

YOUR PLACE TO Recreate!

CORDOVA RECREATION & PARK DISTRICT

SPRING SUMMER RECREATION GUIDE 2024

SWIM LESSONS &
SUMMER CAMPS
INSIDE!



MESSAGE FROM THE GENERAL MANAGER



Welcome to our latest Spring/Summer Recreation Guide! At Cordova Recreation & Park District (CRPD), we are dedicated to fostering a dynamic and inclusive environment that encourages an active and healthy lifestyle. We take immense pride in offering an extensive array of sports and leisure activities for individuals of all ages and skill levels.

From captivating children's enrichment programs to exhilarating special events, our aim is to provide a platform where every member of our community can find joy, fulfillment and connection.

With the arrival of the warmer months, our aquatic programs take center stage. Our award-winning facilities are geared up to offer a comprehensive range of aquatic activities, including invigorating swim lessons and engaging swim teams. Whether you're a beginner eager to learn or a seasoned swimmer looking to enhance your skills, our expert instructors are committed to ensuring a safe and enjoyable experience for all. Dive into the season with us!

We invite you to embark on a journey of exploration and rejuvenation in one of our 45 parks throughout the community. Our dedicated team is continuously working to maintain these spaces, ensuring that each visit to our parks is a truly enriching and pleasant experience.

We are always looking for new opportunities and unique programs to offer our residents. If you have an idea you would like to see us offer, please share your thoughts with us at customerservice@crpd.com or 916-842-3300.

We look forward to seeing you in our programs and parks!

Patrick Larkin, General Manager

LET'S GET SOCIAL!

-  twitter.com/CordovaRPD
-  facebook.com/CordovaRPD
-  instagram.com/CordovaRPD
-  youtube.com/crpdcordovarec
-  www.crpdc.com

CONTACT US

HAGAN COMMUNITY CENTER

2197 Chase Drive | 916-369-9844

NEIL ORCHARD SENIOR ACTIVITIES CENTER

3480 Routier Road | 916-366-3133

MATHER SPORTS COMPLEX

3755 Schriever Avenue | 916-362-1704

CORDOVA GOLF COURSE

9425 Jackson Road | 916-362-1196 | cordovagc@crpd.com

PARK SERVICES

2197 Chase Drive | 916-363-0350

DISTRICT ADMINISTRATIVE OFFICE

11070 White Rock Road, Suite 130 | 916-842-3300

EMAIL

customerservice@crpd.com

CRPD BOARD OF DIRECTORS

Brian Danzl, Chairperson

bdanzl@crpd.com

Rick Sloan, Vice-Chairperson

rsloan@crpd.com

Daniel Langan, Secretary

dlangan@crpd.com

Mark Matus, Director

mmatus@crpd.com

Michael Yearwood, Director

myearwood@crpd.com

PMRID OVERSIGHT COMMITTEE MEMBERS

Bonnie Domeny, Chair, Larchmont/Riviera East (Zone B)

Taylor Haven, Rancho Cordova (Zone A)

Traci Michel, Gold River (Zone C)

Lauren Ledesma, Rancho Cordova (Zone A)

Lauren Padilla, Rosemont (Zone B)



PHOTOGRAPHY CREDIT

Photos are by CRPD or
Volunteer Photographer Rick Maness

TABLE OF CONTENTS



COMMUNITY INFORMATION

Community News	4
Community Special Events	5
Rentals	6
Registration	7
Event Sponsors	8

AQUATICS

General Information.....	9
Classes & Camps	10
Swim Lessons.....	11
Swim Teams.....	13
Aquatic Events.....	14

SPORTS & FITNESS

Pee Wee Sports	15
Youth Sports & Fitness.....	16-18
Adult Sports & Fitness	19
Youth Sport Leagues	20
Adult Sport Leagues.....	21
Mather Sports Complex	22
Cordova Golf Course	23-24

ARTS & ENRICHMENT

STEAM Preschool	25
Youth Arts & Enrichment.....	26
Camp Cordova	27
Teen Programs	28
Outdoor Adventures & Teen Adventure Group.....	29
Trips & Excursions.....	30

SENIOR & ACTIVE ADULTS

Neil Orchard Senior Activities Center.....	31
Arts & Enrichment.....	32
Events & Activities	33
Health & Fitness.....	34
Free Informational Presentations	35

CORDOVA RECREATION & PARKS FOUNDATION

Membership.....	36
-----------------	----

FACILITIES & PARKS

Park Planning	37
Facility & Park Directory.....	38
District Map	39

COMMUNITY NEWS



Community members, supporters and partners gathered at the Cordova Community Pool to enjoy the celebration which featured speeches, music, appetizers and drinks, a photo booth and more! Throughout the celebration, participants reflected on the history and growth of Cordova Recreation and Park District (CRPD). Following the initial celebration, the Cordova Community Pool was opened for a Free Family Swim night to keep the party going.

CRPD was honored to receive resolutions and proclamations in recognition of 65 years of service from CA State Senator Roger Niello, Assemblyman Josh Hoover, Congressman Ami Bera, City of Rancho Cordova Mayor Linda Budge and Rancho Cordova Chamber of Commerce President and CEO Diann Rogers.

CRPD is grateful to our sponsors for this event including Bristol Hospice Sacramento, Beach Hut Deli at Cordova Golf Course, Dust Bowl Brewing Company, Christopher Cellars, Rancho Victoria Vineyard and Boeger Winery.

On the Cover



The Tripette family is very active in our community, and we're honored to feature them in our recreation guide!

"The Tripette family has been residents of Rancho Cordova since 2018, residing in the Anatolia area. Our family consists of Leroy, myself, Jaden and Alexander. Leroy works in government relations for SMUD and also serves on the Planning Commission for the City of Rancho Cordova. I work for VSP Vision's mobile clinics program and travel around the country facilitating events providing free eyecare and eyewear for those in need. Jaden is a Winter 2023 graduate of Morehouse College in Atlanta, GA with plans to attend medical school. Alexander, the youngest member of the family, loves enjoying Rancho Cordova's many parks and is looking forward to continuing his swimming lessons this summer at the Cordova Community Pool."

- Torrey Tripette



To learn more, scan QR code or visit www.crpdc.com/65th



A CLOSER LOOK AT NATURE

There's a new attraction at Heron Landing Community Park, and it's all thanks to a remarkable Eagle Scout project undertaken by a passionate scout. With the installation of a brand-new binocular post, park-goers can now marvel at the diverse and vibrant wildlife thriving in the neighboring wetland preserve.

After thorough research and coordination with Cordova Recreation and Park District staff, aspiring environmentalist Gianni Chauppette led the installation of a pair of ADA-compliant stationary binoculars at a strategic location within Heron Landing Community Park. The binoculars provide park-goers of all abilities with a closer look at the fascinating wildlife inhabiting the adjacent wetland preserve, fostering a deeper appreciation for the delicate ecosystem.

By providing park visitors with access to nature viewing, Gianni has encouraged a greater connection with the environment, sparking curiosity and promoting conservation values. The increased understanding and appreciation for the wetland ecosystem fostered by this project can inspire individuals to take further action to protect and preserve natural habitats.



To learn more, scan QR code.

ROSEMONT COMMUNITY POLES PROJECT

The community of Rosemont has long been a shining example of a neighborhood that takes great pride in fostering a strong sense of togetherness and celebrating the people and organizations that make it special. With a unique blend of history and diversity, Rosemont has created an environment that local residents can truly call home. The community's residents know the value of coming together, whether it's for neighborhood clean-ups, local events or showing support for each other when called upon. This sense of unity is visible in the latest public art and beautification installation - the Rosemont Community Poles Project.

Led by the Rosemont Community Foundation and located in the newly refurbished butterfly garden within the Cordova Recreation and Park District's (CRPD) Rosemont Community Park, the art piece is comprised of four tall poles each decorated by a local community organization. Each pole is unique, painted with symbols, pictures and words that reflect the values of the neighborhood and its residents.

The Foundation held the dedication ceremony for the new art installation on June 17, in partnership with Girl Scout Troop 1369, Golden Pond Senior Living, Atonement Lutheran Church and CRPD. Funded through grants from SMUD, the butterfly garden also received new landscaping and beautiful new plants to attract bees, butterflies and other pollinators. Visit Rosemont Community Park today at 9326 Americana Way, Sacramento, CA and see the new attractions!

COMMUNITY SPECIAL EVENTS

>> Visit CRPD.com for more information!



Saturday, March 23 • 11 a.m. - 1 p.m.
Hagan Community Park

Join us for a FREE egg hunt, inflatables, games, music and more!



Cordova Creek at Hagan Community Park
Sunday, March 24 | 10 a.m. - Noon

Volunteer to make an impact and help keep our community beautiful!

SENIOR 
RESOURCE FAIR

Lincoln Village Community Park
Wednesday, April 24 | 1 - 3 p.m.

FREE information, services and resources for the health and well-being of the aging community

COMMUNITY
YARDSALE

Saturday, May 4 • 8 a.m. - 2 p.m.

Lincoln Village Community Park

Looking to clean out your closets or find a great deal?
This is the perfect event for you!



CORDOVA COMMUNITY POOL
MAY 18 - 19

TICKETS AND INFO AVAILABLE AT CALIFORNIAMERMAIDCON.COM



Saturday, July 13 • 10 a.m. - 1 p.m.

