard Senior Activities Center

ACTIVITY	DAYS	DATES	TIME	TRIP
3825.11	Sat	Aug. 2	10 a.m 2 p.m.	Sac State Aquatics Adventure
3825.12	Sat	Aug. 23	8 a.m 2:30 p.m.	Bike Ride in Tahoe
3825.13	Sat	Sept. 20	10 a.m 2:30 p.m.	Quarry Park Adventure
3825.14	Sat	Oct. 18	9 a.m 4:30 p.m.	Railtown State Park
3825	Sat	Oct. 25	2 - 5:30 p.m.	Halloween at Hagan – Volunteer Event
3825.15	Sat	Nov. 15	6:30 a.m 3 p.m.	Westpointe Inn Hike and Breakfast
3825	Sat	Dec. 6	8:30 - 11:30 a.m.	Breakfast with Santa - Volunteer Event
3826.01	Sat	Jan. 24, 2026	TBA	Boulderfield
3826.02	Sat-Mon	Feb. 14 - 16, 2026	Sat. 9:30 a.m Mon. 2 p.m.	Winter Camping Trip





HEART CRAFT STUDIO CLASSES



| Community | Clubhouse

White Rock

Art Lab

Join us for Art Lab - a multimedia art class for the creatively curious! Perfect for artists of all levels, this hands-on course invites you to combine various materials and techniques from painting, drawing, collage, macrame and more!

ACTIVITY	DAYS	DATES	TIME	FEE
2131	Mon	Ongoing	6 - 7:30 p.m.	\$100/month*

Adventure with Acrylics

This an acrylic painting class explores different techniques, styles and subjects. Designed for both beginning and aspiring artists alike, participants will learn essential painting techniques, including color mixing, brushwork, layering and more!

ACTIVITY	DAYS	DATES	TIME	FEE
2132	Tues	Ongoing	6 - 7:30 p.m.	\$100/session*

*\$20 material fee payable to the instructor at the first class of each month.

Watercolor Wednesdays

This beginner friendly, hands-on course invites you to combine various materials and techniques from painting, drawing, collage, macrame and more. Each session encourages self-expression and experimentation, making it perfect for artists of all levels!

ACTIVITY	DAYS	DATES	TIME	FEE
2133	Wed	Ongoing	6 - 7:30 p.m.	\$100/month*

Drawn to Art

This beginner friendly drawing class explores different techniques, styles and subjects using a variety of drawing mediums such as pastels, charcoal and more. Whether you're looking to sketch for fun or lay the foundation for further artistic pursuits, this class is your first step into the exciting realm of drawing!

ACTIVITY	DAYS	DATES	TIME	FEE
2134	Thurs	Ongoing	6 - 7:30 p.m.	\$100/month*



TRIPS & EXCURSIONS

Get Up N' Go Motorcoach Trips

- All trips include roundtrip charter bus transportation with on-board restroom from the Neil Orchard Senior Activities Center, driver gratuity and refreshments on the bus.
- Seating is assigned by staff. If special accommodations are needed, please contact Lara Nall at 916-366-3133 or LNALL@cordovarpd.gov.
- Minors must be accompanied by a paying adult.
- Charter bus can accommodate wheelchair and walkers, participants in wheelchairs must provide at least 30 days advance notice to ensure a bus with a wheelchair lift is reserved (walkers will be stored under the bus during travel).

Academy of Sciences

The California Academy of Sciences is a must-see San Francisco museum. Based in beautiful Golden Gate Park, it's the only place on Earth to house an aquarium, planetarium, rainforest and natural history museum - all under one living roof! Includes lunch from Beach Hut Deli.

Activity Level: Minimal, go at your own pace

ACTIVITY	DAYS	DATE	FEE
9000	Thurs	Sept. 25	\$145

Mystery Trip

Embark on a thrilling mystery trip this October! Expect eerie surprises, hidden destinations and spine-tingling adventures as you uncover secrets in the autumn air.

Activity Level: Moderate, lots of walking

ACTIVITY	DAYS	DATE	FEE
9000	Sat	Evening of Oct. 25	\$175

Cornish Christmas

Experience the magic of Grass Valley's Cornish Christmas Fair! Stroll historic streets filled with festive lights, carolers, artisan crafts, delicious treats and a joyful holiday spirit.