WHITE ROCK COMMUNITY PARK

JOIN US FOR A FUN SUMMER PARTY WITH FOOD,
MUSIC, GAMES AND MORE!

Meet the
MACHINES

SATURDAY, SEPTEMBER 14 • 10 A.M. - 12 P.M.
HAGAN COMMUNITY PARK

CHILDREN OF ALL AGES HAVE THE OPPORTUNITY TO TOUCH, CLIMB ON AND EXPLORE
OVER 20 DIFFERENT TYPES OF EXCITING MACHINES AND UNIQUE VEHICLES!

BARK  **TOBERFEST**

Saturday, September 21 • 11 a.m. - 2 p.m.
Lincoln Village Community Park/Pool

Join us for a fun-filled day of doggie swimming, food, beverages, music and more!

RENTALS



White Rock Splash Park



Pool Parties

We have parks and facilities perfect for celebrations and business events!

CRPD offers a wide selection of distinctive parks and facilities to suit your event needs.

Indoor Facility Rentals Include:

- Event layout assistance
- Seating and table set-up
- On-site event staff
- Breakdown service

Let us help you make your next special occasion more memorable!

For pricing and availability, call the Hagan Community Center at 916-369-9844



Community Centers



Picnic Areas



Sports Fields

Online Registration

visit crpd.com/register

Fast, Easy & Convenient

Have Questions?

Give us a call or visit crpd.com/register for a step-by-step guide to registering online

Other Ways to Register:



Walk-In



Phone-In



Hagan Community Center

2197 Chase Drive
Mon - Fri • 8 a.m. - 5 p.m.
916-369-9844



Neil Orchard Senior Activities Center

3480 Routier Rd
Mon - Thur • 7:30 a.m. - 4:30 p.m.
Fri • 7:30 a.m. - 3:30 p.m.
916-366-3133



Mather Sports Complex

3755 Schriever Ave
Mon - Fri • 12 - 9 p.m.
Sat & Sun • 8 a.m. - 6 p.m.
916-362-1704

ACCEPTED PAYMENT METHODS

Accepted payment methods are Visa, MasterCard, Discover and American Express for all registration options. Cash and checks are accepted during in-person registration. Mather Sports Complex and Cordova Golf Course also accept contactless payments, such as Apple Pay and Google Pay.

PRE-REGISTRATION IS REQUIRED

Register early for programs! Pre-registration helps us track the number of participants in a class. If the minimum number of students is not met, there is the chance a program will be adjusted or canceled.

REFUND PROCEDURE

- CRPD reserves the right to cancel, combine or divide classes, change times, dates or class location, change instructor and make other changes as necessary.
- Those who fail to attend a class or “no show” will not be granted a refund. Refunds are only eligible if cancellation is received a minimum of 48 hours prior to the first class, unless otherwise noted.
- If CRPD cancels a class due to low enrollment, a full refund is issued.
- Refunds for cash and check payments will take 4-6 weeks to process.
- Refunds for credit card payments will take 2-3 business days to process.



BECOME A 2024 EVENT SPONSOR

Are you looking for a way to give back to your community while making a name for your business or organization?

crpd.com/sponsorships

Become a CRPD Event Sponsor

Together, we can create
a better community!



RC HEALTHCARE
Hospice & Palliative Care



AQUATICS



SEASON PASSES

Buy a season pass and enjoy both the Cordova Community Pool and the Lincoln Village Community Pool all season!

\$72 INDIVIDUAL PASS

\$198 FAMILY PASS*

*Family of Four: \$50 each additional person, must reside in same household

\$22 PUNCH CARDS

10-visit punch card.
Lincoln Village Community Pool Only

PUBLIC SWIM GENERAL INFORMATION

Entrance fee is for all who enter the pool area, not just swimmers. Punch cards can be purchased at each pool location and the Hagan Community Center. Large groups of 20 or more, or field trip groups must pre-arrange details or risk being denied entry. Monofins and snorkels only allowed weekdays 10 a.m. - 1 p.m.

Call 916-369-9844 or email customerservice@crpd.com for more information.

Cordova Community Pool

2197 Chase Drive • 916-839-3786

Features two swimming pools. This activity pool has play features and a sloped entry with depths of 0-4ft. Competition pool depths are 3.5-12ft. The complex features picnic tables, an open grass area, bleachers and a shade canopy. ADA accessible lift available.

Hours (excluding holidays)*

DAYS	DATES	TIME	ENTRANCE FEE
Mon-Thurs	June 3 - Aug. 1	1 - 4 p.m.	\$5/person or Season Pass
Fri	June 7 - Aug. 2	2 - 7 p.m.	\$5/person or Season Pass
Fri	Aug. 9 - 30	4:30 - 7 p.m.	\$5/person or Season Pass
Weekends	May 25 - Sept. 29	1 - 5 p.m.	\$5/person or Season Pass
Holidays	Memorial Day & Labor Day	1 - 5 p.m.	\$5/person or Season Pass

*Public Swim closed 7/3 and 7/4. Public Swim opens at 2 p.m. on 5/29, 6/8, 6/22 and 7/6.

Lincoln Village Community Pool

3450 Routier Road • 916-520-1649

Features one swimming pool with a sloped entry and a maximum depth of 5.5ft. This facility is surrounded by open grass areas and a shade canopy. ADA accessible lift available.

Hours (excluding holidays)*

DAYS	DATES	TIME	ENTRANCE FEE
Mon-Fri	June 3 - Aug. 9	1 - 4 p.m.	\$3/person or \$22/10-visit punch card or Season Pass
Weekends	May 25 - Sept. 1	1 - 5 p.m.	\$3/person or \$22/10-visit punch card or Season Pass
Holidays	Memorial Day & Labor Day	1 - 5 p.m.	\$3/person or \$22/10-visit punch card or Season Pass

White Rock Community Splash Park

10488 White Rock Road • 916-369-9844

Featuring a large dump bucket, waterslides, canons, water jets and much more. Due to OSHA requirements: Riders must be at least 42" tall to ride the small orange slide and at least 46" tall to ride the longer, yellow slide. Adults and children not tall enough for slides can enter for free and play in the spray areas. Park operation is subject to weather conditions. **Maximum capacity is 70 people.**

Splash Park Hours

DAYS	DATES	SLIDE FEES
Sat & Sun	May 25 - Sept. 1	\$1/session (cash only)
Mon-Fri	June 3 - Aug. 2	\$1/session (cash only)
Holidays	Memorial Day & Labor Day	\$1/session (cash only)

SESSION	TIME
1	11 a.m. - 12:30 p.m.
2	1 - 2:30 p.m.
3	3 - 4:30 p.m.

Community Splash Pads

Great for keeping you and your family cool in the hot summer months, our spray parks have water features that spray, sprinkle and drop water!

Heron Landing Community Park	11750 Justinian Drive
Stone Creek Community Park	3625 Spoto Drive
Sunridge Park	4041 Borderlands Drive
The Village Green	3141 Bridgeway Drive

Splash Pad Hours

DAYS	DATES	TIME
Fri-Sun	May & Sept.	10 a.m. - 7 p.m.
Mon-Sun	June - Aug.	10 a.m. - 7 p.m.

AQUATICS

Lap Swim

Stay in shape and enjoy the Cordova Community Pool with our lap swimming program. Our 25-yard competition pool is heated to a comfortable 78 degrees. The number of lanes available varies. Lanes are first-come, first-served and you may be required to share a lap swimming lane during peak times. There are dedicated lap lanes every day during public swim hours.

Location: Cordova Community Pool

DAYS	DATES	TIME	FEE
Mon-Thurs*	June 3 - Aug. 1	10 a.m. - 4 p.m.	\$44/10-visit punch card or Season Pass
Fri	June 7 - Aug. 2	2 - 7 p.m.	\$44/10-visit punch card or Season Pass
Fri	Aug. 9 - 30	4:30 - 7 p.m.	\$44/10-visit punch card or Season Pass
Weekends	May 25 - Sept. 29	1 - 5 p.m.	\$44/10-visit punch card or Season Pass

Lifeguard Training with AED/O2/Title 22 First Aid

Ages: 15+

This American Red Cross course is a combination of Lifeguard Training, CPR for the Professional Rescuer, Administering Emergency Oxygen and First Aid for Public Safety Personnel (Title 22). This complete course provides all certifications necessary to obtain employment as a lifeguard in the State of California.

Prerequisites: The required swimming skills include 300 yards continuously swimming (12 laps), tread water for 2 minutes without hands and perform a 20-yard swim with a 10 lb. brick after retrieving it in 7 feet of water. Must be 15 years old by the last day of class.

***Classes require 7 hours of online course work before the first day of class. One week before the class you will be emailed the pre-course login information.**

Location: Hagan Community Center & Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4313	Mon - Thurs	Mar. 25 - 28	8 a.m. - 6 p.m.	\$253/person
4314	Sat - Sun	Apr. 6 - 7; Apr. 13 - 14	8 a.m. - 6 p.m.	\$253/person
4315	Fri - Sun	June 7 - 9*	8 a.m. - 6 p.m.	\$189.75/person
4316	Fri - Sun	July 5 - 7*	8 a.m. - 6 p.m.	\$189.75/person

*Does NOT include Title 22 or Administering Emergency Oxygen

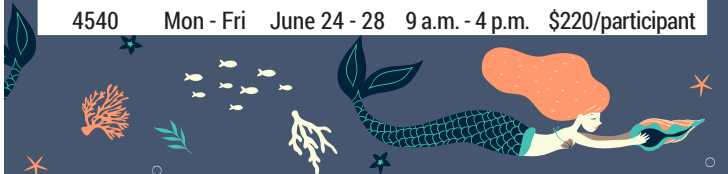
Mermaid & Swim Camp

Ages: 7 - 11

Make a splash this summer, learning to be a real-life mermaid! Little ones can safely learn the skills needed to grow their own mermaid tail and swim through the sparkling waters. Mermaid Camp will include crafts, stories, gigantic bubbles, Mermaid Makeovers, songs and so much more! Professional Mermaids Ashley and Rachel lead campers through a myriad of aquatic delights. It's time to level up, under the sea! Must be able to tread water for one minute and comfortable in deep water.