Activity Level: Minimal, go at your own pace.

ACTIVITY	DAYS	DATE	FEE
9000	Fri	Dec. 12	\$85

Million Dollar Quartet Christmas

Million Dollar Quartet Christmas brings rock 'n' roll holiday magic to Sonora! Enjoy Elvis, Johnny Cash, Jerry Lee Lewis and Carl Perkins performing festive hits in this electrifying musical celebration.

Activity Level: Minimal

ACTIVITY	DAYS	DATE	FEE
9000	Thurs	Dec. 18	\$155

SIGN UP FOR TRIPS / EXCURSION PROGRAMS



Extended Travel with Collette

All rates include roundtrip transfer to airport, roundtrip air, air taxes and fees/surcharges and hotel transfers. Please contact Lara Nall at 916-366-3133 or email LNALL@cordovarpd.gov for more information.

Discover the Best of Eastern Canadian Cities

Highlights: Niagara Falls, Quebec City, Montmorency Falls, Indigenous Heritage Farm Dinner Celebration, Thousand Islands Boat Tour, Maple Sugar Shack.

This tour is a level 1, for the leisurely traveler.

ACTIVITY	DATE	FEE
9700	July 17 - 25, 2026	Double \$9,999 pp*

*Price good until April 2026

Wonders of Ancient Greece

Highlights include Acropolis, Metéora Monasteries, Aegina Island, Greek Farm Visit, Cooking Class, Greek Dance Class.

This tour is level 3, for the on-the-go traveler.

ACTIVITY	DATE	FEE
9700	Oct 31 - Nov 10, 2026	Double 3,999 pp*
*Prices g	ood until April 2026	

Spotlight on New York City Holiday

Experience the holiday season in Times Square! Highlights include Greenwich Village, Wall Street, Christmas Spectacular at Radio City Music Hall, Statue of Liberty, Ellis Island, 9/11 Memorial, 9/11 Museum, Broadway Show.

This tour is level 3, for the on-the-go traveler.

ACTIVITY	DATE	FEE
9700	December 7- 11, 2026	Double \$2,999 pp*
*Prices a	ood until June 2026	



NEIL ORCHARD SENIOR ACTIVITIES CENTER



CRPD offers a wide variety of fun and educational activities for active adults and seniors throughout the District. For a membership fee of just \$10 per year, active adults and seniors will receive discounts on classes and events, monthly newsletters and more. Non-Member cost: \$5 more per class and \$2 drop-in fee for ongoing activities at the Neil Orchard Senior Activities Center.

For more information call 916-366-3133.

Membership is not required to participate in any CRPD activities.



3480 Routier Road, Sacramento

On-Going Member Activities

(Non-members pay \$2 drop-in fee per activity)

Activity	Days	Time
Library & Lounge	Daily	7:30 a.m Close
Jigsaw Puzzle Swap	Daily	7:30 a.m Close
Billiards	Daily	7:30 a.m Close
Bingo	Wed/Fri	Noon - 2 p.m.
Hand & Foot*	Thurs	12:30 - 4:30 p.m.
Cordova Garden Club	1st Wed	10 a.m.
Knit & Crochet Group	Tues	9 - 11 a.m.
Ukulele Jam	Tues	11:30 a.m 12:30 p.m.
Walking to Get Fit	Mon/Wed/Fri	Call for Time
Senior Arcade	2nd & 4th Thurs	10 - 11 a.m.

*Must call to RSVP before attending card groups



Holiday Closures: Nov. 27-28, Dec. 22-31 & Jan. 1-2, 2026

We accept One Pass

The One Pass program is specifically designed for adults ages 65+ who want to improve their quality of life through exercise and fun. Members of participating health plans may qualify for free or discounted fitness classes. Check with your insurance carrier to see if you are eligible. Virtual classes are not available.

AWARD WINNING PROGRAM

Green Thumb Lunch

Fee: \$5 Member in Advance, \$6 at the door and for non-members & to-go orders

Meals include a soup with either a salad or sandwich and a baked good. Please RSVP no later than the day before you plan to attend.



SIGN UP FOR ADULT PROGRAMS





ARTS & ENRICHMENT



Ceramics With Judy Gustafson

Ages: 18+

Students will learn hand building techniques including pinch, coil, slab and sculpture. They may work at their own pace learning more advanced skills in glazing techniques, kiln loading and kiln firing. \$35 material fee is due to the instructor with purchase of a new punch card.

ACTIVITY	DAYS	DATES	TIME	FEE
9044	Fri	Ongoing	10 a.m 2 p.m.	\$50/8-visit punch card
9044	Wed	Ongoing	Noon - 4 p.m.	\$50/8-visit punch card

Creative Card Making

With Judy Pinner

Ages: 50+

Bring your imagination and leave with a collection of personalized cards ready to share with family and friends. No prior experience is required and all materials will be provided. \$10 material fee due at the beginning of each month.

ACTIVITY	DAYS	DATES	TIME	FEE
9405	1st & 3rd Wed	Monthly	9:30 - 11:30 a.m.	\$25

Mixed Media Mingle

With Heart Craft Studios

Ages: 50+

Fee: \$25 members / \$30 non-members + \$5 supply fee

per class

This welcoming, creative class invites artists of all skill levels to explore acrylics, watercolor, pastels, collage, textured painting, fluid art and more, offering fresh opportunities for expression and connection each session.

ACTIVITY	DAYS	DATES	TIME
9407	2nd and 4th Mondays	Monthly	10 a.m Noon

All classes held at Neil Orchard Senior Activities Center

Paint Night

With Heart Craft Studios

Ages: 50+

Fee: \$25 members / \$30 non-members + \$5 supply fee

per class

Each session offers a fresh project or theme, with plenty of room for creativity, self-expression and joyful connection. Whether you're picking up a brush for the first time or returning to a beloved hobby, you'll find a welcoming space to paint, play and let your imagination shine. All materials and supplies included, as well as step by step, quided instruction!

ACTIVITY	DAYS	DATES	TIME	THEME
9408	Wed	Aug. 27	5 - 7 p.m.	Sunflower Painting
9408	Wed	Sept. 24	5 - 7 p.m.	Fall Leaf Puddle Painting
9408	Wed	Oct. 29	5 - 7 p.m.	Pumpkin Stack Painting
9408	Wed	Nov. 19	5 - 7 p.m.	Winter Moonlight Painting
9408	Wed	Dec. 17	5 - 7 p.m.	Winter Dream Painting







TECHNOLOGY ONE-ON-ONE

With Senior Tech Pal

Annoying little technology issues can often be solved by some simple changes to the settings on your devices (Smartphone, Tablet, Laptop). Reserve at 30 mintue spot in our 1:1 troubleshooting session and bring your devices with you. You can also use the session to learn about features on your devices.

ACTIVITY	DAYS	DATES	TIME
9060	2nd Wed	Monthly*	2 - 4 p.m.

*No session in January

Registration is required



See page 26 for Youth Cooking Class

Scrapbooking With Judy Pinner

Ages: 50+

Unleash your creativity in a fun scrapbooking class! Learn new techniques, design beautiful pages and preserve cherished memories with expert guidance, inspiring materials and personalized flair. \$10 material fee due at the beginning of each month.

ACTIVITY	DAYS	DATES	TIME	FEE
9406	2nd & 4th Wed	Monthly	9:30 - 11:30 a.m.	\$25

Wire Wrap Jewelry Making With Deborah Kelly

Ages: 50+

Learn the basics of handcrafted jewelry! Use tools and wire to construct your own jewelry pieces from scratch. Projects include rings, bracelets, chains and more. \$12 material fee due monthly.

ACTIVITY	DAYS	DATES	TIME	FEE
9400	Mon	Monthly	3 - 4:30 p.m.	\$45



Beginning Kundalini Yoga

With Adam Batten

Ages: 50+

This yoga class is very adaptable for all participants and levels of flexibility. We focus on breathing, stretching and it is very active. Participants will gain lung capacity, flexibility and learn to address stress.