Location: Hagan Community Center & Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4540	Mon - Fri	June 24 - 28	9 a.m. - 4 p.m.	\$220/participant



Water Aerobics

With CRPD Staff

Ages: 12+

Our pools offer the perfect balance of deep and shallow water for an effective aerobic workout that is easy on your joints. Deep water provides resistance for your movements, while shallow water accommodates those who do not wish to fully immerse themselves. All swim levels welcome! Punch cards may be purchased at the Hagan Community Center, Neil Orchard Senior Activities Center or at the Mather Sports Center. Equipment available on-site.

Location: Cordova Community Pool – Deep Water

ACTIVITY	DAYS	DATES	TIME	FEE
4210	Mon - Thurs	June 3 - Aug. 1	Noon - 12:50 p.m.	\$10/class or \$64/8-visit punch card
4211	Mon - Thurs	Aug. 5 - 29	6:30 - 7:20 p.m.	\$10/class or \$64/8-visit punch card

Location: Lincoln Village Community Pool – Shallow Water

ACTIVITY	DAYS	DATES	TIME	FEE
4250	Mon - Thurs	June 3 - Aug. 1	7 - 7:50 p.m.	\$10/class or \$64/8-visit punch card

AQUATIC CAMPS*

Junior Lifeguard Camp

Ages: 11 - 14

Designed to guide youth to the American Red Cross Lifeguarding course by building a foundation of knowledge, positive attitudes and skills for future lifeguards. Participants are not required to master or perfectly execute skills. They will learn techniques, build stamina and live a day in the life of a lifeguard during this program!

Location: Hagan Community Center & Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4510.01	Mon - Fri	June 17 - 21	9 a.m. - 4 p.m.	\$204/person
4510.02	Mon - Fri	July 22 - 26	9 a.m. - 4 p.m.	\$204/person

Water Polo & Swim Camp

Ages: 10 - 14

Introduces water polo skills and game concepts to youth and provides opportunities for participants to make new friends, set goals and develop skills. Get soaked, stay stoked!

Location: Hagan Community Center & Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4520.01	Mon - Fri	July 8 - 12	9 a.m. - 4 p.m.	\$187/person

Babysitting & Swim Camp

Ages: 10 - 14

Introduces the skills required to become a babysitter. Focuses on training and certification in American Red Cross Babysitting, including CPR and First Aid. Camp will include structured training in the morning followed by access to the pool during public swim.

Location: Hagan Community Center & Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4530.01	Mon - Fri	July 15 - 19	9 a.m. - 4 p.m.	\$195/person

*Classes held outdoors, please be prepared with snacks, water and sunscreen.



REGISTRATION INFO & TIPS

- Register online starting March 4 at 8:30 a.m.
- Session registration closes at 5 p.m. on the Thursday prior to the first day. \$5 late fee for all registrations taken after deadline.
- Swimmers may take each level more than once.
- Swim attire, sunscreen and towel required.
- Goggles and swim caps optional (no snorkel masks).
- Swim-diapers required for children who wear a diaper.
- We will not transfer, refund or credit students for missed lessons.

STEP 1 > CHOOSE LEVEL

Grown Up & Me Group Lessons

Shrimps: (Ages 6 mo - 3 yrs)

Beginning lessons for infants and toddlers. Emphasis on water adjustment, floating, bubbles, going underwater, holding breath, kicking and arm movement through songs and games. Requires adult participation in the water.

Seahorses: (Ages 3 - 5 yrs)

Swim readiness class for young children. Introduces floating, bubbles, going underwater, holding breath, kicking, arm strokes, glides, body position and entering and exiting water. Requires adult participation in the water.

Group Lessons for Beginners

Tadpoles: Level 1 (Ages 3 - 5 yrs)

Swim readiness class for young children who are ready to swim with the instructor(s). Introduces floating, bubbles, going underwater, holding breath, kicking, arm strokes, glides, body position and entering and exiting the water.

Guppies: Level 2 (Ages 3 - 5 yrs)

For young children who are able to glide two (2) body lengths, roll over and float for (3) seconds with support. Emphasis on breath control, rhythmic breathing, floating, gliding, sculling, forward propulsion, kicking, arm strokes and basic safety.

Lobsters: Level 1 + 2 (Ages 6 - 14 yrs)

For first-time swimmers. Emphasis on entering and exiting the water, submerging, breath control, rhythmic breathing, floating, gliding, sculling, forward propulsion, kicking, arm strokes and basic safety.

Adult Lessons

Beginner and Advanced Beginner (Ages 15+ yrs)

Lessons will cover basic water skills and introductory swimming. Suited for adults with no swim experience, little swim experience or those who would like to learn fundamental swimming including freestyle and elementary backstroke.

Group Lessons for Intermediate

Turtles: Level 3 (Ages 4 - 14 yrs)

For swimmers who are able to float or tread for 15 seconds and swim five (5) body lengths unsupported. Emphasis on rhythmic and rotary breathing, floating, treading, sculling, forward propulsion and water safety. Introduces freestyle, backstroke and elementary backstroke.

Otters: Level 4 (Ages 5 - 14 yrs)

For swimmers who can swim 15 yards independently. Emphasis on stroke development including freestyle with rotary breathing, backstroke, elementary backstroke and treading. Introduces breaststroke, underwater swimming and reaching rescues.

Dolphins: Level 5 (Ages 5 - 14 yrs)

For swimmers who are able to swim 25 yards of freestyle and 15 yards of backstroke. Emphasis on stroke proficiency and endurance for freestyle, back stroke, elementary backstroke, breaststroke and treading. Introduces sidestroke, diving and survival swimming.

Group Lessons for Advanced

Wahoos: Level 6 (Ages 7 - 14 yrs)

For swimmers who are able to swim 50 yards of freestyle and backstroke and 25 yards of breaststroke, elementary backstroke and sidestroke. Emphasis on stroke refinement and efficiency of freestyle, backstroke, breaststroke and butterfly. Additional skills include starts, turns, surface dives, approach strokes and swimming for fitness.

Private Lessons

Private Lessons: All Levels (Ages 4+ yrs)

Students are able to learn at their own pace in lessons tailored to their skill and learning style based on CRPD's established curriculum.

FEES:

Group Fee \$68/class for 8 lessons

Private Fee \$99/class for 4 lessons

Each lesson is 25 minutes.

See www.crpd.com for private lesson dates.



Lincoln Village Community Pool

MORNING SUMMER LESSONS

ACTIVITY	SESSION	DAYS	DATES	
4932	2	Mon - Thurs	June 17 - 27	
4933	3	Mon - Thurs	July 8 - 18	
4934	4	Mon - Thurs	July 22 - Aug. 1	
	10:15	10:45	11:15	11:45
Shrimps		✓		
Tadpoles	✓		✓	✓
Guppies	✓	✓		✓
Lobsters	✓			✓
Turtles		✓	✓	
Otters			✓	

EVENING SUMMER LESSONS

ACTIVITY	SESSION	DAYS	DATES		
4941	1	Mon - Thurs	June 3 - 13		
4942	2	Mon - Thurs	June 17 - 27		
4943	3	Mon - Thurs	July 8 - 18		
4944	4	Mon - Thurs	July 22 - Aug.1		
	4:15	4:45	5:15	5:45	6:15
Shrimps				✓	✓
Tadpoles		✓	✓		
Guppies	✓	✓		✓	
Lobsters	✓	✓		✓	
Turtles	✓		✓		✓
Otters			✓		
Adults					✓

Fall Swim Lessons

Check www.crpd.com for information on Fall swim lessons at the Cordova Community Pool this August! Two options will be available in the evenings: Mondays/Wednesdays and Tuesdays/Thursdays. Fall swim lesson registration will begin July 10.