ACTIVITY	DAYS	DATES	TIME	FEE
9301	Mon/Wed/Fri	Monthly	9:15 - 10:15 a.m.	\$45

Beginner & Improver Line Dance

With Phyllis Gifford

Ages: 50+

Round up your friends and get in line for a great time! In this class you will learn both classic and popular modern line dances. Punch Card can be used for one hour of class time. No partner needed!

ACTIVITY	DAYS	DATES	TIME	FEE
9306	Tues	Ongoing	1:15 - 2:45 p.m.	\$65/10-visit punch card

Introduction to Line Dance

With Norm Gifford

Ages: 50+

This one-hour weekly introductory class will teach you the very basic steps for classic and modern line dances in a welcoming and upbeat environment.

ACTIVITY	DAYS	DATES	TIME	FEE
9307	Tues	Ongoing	1:15 - 2:15 p.m.	\$65/10-visit punch card

Martial Arts & Self Defense

With Maurice Gatdula

Ages: 50+

A low to medium intensity and adapted for older adults. Increase strength, balance and flexibility in a confident and safe way. Instructor Maurice Gatdula has over 40 years of experience teaching martial arts and self-defense for all ages. Dress in loose, comfortable clothing. Uniforms are available for purchase from the instructor.

ACTIVITY	DAYS	DATES	TIME	FEE
9305	Tues	Monthly	6 - 7 p.m.	\$75 members / \$80 non-members

Senior Exercise

With Adam Batten

Ages: 50+

Improve body composition, flexibility, strength and endurance while increasing energy and reducing stress in this fun, low-impact program designed for active seniors.

ACTIVITY	DAYS	DATES	TIME	FEE
9300	Mon/Wed/Fri	Monthly	8 - 9 a.m.	\$40

All classes held at Neil Orchard Senior Activities Center

Walking To Get Fit

With CRPD Staff

Ages: 50+

Enjoy the safety and companionship of walking in a group while reducing your risk of serious diseases like heart disease, stroke, diabetes and more. Participants must be able to walk unassisted.

ACTIVITY	DAYS	DATES	TIME	FEE
9302	Mon/Wed/Fri	Ongoing	Call	Free for members

Beginning Tai Chi

With Kathy Villegas

Ages: 50+

This class will help improve balance, help with stress reduction and circulation. Bring water, loose, comfortable clothing and soft-soled shoes.

ACTIVITY	DAYS	DATES	TIME	FEE
9312	Mon	Ongoing	11:30 a.m 12:15 p.m.	\$55/10-visit punch card

Intermediate Tai Chi

With Kathy Villegas

Ages: 50+

Often described as "meditation in motion" the gentle flowing movements of Tai Chi are excellent for stress reduction, improving balance, flexibility and circulation. Not for beginners.

ACTIVITY DAYS DATES		TIME FEE		
9312	Mon	Ongoing	10:30 - 11:15 a.m.	\$55/10-visit punch card

Zumba Gold

With Lidia Mondragon

Ages: 50+

Zumba Gold provides modified, low-impact workout that focuses on balance, range of motion and coordination. The easy-to-follow choreography is perfect for active seniors and beginners. Bring a towel and water bottle.

ACTIVITY	DAYS	DATES	TIME	FEE
9303	Tues/Thurs	Ongoing	Noon - 1 p.m.	\$50/8-visit punch card



See page 20 for Adult Pickleball Programs

EVENTS & ACTIVITIES

Events are held at the Neil Orchard Senior Activities Center. We encourage you to purchase tickets in advance as some events sell out quickly.

Fees: \$8/Member, \$10/Non-Member

*No tickets sold on day of event unless noted otherwise

Sponsored by:

























Senior Citizens Day

Join us as we support, honor and show our appreciation to our seniors and their positive contributions to the community.

ACTIVITY	DAYS	DATE	TIME
9026	Wed	Aug. 20	11:30 a.m 1 p.m.

Cheeseburger Day

Celebrate one of America's favorite sandwiches! The sizzling fresh cheeseburgers will be served with all the fixings, potato salad, fresh fruit and a beverage.