Cordova Community Pool

SPRING LESSONS

ACTIVITY	SESSION	DAYS	DATES	
4901	1	Mon & Wed	April 22 - May 15	
4902	2	Tues & Thurs	April 23 - May 16	
	4:45	5:15	5:45	6:15
Shrimps			✓	✓
Seahorse		✓		
Tadpoles	✓		✓	
Guppies	✓	✓		
Lobsters	✓		✓	✓
Turtles		✓		
Otters				✓

MORNING SUMMER LESSONS

ACTIVITY	SESSION	DAYS	DATES		
4911	1	Mon - Thurs	June 3 - 13		
4912	2	Mon - Thurs	June 17 - 27		
4913	3	Mon - Thurs	July 8 - 18		
4914	4	Mon - Thurs	July 22 - Aug. 1		
	10:15	10:45	11:15	11:45	12:15
Shrimps		✓	✓		
Seahorse	✓			✓	
Tadpoles	✓		✓		✓
Guppies		✓		✓	✓
Lobsters	✓	✓	✓	✓	✓
Turtles		✓	✓	✓	
Otters		✓		✓	✓
Dolphins	✓				
Wahoos			✓		

EVENING SUMMER LESSONS

ACTIVITY	SESSION	DAYS	DATES			
4921	1	Mon - Thurs	June 3 - 13			
4922	2	Mon - Thurs	June 17 - 27			
4923	3	Mon - Thurs	July 8 - 18			
4924	4	Mon - Thurs	July 22 - Aug. 1			
	4:15	4:45	5:15	5:45	6:15	6:45
Shrimps	✓			✓	✓	
Seahorse			✓			✓
Tadpoles	✓	✓	✓	✓	✓	
Guppies	✓	✓	✓	✓		✓
Lobsters	✓	✓	✓	✓	✓	✓
Turtles		✓	✓	✓	✓	✓
Otters	✓		✓		✓	✓
Dolphins		✓				✓
Wahoos		✓		✓		
Adults					✓	

Cordova Cordettes Synchronized Swim Team



Join our recreational synchronized swim team! Coaches will teach swimmers the sport that combines dance, gymnastics and endurance in the water. Swim meet dates vary in June and July. The team is open to beginners through experienced swimmers between the ages of 5 and 18. Swimmers must be comfortable in deep water and able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18).

Location: Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4810	Mon - Sat	Apr. 22 - July 13	Varies	\$281*

*Multiple child discount available

Spring Synchro Conditioning Clinics

With Cordova Cordettes

Ages: 5-18

Get a jump start on learning skills before the season starts or as a returning swimmer, refresh and review skills. Conditioning, basic skills, figures and routine elements will be covered. *Space is limited.*

Novice

ACTIVITY	DAYS	DATES	TIME	FEE
4801	Mon - Wed	Apr. 1 - 17	5:30 - 6:15 p.m.	\$40

Intermediate

4801	Mon - Wed	Apr. 1 - 17	6 - 7:30 p.m.	\$40
------	-----------	-------------	---------------	------

Jr. Cordova Cordettes Synchronized Swim Team

With Cordova Cordettes

Ages: 4-10

Are you interested in synchronized swimming but not ready to commit to a full season? Join the Junior Cordova Cordettes and practice without the pressure to compete! Swimmers will learn basic figure and routine elements. Swimmers will show off the skills they learn at the Aqua Show on June 30.

Location: Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4811	Tues - Thurs	June 4 - July 11	11 - 11:45 a.m.	\$66/person



NOW HIRING!

For more info:
Visit <https://bit.ly/3oEhLHq>
or scan QR code



Cordova Blue Marlins

Join us for a summer of competitive swimming. The Blue Marlins are a summer recreational swim team that competes against other Sacramento area teams. Practice times vary. Specific information is in the team handbook found at www.cordovabluemarlins.com. Swim meets are Saturdays in June and July. The teams are open to beginners through experienced swimmers between the ages of 5 and 18. Swimmers must be able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18). *Space is limited.*

Location: Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4710	Mon - Sat	May 6 - July 27	Varies	\$281*

*Multiple child discount available

Spring Swim Conditioning Clinics

With Cordova Blue Marlins

Warm up your muscles and get a head start on training for the summer season.

Space is limited.

Location: Cordova Community Pool

Ages: 10 & Under

ACTIVITY	DAYS	DATES	TIME	FEE
4701	Mon & Wed	Apr. 1 - 24	5:30 - 6:15 p.m.	\$37
4702	Tues & Thurs	Apr. 2 - 25	5:30 - 6:15 p.m.	\$37

Ages: 11-18

ACTIVITY	DAYS	DATES	TIME	FEE
4703	Mon & Wed	Apr. 1 - 24	6 - 7:30 p.m.	\$52
4704	Tues & Thurs	Apr. 2 - 25	6 - 7:30 p.m.	\$52

Swim Team Open House Saturdays

Thinking about joining a swim team? Come visit the Cordova Community Pool to meet the coaches and take the swim test. Swimmers must be able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18).

Location: Cordova Community Pool

Cordova Blue Marlins

ACTIVITY	DAYS	DATES	TIME	FEE
4700	Sat	Feb. 10, 17; Mar. 9	10:30 a.m. - Noon	Free

Cordova Cordettes Synchronized Swim Team

ACTIVITY	DAYS	DATES	TIME	FEE
4800	Sat	Feb. 10, 17; Mar. 9	10:30 a.m. - Noon	Free

AQUATIC EVENTS

Public Swim In-Service

Ages: All

Help wanted! Enjoy early pool access and help our staff train the last week of May, before our pools open for the summer. We will be holding public swim hours, but be prepared to see staff complete rescues, perform CPR, and practice spinal extrication. We will also be working with our swim lesson staff during this time on class organization, educational activities, and songs to teach youth how to swim. Bring your family to public swim in-service to meet our 2024 summer staff.

Location: Cordova Community Pool

DAYS	DATES	TIME	FEE
Tues - Thurs	May 28 - 30	1 - 4 p.m.	\$1/person

Family Swim Nights

Ages: All

Beat the heat and bring the family for a discounted night at the pool! Dress for the theme and get ready for fun, games and more!

Location: Cordova Community Pool

DAYS	DATES	TIME	THEME	FEE
Fri	June 14	2 - 7 p.m.	Tropical	\$1/person
Fri	June 28	2 - 7 p.m.	Mermaid Night	\$1/person

Location: Lincoln Village Community Pool

DAYS	DATES	TIME	THEME	FEE
Fri	July 5	5 - 7 p.m.	Beat the Heat	\$1/person
Fri	Aug. 9	5 - 7 p.m.	Pirates	\$1/person

Cordova Cordettes Aqua Show

Ages: All

Watch our synchronized swim team perform their individual and group routines! Swimmers create routines to popular music by combining dance, gymnastics and endurance in the water. After months of practice and competing, their performances will dazzle all viewers!

Location: Cordova Community Pool

DAYS	DATES	TIME	FEE
Sun	June 30	10 a.m. - 12 p.m.	\$10/person

CAREER WORKSHOP

Ages
9th-12th
Grade

With CRPD & Folsom Cordova Community Partnership
Location: Hagan Community Center

Learn about 2024 CRPD summer jobs and volunteer opportunities!

- Resume Basics
- Mock Interviews
- Interview Skills
- And More!

FREE!
Lunch is
provided

ACTIVITY	DAYS	DATES	TIME
3181	Sat	Mar. 9	9:30 a.m. - 2 p.m.
3182	Sat	Apr. 6	9:30 a.m. - 2 p.m.

FREE LIFEGUARD CLASS!

For students at select neighboring schools who attend a workshop and pass the lifeguard swim test.

Plus! FREE CPR/First Aid for camp staff!

SPORTS & FITNESS

Pee Wee Sports

With CRPD Staff

Tailored for newcomers to sports, our 5-week sessions are perfect for emerging athletes, placing an emphasis on fundamental sports skills and a general understanding of the game, all geared toward preparing them for organized team sports. We encourage active parent participation. Each session takes place once a week, and if you're interested in multiple days, you can register for additional sessions. Secure your spot by signing up early! Class locations may vary based on the session.

*No class 5/27, 7/3, 7/4, 9/2

Ninjas

DAYS	DATES	TIME	LOCATION
Mon	Feb. 26 - Mar. 25	4 - 4:45 p.m.	MSC, Dance Room
Mon	July 1 - 29	4 - 4:45 p.m.	MSC, Dance Room
Mon	Aug. 12 - Sept. 16	4 - 4:45 p.m.	MSC, Dance Room
Mon	Sept. 30 - Oct. 28	4 - 4:45 p.m.	MSC, Dance Room

Tee Ball

DAYS	DATES	TIME	LOCATION
Tues	Mar. 5 - Apr. 2	4 - 4:45 p.m.	MSC, Turf Field
Tues	Mar. 5 - Apr. 2	5 - 5:15 p.m.	MSC, Turf Field
Wed	May 22 - June 19	4 - 4:45 p.m.	MSC, Turf Field
Wed	May 22 - June 19	5 - 5:45 p.m.	MSC, Turf Field
Thurs	Aug. 15 - Sept. 12	4 - 4:45 p.m.	MSC, Turf Field
Thurs	Aug. 15 - Sept. 12	5 - 5:45 p.m.	MSC, Turf Field

Soccer

DAYS	DATES	TIME	LOCATION
Mon	Apr. 8 - May 6	4 - 4:45 p.m.	RCP, Soccer Field
Tues	Apr. 9 - May 7	4 - 4:45 p.m.	RCP, Soccer Field
Wed	Aug. 14 - Sept. 11	4 - 4:45 p.m.	RCP, Soccer Field
Wed	Aug. 14 - Sept. 11	5 - 5:45 p.m.	RCP, Soccer Field
Thurs	Sept. 26 - Oct. 24	4 - 4:45 p.m.	WRCP, Grass Area
Thurs	Sept. 26 - Oct. 24	5 - 5:45 p.m.	WRCP, Grass Area

Flag Football

DAYS	DATES	TIME	LOCATION
Wed	Mar. 6 - Apr. 3	4 - 4:45 p.m.	HLCP, Grass Area
Wed	Mar. 6 - Apr. 3	5 - 5:45 p.m.	HLCP, Grass Area
Tues	Aug. 13 - Sept. 10	4 - 4:45 p.m.	WRCP, Grass Area
Tues	Aug. 13 - Sept. 10	5 - 5:45 p.m.	WRCP, Grass Area

Basketball

DAYS	DATES	TIME	LOCATION
Thurs	Apr. 11 - May 9	4 - 4:45 p.m.	MSC, Gym
Thurs	Apr. 11 - May 9	5 - 5:45 p.m.	MSC, Gym
Mon	May 20 - June 24	4 - 4:45 p.m.	MSC, Gym
Thurs	May 23 - June 20	4 - 4:45 p.m.	MSC, Gym
Thurs	May 23 - June 20	5 - 5:45 p.m.	MSC, Gym
Tues	July 2 - 30	4 - 4:45 p.m.	MSC, Gym
Tues	July 2 - 30	5 - 5:45 p.m.	MSC, Gym
Tues	Oct. 1 - 29	4 - 4:45 p.m.	MSC, Gym
Tues	Oct. 1 - 29	5 - 5:45 p.m.	MSC, Gym

Track & Field

DAYS	DATES	TIME	LOCATION
Tues	May 21 - June 18	4 - 4:45 p.m.	SCP, Lower Bowl
Tues	May 21 - June 18	5 - 5:45 p.m.	SCP, Lower Bowl

Splash Pad Adventures

DAYS	DATES	TIME	LOCATION
Wed	June 26 - July 31	4 - 4:45 p.m.	SP, Grass Area
Wed	June 26 - July 31	5 - 5:45 p.m.	SP, Grass Area

Summer Olympic Games

DAYS	DATES	TIME	LOCATION
Thurs	June 27 - Aug. 1	4 - 4:45 p.m.	HLCP, Grass Area
Thurs	June 27 - Aug. 1	5 - 5:45 p.m.	HLCP, Grass Area

Street Hockey

DAYS	DATES	TIME	LOCATION
Wed	Sept. 25 - Oct. 23	4 - 4:45 p.m.	MSC, Street Hockey Rink
Wed	Sept. 25 - Oct. 23	5 - 5:45 p.m.	MSC, Street Hockey Rink

Location Key:

MSC: Mather Sports Complex
 RCP: Rosemont Community Park
 WRCP: White Rock Community Park
 HLCP: Heron Landing Community Park
 SCP: Stone Creek Community Park
 SP: Sunridge Park

Ages: 3 - 6

Fee: \$60/session

Activity: #3700

YOUTH



Gymnastics

With Turns n Tumble

Ages: 3 - 14

Does your child “tumble” around the house? Join this class to learn the proper form for cartwheels, somersaults, handstands and more! Your aspiring gymnast will develop balance and muscle strength, while benefiting from individualized instruction in this program. Attire: comfortable clothing.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
AGES 3 - 5				
3114	Tues	Ongoing	4:30 - 5:15 p.m.	\$48/month
AGES 5 - 14				
3115	Tues	Ongoing	3:45 - 4:30 p.m.	\$48/month
AGES 7 - 14				
3116	Tues	Ongoing	5:15 - 6 p.m.	\$48/month

*No class 3/26

Vision Soccer Training - Core Skills Soccer Clinics

With Vision Soccer Training Staff

Ages: 2 - 12

CRPD has teamed up with Vision Soccer Training to present top-tier soccer clinics in the Sacramento region, tailored for children ages 2-12 years old. These clinics are specially designed for specific age groups, ensuring optimal development. Vision Soccer Training employs dynamic, fast-paced activities and games to significantly enhance individual skill levels.

Location: Varies, See below

ACTIVITY	LEVEL	AGES	DAYS	TIME	FEE
35010	Toddler Ballers	2 - 3	Sat	9 - 9:40 a.m.	\$75
3501	Kinder Kickers	4 - 5	Sat	9:50 - 10:35 a.m.	\$75
3502	Juniors	6 - 8	Sat	10:40 - 11:25 a.m.	\$79
3503	Cadets	9 - 12	Sat	11:30 a.m. - 12:20 p.m.	\$79

SESSION	DATES	LOCATION
1	Mar. 2 - 23	Hagan Community Park
2	Apr. 6 - 27	Heron Landing Community Park
3	May 18 - June 15*	Rosemont Community Park
4	June 29 - July 27*	Independence Community Park
5	Aug. 10 - 31	Rosemont Community Park
6	Sept. 14 - Oct. 5	Heron Landing Community Park
7	Oct. 19 - Nov. 9	Heron Landing Community Park

*No class 5/25, 7/6

Vizion Cheer Classes

With Coach Carlisa James

Ages: 5 - 10

Discover the art of motions, cheer/chants, jumps, and stunts in this exhilarating class. Ideal for those new to cheerleading, aspiring to tryout for a cheer team, or those looking to join the Vizion competitive cheer team. We foster self-confidence, character, and technique, ensuring every child finds their place to belong.

Location: Mather Sports Center – Dance Studio

ACTIVITY	LEVEL	DAYS	DATES	TIME	FEE
3715	Intro	Tues	Mar. 5 - 26	6:30 - 7:30 p.m.	\$85
3715	Intro	Tues	Apr. 2 - 23	6:30 - 7:30 p.m.	\$85
3715	Intro	Tues	May 7 - 28	6:30 - 7:30 p.m.	\$85

Kingdom Taekwondo

With Master E.J. Harris

Ages: 3+

Enroll today and embark on a Taekwondo journey with The Kingdom Martial Arts. Our acclaimed program, designed to boost confidence and change lives, is open to all ages, starting from 3 years old and up. Participants not only acquire valuable self-defense skills but also cultivate discipline, all while having a blast! We can't wait to welcome you to our class soon!

Location: Mather Sports Center – Dance Room

ACTIVITY	DAYS	DATES	TIME	FEE
LITTLE DRAGONS: AGES 3 - 5				
3710	Tues & Thurs	Ongoing	4:45 - 5:15 p.m.	\$90/month
BEGINNER/ALL BELTS: AGES 6 - 14				
3708	Mon & Wed	Ongoing	5 - 6 p.m.	\$90/month
3709	Tues & Thurs	Ongoing	5:15 - 6:15 p.m.	\$90/month

Additional Fees: Dobok (Uniform): \$65; Belt Promotion (Optional): \$50 - \$75 based on belt

Kingdom Basketball

With Master E.J. Harris

Ages: 7 - 12

Elevate your game with Coach Harris, a former college basketball player, as he guides you through his skill-building, monthly instructional basketball classes. Our classes put a strong emphasis on honing the essential fundamentals of the game and preparing players for the upcoming Jr. NBA basketball season. Don't miss out on the opportunity - get in the game today with Coach Harris!

Location: Mather Sports Center – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
3701	Mon & Wed	Feb. 5 - 28	4:15 - 5 p.m.	\$100/session



Learn to Play: Tennis

With Coach KJ Song
Ages: 7 - 12

Grant Funded by the Sacramento Junior Tennis Fund

Is your child eager to experience tennis but hasn't had the chance due to financial constraints or other reasons? If your answer is 'yes,' this program is ideal for your child! It offers a safe, enriching, and supportive environment for trying out tennis, thanks to funding from the Sacramento Junior Tennis Fund. A small commitment fee is required, and upon completing the class, students receive their very own tennis racquet.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3301	Sat	Mar. 9 - Apr. 20*	10:45 - 11:45 a.m.	\$15
3301	Sat	May 11 - June 22*	10:45 - 11:45 a.m.	\$15
3301	Sat	July 13 - Aug. 17	10:45 - 11:45 a.m.	\$15
3301	Sat	Sept. 7 - Oct. 12	10:45 - 11:45 a.m.	\$15

*No class 3/30, 5/25

My First Tennis Lesson

With Coach KJ Song
Ages: 4 - 6

Join our 6-week program, with one class per week, where kids engage in enjoyable activities while mastering tennis fundamentals in a secure and nurturing setting. Our program utilizes 'right-sized' equipment, optimized for weight, length, speed, and size, to enhance learning and play for young participants. Some parent participation is encouraged.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3300	Sat	Mar. 9 - Apr. 20*	9:30 - 10:30 a.m.	\$65
3300	Sat	May 11 - June 22*	9:30 - 10:30 a.m.	\$65
3300	Sat	July 13 - Aug. 17	9:30 - 10:30 a.m.	\$65
3300	Sat	Sept. 7 - Oct. 12	9:30 - 10:30 a.m.	\$65

*No class 3/30, 5/25

Youth Tennis for Beginners

With Coach KJ Song
Ages: 6 - 8

During this 6-week program, children will learn basic tennis skills through participating in various trainings and fun games. There will be individual and team activities that will help kids develop personal and teamwork skills.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3796	Sun	Mar. 10 - Apr. 21*	9:15 - 10:15 a.m.	\$98
3796	Thurs	Mar. 14 - Apr. 18	5 - 6 p.m.	\$98
3796	Sun	May 12 - June 23*	9:15 - 10:15 a.m.	\$98
3796	Thurs	May 16 - June 20	5 - 6 p.m.	\$98
3796	Sun	July 14 - Aug. 18	9:15 - 10:15 a.m.	\$98
3796	Thurs	July 18 - Aug. 22	5 - 6 p.m.	\$98