ACTIVITY	DAYS	DATE	TIME
3103	Wed	Sept. 17	11:30 a.m 1 p.m.

Oktoberfest

Celebrate Oktoberfest with a delicious German-inspired lunch! Enjoy bratwurst, pretzels, sauerkraut and festive treats in a lively atmosphere—no alcohol, just great food and fun!

ACTIVITY	DAYS	DATE	TIME
9206	Wed	Oct. 15	11:30 a.m 1 p.m.

Celebrating Veterans Day

Join us as we show our appreciation for the men and women who served to keep America safe and free. Enjoy a delicious luncheon featuring a slice of delicious apple pie a la mode. Event is FREE for Veterans but must RSVP by Oct. 31st.

ACTIVITY	DAYS	DATE	TIME
9204	Wed	Nov. 5	11:30 a.m 1 p.m.

Thanksgiving Feast

Put on your stretchiest pants and come over for a Thanksgiving Feast served with all the fixings! End the meal with a slice of delicious pumpkin pie.

ACTIVITY	DAYS	DATE	TIME
9202	Wed	Nov. 19	11:30 a.m 1 p.m.

Winter Wonderland

Eat, drink and be merry. You're invited to join us for our annual Winter Wonderland. Make sure to be on your best behavior though, you never know who'll drop in for a visit!

ACTIVITY	DAYS	DATE	TIME	FEE
9200	Wed	Dec. 17	11:30 a.m 1 p.m.	\$6

Lunar New Year Celebration

Enjoy a delicious feast while learning about the various cultures that participate in this time-honored celebration of family, food and good wishes.

ACTIVITY	DAYS	DATE	TIME
9201	Wed	Feb. 11, 2026	11:30 a.m 1 p.m.



SIGN UP FOR ACTIVE ADULT PROGRAMS





FREE INFORMATIONAL PRESENTATIONS

Presentations are open to all ages.

Please RSVP either online or by calling 916-366-3133 for these free presentations as space is limited. Presentations are held at the Neil Orchard Senior Activities Center.



Social Security

Join Legal Services of Northern California for a free Social Security informational presentation. Learn about benefits, eligibility, appeals and resources to navigate the system with confidence.

ACTIVITY	DAYS	DATE	TIME
9071	Mon	Sept. 29	1 p.m.

The Empowered Caregiver With The Alzheimer's Association

The Empowered Caregiver series helps caregivers support loved ones with dementia through practical guidance on communication, behaviors, daily tasks, stress management and future care planning.

ACTIVITY	DAYS	DATE	TIME	TOPIC
9071	Mon	Sept. 22	1 p.m.	Building Foundations of Caregiving
9071	Mon	Oct. 6	1 p.m.	Supporting Independence
9071	Mon	Oct. 20	1 p.m.	Responding to Dementia Related Behaviors

Explore Senior Culture

"Never stop starting" is the motto of Erin Weitzenberg, founder of Explore Senior Culture. Learn about the community of knowledgeable, well trained and compassionate people ready to support you!

ACTIVITY	DAYS	DATE	TIME
9071	Mon	Oct. 27	1 p.m.

Extended Travel With Collette

Join Jay Fehan from Collette for an informational presentation on a variety of exciting Collette Travel options. Information of upcoming trips will be presented as well as talking about ideas for future trips!

ACTIVITY	DAYS	DATE	TIME
9071	Mon	Nov. 3	1:30 p.m.

Estate Planning, Wills & Trusts

Planning for the future is crucial and estate planning is particularly important for seniors. An advocate from the Senior Legal Hotline of Northern California will walk you through this complex process. There will be a short Q&A session afterwards.

ACTIVITY	DAYS	DATE	TIME
9071	Mon	Jan. 26, 2026	1 p.m.