*No class 3/31, 5/26

Youth Tennis for Intermediate Players

With Coach KJ Song
Ages: 7 - 13

Join our 6-week program to learn tennis fundamentals. Master basic skills, progress to advanced techniques, and gain a solid grasp of the game. Our coach evaluates your skill level in the first class, ensuring you're in the right course – whether intermediate or beginner.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3797	Sun	Mar. 10 - Apr. 21*	10:30 - 11:30 a.m.	\$100
3797	Thurs	Mar. 14 - Apr. 18	6:15 - 7:15 p.m.	\$100
3797	Sun	May 12 - June 23*	10:30 - 11:30 a.m.	\$100
3797	Thurs	May 16 - June 20	6:15 - 7:15 p.m.	\$100
3797	Sun	July 14 - Aug. 18	10:30 - 11:30 a.m.	\$100
3797	Thurs	July 18 - Aug. 22	6:15 - 7:15 p.m.	\$100

*No class 3/31, 5/26

Junior Tennis Clinics

With Coach Garth
Ages: 6 - 14

Learn and play tennis with Coach Garth, certified by PTR (Professional Tennis Registry). Perfect for new and intermediate players. Transition from Learn to Play Tennis or My First Tennis Lesson. Join one-hour skill classes on Tuesdays and/or one-hour skill plus one-hour match play on Saturdays. Suitable for all levels.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
BEGINNERS/INTERMEDIATE: AGES 6 - 14				
3302	Tues	Mar. 5 - Apr. 9	5:30 - 6:30 p.m.	\$65
3302	Tues	Sept. 3 - Oct. 8	5:30 - 6:30 p.m.	\$65
INTERMEDIATE: AGES 11 - 14				
3303	Sat	Mar. 9 - Apr. 20*	10:45 a.m. - 12:45 p.m.	\$90
3303	Sat	Sept. 7 - Oct. 12	10:45 a.m. - 12:45 p.m.	\$90

*No class 3/30

Junior Pickleball Lessons

Beginner and Intermediate

With Coach Garth
Ages: 6 - 14

Join Pickleball lessons with Coach Garth, a certified coach (Professional Pickleball Registry). These one-hour skill-based classes cater to both newcomers and intermediate players, focusing on essential pickleball fundamentals to prepare participants for future competition.

Location: Rosemont Community Park

ACTIVITY	DAYS	DATES	TIME	FEE
3315	Thurs	Mar. 7 - Apr. 18*	5:30 - 6:30 p.m.	\$70
3315	Thurs	May 9 - June 13	5:30 - 6:30 p.m.	\$70
3315	Thurs	Sept. 5 - Oct. 10	5:30 - 6:30 p.m.	\$70

*No class 3/28

YOUTH SPORTS CAMPS

Kingdom Basketball Spring Break Camp

With Coach E.J. Harris

Ages: 7 - 12

Get ready for an exhilarating basketball experience with Coach Harris, a former college basketball player! Join us for Coach Harris' Basketball Camp, where we'll immerse ourselves in the game's fundamental skills. Don't miss the excitement – jump into the game today with Coach Harris!

Location: Mather Sports Center – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
5725	Mon - Fri	Mar. 25 - 29	9 a.m. - Noon	\$150

Kingdom Basketball/Taekwondo Summer Camps

With Coach E.J. Harris

Ages: 7 - 12

Join Coach/Master Harris, a former college basketball player and accomplished taekwondo practitioner, for an exciting Summer Basketball and Taekwondo Camp! This camp offers a unique blend of fundamental basketball instruction along with elements of taekwondo martial arts. Dive into the action today with Coach/Master Harris! Optional camp shirts can be purchased directly from the instructor.

Location: Mather Sports Center – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
5725	Mon - Fri	June 17 - 21	9 a.m. - 1 p.m.	\$160
5725	Mon - Fri	July 8 - 12	9 a.m. - 1 p.m.	\$160
5725	Mon - Fri	July 15 - 19	9 a.m. - 1 p.m.	\$160
5725	Mon - Fri	July 29 - Aug. 2	9 a.m. - 1 p.m.	\$160

Spring & Summer Break Tennis Camp

With Coach Garth

Ages: 6 - 14

Join us for tennis and fun with Coach Garth, a level 1 PTR (Professional Tennis Registry) certified instructor! This camp is designed for tennis players with beginner to intermediate skills. If you've previously taken My First Tennis Lesson or Learn to Play Tennis, this camp is an ideal next step.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
5702	Mon - Fri	Mar. 25 - 29	9 a.m. - Noon	\$130
5702	Mon - Fri	June 10 - 14	9 a.m. - Noon	\$130
5702	Mon - Fri	June 24 - 28	9 a.m. - Noon	\$130



Cordova Jr. Lancers Camps

With Cordova High School Coaches

Ages: 8 - 16

Get ready for a thrilling and dynamic camp tailor-made for junior high school athletes and those gearing up for their junior high adventure. Our seasoned coaches from Cordova High School are eager to lead you through the fundamentals of volleyball, basketball, baseball, and soccer, ensuring an unforgettable experience filled with growth, teamwork, and loads of fun on the field, court, and pitch.

Location: Cordova High School

ACTIVITY	DAYS	DATES	TIME	FEE
7108	Mon - Fri	June 3 - 7	9 a.m. - Noon	\$150
7108	Mon - Fri	June 10 - 14	9 a.m. - Noon	\$150
7108	Mon - Fri	June 17 - 21	9 a.m. - Noon	\$150
7108	Mon - Fri	June 24 - 28	9 a.m. - Noon	\$150



WHERE ALL KIDS PLAY

We will help you find a sport your child will love!

The Rancho Cordova Athletic Association (RCAA) youth sports leagues are a great way for your child to stay physically active, learn the value of teamwork, make friends and have fun!

The RCAA leagues include softball and baseball, soccer, swimming, football, basketball and cheerleading!

Come be a part of our recreational leagues "Where All Kids Play"



RCATHLETICS.ORG

To Register
 Visit crpd.com/programs/camps
 or call 916-362-1704

ADULT SPORTS & FITNESS

Tai Chi

With Craig Townsend

Ages: 18+

Fee for 10-visit Punch Card: \$90 or \$10 drop in fee

Learn to focus on health, balance and the interior Qigong (Chi Kung) aspects of Tai Chi Chuan. Soft flowing movements will be taught designed for the various athletic and age levels of each student. Attire: comfortable loose clothing and flat-bottomed shoes.

Location: Mather Sports Center – Dance Studio

ACTIVITY	LEVEL	DAYS	DATES	TIME
2711	Beginner	Thurs	Ongoing	6 - 7 p.m.

Cheng Man Ching Short Form Tai Chi

With Sacramento Cheng Man Ching Tai Chi Chuan Group

Ages: 13+

Fee for 6-visit Punch Card: \$50 or \$10 drop in fee

We are a full Tai Chi curriculum school within the CMC tradition, teaching the 37 Movement short form, fixed and stepping push hands, two-man practice sets, Da Lu and San Shou. Attire: comfortable loose clothing and flat-bottomed shoes. Punch card can be used for either class.

Location: Hagan Community Center – Building #1

ACTIVITY	LEVEL	DAYS	DATES	TIME
2142	Short Form	Sat	Ongoing	8 - 8:55 a.m.
2152	All Levels	Sat	Ongoing	9 - 10:55 a.m.



Classes cover an introduction to the main rules of pickleball, developing foundational techniques for basic shots, including serves, groundstrokes, dinks, volleys, lobs, and overheads. Each class includes a conditioning warm-up, technique introduction and drills, a strategy exposure game, practice gameplay, and cool down.

Location: Eagle's Nest Park – Tennis Court

ACTIVITY	DAYS	DATES	TIME	FEE
3315	Wed	Mar. 6 - Apr. 17*	5:30 - 6:30 p.m.	\$70

*No class 3/27

Tennis for Adult and Senior Beginners

Ages: 18+

With Coach KJ Song

In the 6-week program, students will meet once weekly and learn the fundamentals of tennis. Players will learn basic tennis skills by understanding the important "ball-hit" principle. Participants will gain an understanding of tennis and the basic principles of the game.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
2797	Thurs	Mar. 14 - Apr. 18	3:45 - 4:45 p.m.	\$100
2797	Thurs	May 16 - June 20	3:45 - 4:45 p.m.	\$100
2797	Thurs	July 18 - Aug. 22	3:45 - 4:45 p.m.	\$100

Zumba for All Ages

With Margarita

Ages: 18+

Fee for 10-visit punch card: \$90 or \$10 drop in fee

Zumba is a popular fitness program that combines dance and exercise in a fun and energetic way. Zumba classes are designed for people of all ages and fitness levels. No dance experience is required.

Location: Mather Sports Center – Dance Studio

ACTIVITY	LEVEL	DAYS	DATES	TIME
2712	Beginner	Mon & Wed	Ongoing	6 - 7 p.m.

Friends Through Fitness

With Josie Glavich

Ages: 18+

This is an outdoor energetic and fun fitness class with strength training, cardio, core and flexibility. Instructor will provide a variety of different workouts each week in a friendly and positive atmosphere.

Location: Stone Creek Community Park – Amphitheater

ACTIVITY	DAYS	DATES	TIME	FEE
2532	Sat	Ongoing	9 - 10 a.m.	\$45/8-visit card
2532	Tues & Thurs	Ongoing	5:30 - 6:30 p.m.	\$45/8-visit card

Country Line Dance

With Toni

Ages: 18+

Fee for 4-visit Punch Card: \$24

Designed for beginners and accomplished dancers, this class covers a full range of skills and routines. Each week participants will learn and practice steps and dances from both classic styles and the latest, most popular dances.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME
2112	Mon	Ongoing	7 - 8:30 p.m.