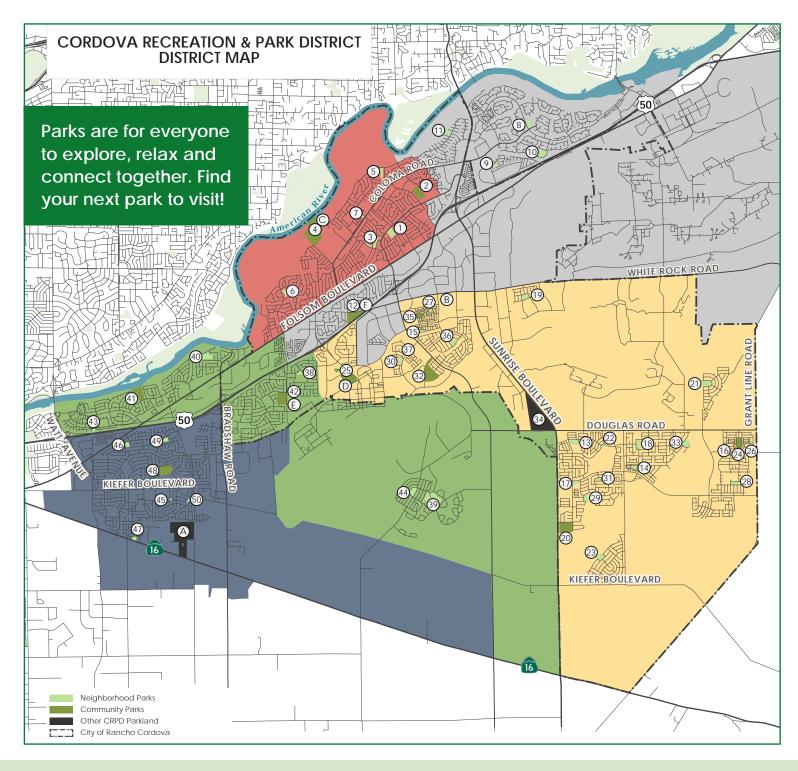
Get Up & Go Day Trip Presentation

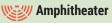
Ready to get up and go? Historic places, shopping tours, festivals and more! Get the inside scoop about our exciting upcoming motorcoach trips offered by the Senior Center and give input on what future trips you'd like to see us offer.

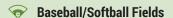
ACTIVITY	DAYS	DATE	TIME
9071	Mon	Feb. 2, 2026	1 p.m.