Interested in Being an Instructor?

Please contact us at 916-369-9844 or customerservice@crpd.com



See page 34 for Senior Health & Fitness Classes

YOUTH SPORT LEAGUES

PEE WEE

Pee Wee Soccer League

Ages: 4 - 6

This engaging, instructional 4 v. 4 soccer league spans six action-packed weeks. Each week, teams will embark on a one-hour practice session tailored to the volunteer coach's schedule (Monday-Friday). The real excitement unfolds on Saturdays when these emerging soccer stars take to the field for exhilarating games.

Location: Mather Sports Complex – Synthetic Turf Soccer Fields

ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
7006	Jan. 28	Sat	Mar. 2 - Apr. 13*	10 a.m. - Noon	\$125**

Skills Clinic (Players and Coaches): February 3, 10 - 11 a.m.

*No game 3/30

**\$140 after registration deadline

NEW! Pee Wee Track & Field Club

Ages: 3 - 6

Participants gather once a week for practice and look forward to two exciting meets throughout the season. Our Track and Field events include running, hurdles, baton relay races, discus, javelin, and shot put. Our dedicated volunteer coaches help organize the meets and guide participants in mastering the fundamentals of each event within a safe, fun, and enriching environment.

Practice sessions are set for Wednesdays, with the meets also happening on Wednesdays. If you're passionate about nurturing young athletes and want to be part of our coaching team, reach out to us at 916-312-1493 or zraines@crpd.com.

Location: Stone Creek Community Park

ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
7007	Apr. 3	Sat	Apr. 17 - May 22	5 - 6 p.m.	\$125*

*\$140 after registration deadline

Volunteer Coaches

Attention passionate individuals! If you're prepared to positively impact young athletes and play a vital role in their development, we invite you to become a part of our coaching team. Your expertise is crucial in shaping the future of these emerging stars, and our leagues rely on dedicated volunteer coaches like you. Contact us at 916-312-1493 or email Zach at zraines@crpd.com to explore this fulfilling coaching opportunity. Let's work together to inspire the next generation of champions!



For league schedules and rules, please visit www.teamsideline.com/cordova

Jr. NBA Youth Basketball Leagues

Grades: Kindergarten - 5th Grade

Calling all players to shoot, score, and run in our Jr. NBA Coed Youth Basketball league. Enjoy 1 weekly practice and 6 games per season. Each team relies on two dedicated volunteer coaches/helpers, and practice times may vary based on coaches availability.

Location: Mather Sports Center – Gym and nearby school gyms or multipurpose rooms



SPRING 6 - GAME LEAGUE

ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
7002	Feb. 4	Sat	Mar. 2 - Apr. 13*	8 a.m. - 1 p.m.	\$135**

*No games 3/30

**\$140 after registration deadline

WINTER 6 - GAME LEAGUE

ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
7003	Oct. 6	Sat	Nov. 2 - Dec. 14*	8 a.m. - 1 p.m.	\$135**

*No games 11/30

**\$150 after registration deadline

NFL Youth Flag Football League

Grades: Kindergarten - 8th Grades



Our Coed and **New** Girls NFL Youth Flag Football League is ready for a touchdown, and we're eager to get more girls involved! Every participant, will receive an NFL Flag jersey, shorts, and a certificate of participation. Interested in coaching? Each team requires two dedicated volunteer coaches or helpers. Practices are 2 times a week and based on coach's availability.

Location: Heron Landing Community Park

SPRING 6 - GAME LEAGUE

Evaluation Day: Saturday, March 23, 1 - 4 p.m.

DIVISION	ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
Co-Ed	7400	Mar. 17	Sat	May 18 - June 29*	8 a.m. - 3 p.m.	\$135**
Girls	7400	Mar. 17	Sat	May 18 - June 29*	8 a.m. - 3 p.m.	\$135**

*No games 5/25

**\$150 after registration deadline

FALL 8 - GAME LEAGUE

Evaluation Day: Saturday, July 13, 9 - 11 a.m.

DIVISION	ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
Co-Ed	7400	July 7	Sat	Aug. 17 - Oct. 19*	8 a.m. - 3 p.m.	\$160**
Girls	7400	July 7	Sat	Aug. 17 - Oct. 19*	8 a.m. - 3 p.m.	\$160**

*No games 8/31

**\$175 after registration deadline

Girls Youth Volleyball League

Grades: 5th - 8th Grades



Our league builds essential skills like passing, setting, serving, and spiking. Each team enjoys one practice session per week and a guaranteed 8-game season. Practice schedules (day/time) vary based on the volunteer coach's availability and gym access.

Location: Mather Sports Center – Gym

SUMMER 8-GAME LEAGUE

Evaluation Day: Friday, April 5, 5:30 - 7:30 p.m.

ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
7101	Apr. 5	Tues	Apr. 30 - June 18	5:30 - 7:30 p.m.	\$130*

*\$145 after registration deadline

ADULT SPORT LEAGUES



For league information, registration packets, deadlines, schedules and scores please visit www.teamsideline.com/cordova

Adult Flag Football

Ages: 18+

Get ready to Hut, Hut, Hike to the Mather Sports Complex for CRPD's adult flag football league, featuring fun and competitive action on our all-weather synthetic turf field.

Location: Mather Sports Complex – Synthetic Turf Soccer Fields

ACTIVITY	SEASON	DAYS	TIME	FEE	REG. DEADLINE
8302	Spring	Wed	7 - 10 p.m.	\$475	Feb. 18
8302	Summer	Wed	7 - 10 p.m.	\$475	May 19
8302	Fall	Wed	7 - 10 p.m.	\$475	Aug. 18

Adult Volleyball

Ages: 18+

Bump, Set and Spike! Join us for our Women's and Coed Recreation volleyball leagues at the Mather Sports Center.

Location: Mather Sports Center – Gym

ACTIVITY	SEASON	DAYS	TIME	FEE	REG. DEADLINE
8303	Spring	Tues	7 - 10 p.m.	\$300	Feb. 18
8303	Fall	Tues	7 - 10 p.m.	\$300	Sept. 10
8303	Winter	Tues	7 - 10 p.m.	\$300	Oct. 29

Adult Softball

Ages: 18+

Join us at the Mather Sports Complex and step up to the plate in our popular adult softball leagues! We provide recreational, intermediate, and competitive options for Men and Coed teams. Secure your team's spot by signing up early, as our leagues fill up quickly. Additionally, each team is required to pay an annual \$30 USA Softball team insurance fee.

Location: Mather Sports Complex – Softball Complex

ACTIVITY	SEASON	DAYS	START DATE	TIME	FEE	REG. DEADLINE
8010	Spring	Mon - Fri	Mar. 4	6 - 10 p.m.	\$560*	Feb. 4
8010	Summer	Mon - Fri	May 13	6 - 10 p.m.	\$560*	Apr. 14
8010	Fall	Mon - Fri	July 29	6 - 10 p.m.	\$560*	June 30
8010	Winter	Mon - Fri	Oct. 7	6 - 10 p.m.	\$560*	Sept. 8
8010	2024 USA Softball Fee				\$30	

*\$585 after registration deadline

Adult Basketball 5 vs. 5

Ages: 18+

Fee: \$550

Ready to hit the court? Join our recreational 5 vs. 5 basketball league! It's perfect for teams seeking an enjoyable, and friendly playing environment. Your team is guaranteed seven games, and the top four teams in each division earn a spot in the playoffs.

Location: Mather Sports Center – Gym

ACTIVITY	SEASON	DAYS	TIME	FEE	REG. DEADLINE
8301	Spring/Men's	Mon	7-10 p.m.	\$550	Mar. 3
8301	Spring/Women's	Tues	7-10 p.m.	\$550	Mar. 3
8301	Summer/Men's	Mon	7-10 p.m.	\$550	June 2
8301	Summer/Women's	Tues	7-10 p.m.	\$550	June 2
8301	Fall/Men's	Mon	7-10 p.m.	\$550	Sept. 8
8301	Fall/Women's	Tues	7-10 p.m.	\$550	Sept. 8



NEW ADULT PICKLEBALL

Ages: 18+
Activity: 8500

Join us at the new pickleball courts at Rosemont Community Park! Dive into our self-officiated pickleball league, where teams of two engage in 8 league games, leading to exciting playoffs. The triumphant team earns championship t-shirts and the ultimate bragging rights.

Location: Rosemont Community Park – Pickleball Courts

SEASON	DAYS	TIME	FEE	REG. DEADLINE
Spring	Wed	6 - 8 p.m.	\$150	Feb. 25
Summer	Wed	6 - 8 p.m.	\$150	June 2
Fall	Wed	6 - 8 p.m.	\$150	Sept. 8

MATHER SPORTS COMPLEX



3755 Schriever Avenue, Mather | 916-362-1704

Monday - Friday: 12 - 9 p.m.

Saturday & Sunday: 8 a.m. - 6 p.m.