FACILITY & PARK DIRECTORY Outdoor Basketball Courts Baseball / Softball Fields itness Station Horseshoe Pits **Fennis Courts** Amphitheater Multi-Use/ Soccer Fields Skate Ramp/ Park **Amenities** Bocce Ball/ Pétanque Pickleball Lines/Court Parks **Facilities** A Ahlstrom Park 2375 Zinfandel Drive ****** 2. Dave Roberts Community Park 10820 Mapola Way • Ŕ **3. Federspiel Park** 2549 Chassella Way 天 鼠 4. Hagan Community Park, Dog Park & Barn 2197 Chase Drive • Ŕ ** M 不 5. Larchmont / Rossmoor Park 10708 Ambassador Drive 天 A 6. Taylor Park 2238 West La Loma Drive M 天 Ŕ 7. W.H. Williamson Park 10551 Coloma Road 天 î. 天 8. Gold River Park 11513 Gold Country Blvd., Gold River M 9. Gold Station Park 2360 New Eureka Way, Gold River 天 A 10. Prospect Hill Park 11840 Prospect Hill Drive 天 Î. M 天 11. Sunriver Park 11120 Moose River Court A 12. White Rock Community Park 10488 White Rock Road 不 A ** 0 13. Argonaut Park 11825 Herodian Drive 天 14. Aura Park 12164 Coal Creek Way 天 A 0 15. Cobblestone Park 10900 Barden Drive **16. Cypress Grove Park** 4047 Cypress Grove Drive 八六 17. Eagle's Nest Park 11810 Chrysanthy Blvd 天 A 18. Exploration Park 12145 Hetch Hechy Drive 0 A 19. Gold Rush Park 11556 Lagarto Way 天 20. Heron Landing Community Park 11750 Justinian Drive 天 **A** ** 0 M 21. Hillside Park 3566 Rockdale Drive 天 A 22. Hummingbird Park 11990 Cobble Brook Drive 0 天 A 23. Kavala Ranch Park 5100 Azalea Park Way 天 鼠 24. Labyrinth Community Park 12770 Glass Beach Drive N. 天 ŤŤ DISTRICT **25. Mather Sports Complex** 3755 Schriever Avenue 天 26. Pyramid Peak Park 4053 Red Blush Way 不 **27. Renaissance Park** 3125 Mowbray Way 天 ŝ. 28. Rockrose Park 12799 Mission Peak Way M 天 天 29. Sandpiper Park 11830 Applolon Drive 30. Sonoma Park 10750 Agria Court 天 A 天 31. Sparrow Park 11938 Montron Way A ŤŤ 32. Stone Creek Community Park 3625 Spoto Drive 0 0 33. Sunridge Park 4041 Borderlands Drive 34. The Center Property 11551 Douglas Road **35. The Village Green** 3141 Bridgeway Drive 天 † Ť 36. Tuscany Park 3460 Corvina Drive U 天 0 \mathbf{M} 37. Waterbrook Park 10849 Waterbrook Drive 天 A 38. Countryside Park 3300 Glenmoor Drive, Sac 39. Independence Community Park 10949 Britton Way, Mather 天 A U 天 40. Riviera East Park 9580 Mira Del Rio Drive M î. **41. Larchmont Community Park** 2449 Stansberry Way, Sac 氤 天 42. Lincoln Village Community Park 3480 Routier Road, Sac **~** 0 ** 天 A 43. Salmon Falls Park 8964 Salmon Falls Drive, Sac 44. Veteran's Park 4530 Excelsior Road, Mather U 天 Î. 45. Henley Park 9343 Henley Way, Sac 天 A 46. Manlove Park 9118 Caldera Way, Sac 天 鼠 DISTRICT 47. Primrose Park 9122 Rose Parade Way, Sac A Ŕ 48. Rosemont Community Park 9326 Americana Way, Sac ŤŤ **•** 49. Rosemont North Park 3224 Huntsman Drive, Sac A 50. Rosswood Park 9460 Achates Circle, Sac Ŕ A. Cordova Golf Course 9425 Jackson Road, Sac B. CRPD District Office 11070 White Rock Road, Suite 130 天 ** C. Hagan Community Center & The HYDE Out 2197 Chase Drive Α'n 天 A D. Mather Sports Center 3755 Schriever Avenue ŤŤ E. Neil Orchard Senior Activities Center 3480 Routier Road ** F. White Rock Community Clubhouse 10488 White Rock Road ΑŤ







Outdoor Basketball Courts
*Indoor

Bocce Ball/Pétanque

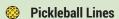


Horseshoe Pits

Multi-Use/Soccer Fields

Pavilion

Pickleball Courts

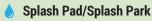




A Playground









Tennis Courts

FACILITY & PARK UPDATE: Get the latest news on upcoming parks at: cordovarpd.gov/park-planning-development/construction-projects/.

Rental Inquires: Call 916-369-9844 for picnic/pavilion rentals. Call 916-307-6866 for field rentals. Parks and Facilities listed here are located in Rancho Cordova unless otherwise noted.



11070 White Rock Road, Suite 130 Rancho Cordova, CA 95670

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FOR MORE INFORMATION

CRPF@cordovarpd.gov

www.crpdfoundation.org



The first 100 members will receive a commemorative Bronze Lapel Pin!

TODAY! >>>>>>

BECOME A MEMBER

STARTING AT \$25 A YEAR!

Becoming a member of the Cordova Recreation & Parks Foundation (CRPF) means you are joining us to continue improving our local community. Your membership provides valuable financial support to ensure those community members with limited resources have access to recreation programs. With your support, the CRPF can help even more families gain access to explore and discover what our parks and recreation programs have to offer.

SCHOLARSHIP PROGRAM

We believe everyone should be able to benefit from CRPD programs. Our program is here to help you get involved!

Scholarships are available to all who meet the following criteria:

- · Resident of CRPD.
- Can demonstrate a financial need that prevents the individual from participation in CRPD programs.
- Complete and return an application form at least 10 days prior to start of program. Forms are available at all CRPD facilities and online.

Scholarships are available to those who qualify as long as funds are available. Call 916-369-9844 or visit the Forms page at cordovarpd.gov for an application.