Rates

GOOD ALL DAY FOR ALL INDOOR AMENITIES

- \$6 drop-in
- \$3 Student drop-in. Student drop-in fee is for students 18 and younger. (Must show a valid school I.D. card)
- \$37/10-visit punch card (Expires one year after purchase date)
- \$3 Military (Must show valid military ID)

Memberships

To qualify for a group membership rate, at least 10 people from a business/organization/complex/association/etc. must initially sign up at the same time to establish the group. Once established, all persons associated with the group qualify for the group rate. Must show proof of association with the group or military (i.e. ID badge/card, Military I.D., business card, pay stub, etc.).

Individual
\$26/MO.

Groups/Military
\$21/MO.



Follow @mathersportscomplex

Drop-in basketball and volleyball hours are updated and posted on our Instagram page every Sunday

Indoor Amenities

- Indoor High School Basketball Court with 2 Cross Courts
- Indoor Main Volleyball Court with 3 Cross Courts
- 3 Racquetball Courts
- 2 Weight Rooms and 1 Cardio Room
- Dance Studio
- Daily Use Lockers

Outdoor Amenities

- 3 Synthetic Turf Softball/Baseball Fields
- 2 Synthetic Turf Soccer/Multi-Use Fields
- 1 Natural Grass Baseball Field
- Skate Park
- Children's Playground
- Pétanque Courts
- Picnic Areas

Plaza Skate Park

Open sunrise to sunset for skateboards, bike riders, inline skaters, roller skaters and scooters alike the skate park is available for rent hourly or daily you can host large competitive or recreational competitions. **For rental inquiries please visit <https://crpd.com/rentals/rent-a-field>.**

Sports & Leagues

To access league details, kindly visit www.crp.com or refer to pages 20 for Youth Sports and Pee Wee leagues and page 21 for Adult Sport leagues. **For game schedules, rules, and standings, please visit www.teamsideline.com/cordova.**

Events & Tournaments

Mather Sports Complex is a regional sports destination with synthetic turf sports fields, a full-size basketball gym, cardio and weight rooms, racquetball courts, a dance studio and a natural turf baseball field available to rent. **Visit crpd.com/rentals/rent-a-field for rental information.**

Pétanque (pay-tonk) Courts & Club

Similar to bocce ball, pétanque is a form of boules, where the goal is to throw a hollow metal ball as close as possible to a small wooden ball called a cochonnet or jack. Local clubs Sactown Petanque and Club Francais De Sacramento meet at the Mather Sports Complex regularly. Club Francais meets officially every Thursday and Sunday at 1 p.m. (10 a.m. during June - Sept.) Both clubs host competitive and casual pétanque tournaments at least once a month, among other social events. **For more information, visit www.sactownpetanque.com or email clubfrancaisdescaramento@gmail.com**



GOLF COURSE



Cordova
GOLF COURSE

9425 Jackson Road, Sacramento, CA | 916-362-1196
www.cordovagc.com | Daily • Sunrise - Sunset



Book Your Tee Time at
www.cordovagc.com

Green Fees & Rates

18-HOLE FEE

MON-FRI	FEE	WEEKENDS/HOLIDAYS	FEE
Regular	\$26	Regular	\$31
Seniors, Vets, First Responders	\$22	Seniors, Vets, First Responders	\$27
Twilight (after 3 p.m.)	\$17	Twilight (after 3 p.m.)	\$22
Last Light (2 hrs before sunset)	\$11	Last Light (2 hrs before sunset)	\$11
Junior (15 & Under)	\$15	Junior (15 & Under)	\$15
		Youth on Course	\$5

9-HOLE FEE

MON-FRI	FEE	WEEKENDS/HOLIDAYS	FEE
Regular	\$17	Regular	\$19
Twilight (after 3 p.m.)	\$15	Twilight (after 3 p.m.)	\$17
Last Light (2 hrs before sunset)	\$11	Last Light (2 hrs before sunset)	\$11
Junior (15 & Under)	\$10	Junior (15 & Under)	\$10
		Youth on Course	\$3

RENTAL RATES

9-HOLE	FEE	18-HOLE	FEE
Power Cart	\$11 per rider	Power Cart	\$16 per rider
Push Cart	\$6	Push Cart	\$8
Golf Clubs	\$6	Golf Clubs	\$11

DRIVING RANGE

BUCKET	FEE
Large Bucket (110 balls)	\$12
Medium Bucket (75 balls)	\$10
Small Bucket (30 balls)	\$5
Range Key Deposit	\$5



916-822-4176

Catering, Business Lunches, Craft Beers on Tap!



Follow @cordovagolfcourse
on Instagram & Facebook

Tournaments

Groups and individuals interested in scheduling a tournament can make reservations by calling the Pro Shop at 916-362-1196.

LESSONS & CLINICS

Private Golf Lessons



Whether you're a beginner or an avid golfer, you are invited to participate in golf lessons at Cordova Golf Course. We can help you learn to play or significantly improve your game. Our Professional Golf Instructors customize instruction tailored to your skill level and will help you achieve your personal goals.

Adult Lessons (Ages 18+)

With Jack Rovane, PGA	With Denise Fass, PGA	With Don Levin, Instructor
30-Minutes	30-Minutes 1 Hour	1 Hour
\$50	\$50 \$100	\$100

Junior Lessons (Ages 6-17)

With Jack Rovane, PGA	With Denise Fass, PGA	With Don Levin, Instructor
30-Minutes	30-Minutes 1 Hour	30-Minutes
\$40	\$40 \$80	\$40

Youth On Course



Golf teaches important social, mental and physical skills. Providing youth with access to affordable golf is key to these endless learning opportunities. Youth On Course members can play golf for \$5 or less! For more information or to register your child, please visit www.youthoncourse.org.

Mon-Fri Hours	Sat-Sun Hours	Fee
After 11 a.m.	After Noon	\$5 for 18 holes*
After 11 a.m.	After Noon	\$3 for 9 holes*

*Price available for active members only.

Golf Clinics

First Tee Junior Clinics



With Jack Rovane, PGA

As a proud member of the First Tee of Greater Sacramento, we offer Junior Golf Clinics to both novice and experienced young golfers. Instruction focuses on golf fundamentals, promotes positive self-esteem, sportsmanship and healthy habits. Golfers are introduced to the First Tee Nine Core Values, which represent some of the many inherently positive values connected to the game of golf. These are incorporated throughout the program and parents are encouraged to reinforce these behaviors outside the course. Our PGA Professional Instructor, Jack Rovane, and his staff are passionate about the game and excited to teach a new generation of golfers.

AGES	DAYS	DATES	TIME	FEE
6 - 18	1st & 3rd Sat every month	Ongoing*	10 - 11 a.m.	\$15/player, per day

*Subject to weather conditions. During periods of wet weather, visit [Facebook.com/cordovagolcourse](https://www.facebook.com/cordovagolcourse) or call 916-362-1196 (option 1) one hour prior to class for updates on weather conditions and course closure.



Instructional Series

With Denise Fass, PGA

Fine-tune your swing, enhance your shot-making, learn golf strategy (and more!) with our instructional program series. Whether you're new to golf or looking for a competitive edge, Coach Denise offers a wide spectrum of instructional packages for golfers of all ages and abilities. Choose a private lesson series or grab some friends and start a group series!

Junior Series

2.5 Series (150 min.)
\$250

Adult Series

5 Series (300 min.)
\$450

Junior Groups

SERIES	GOLFERS	FEE
2.5 Series (150 min.)	1-3 Golfers	\$75/Golfer
2.5 Series (150 min.)	4-6 Golfers	\$65/Golfer

Adult Groups

SERIES	GOLFERS	FEE
5 Series (300 min.)	2 Golfers	\$275/Golfer
5 Series (300 min.)	3 Golfers	\$250/Golfer
5 Series (300 min.)	4 Golfers	\$225/Golfer

Operation 36



With Denise Fass, PGA

Learning to play golf can be an overwhelming and frustrating experience without a clear plan! Operation 36 provides beginners with the most effective developmental programs and technology to learn the game of golf. Become a skilled golfer with Coach Denise and follow the motivating roadmap to shooting Par (36) and better for 9 holes!

AGES	DAYS	DATES	FEE
6-Adult	Ongoing	Year-Round	\$360/session

Questions?

For more information regarding lessons and instructor availability, please contact the Pro Shop at 916-362-1196 or email our team at cordovagc@crpd.com.

ARTS & ENRICHMENT

REGISTRATION FOR 2023-24
OPENS MARCH 25!



Our preschool program is full STEAM ahead! STEAM includes the subjects of science, technology, engineering, art and math. Our program prepares your little learners with hands-on activities that encourage collaboration, critical thinking and creativity.

Contact 916-369-9844 or email Courtney at constot@crpd.com for more information or to register.

Requirements:

- Birth certificate and immunization records for new students
- Children must be potty trained and 3 on or before Sept. 1, 2024, for Micro Class
- Children must be potty trained and 4 on or before Sept. 1 2024, for Mega Class

Location: Hagan Community Center – Building 3

ACTIVITY	CLASS	DAYS	DATES	TIME
3162	Mega	Mon, Wed, Fri	Sept. 4 - May 9	9 a.m. - Noon
3163	Micro	Tues & Thurs	Sept. 3 - May 8	9 a.m. - Noon

*Plus \$55 registration fee

FEE: MEGA: \$330/mo | MICRO: \$236/mo

Cordova STEAM Play!

Ages: 3-5

STEAM Play is our summer program for preschoolers that combines play, exercise and STEAM activities. This program is perfect for littles to make new friends, explore their world, learn socialization skills and have fun. Children must be potty trained and 3 years old on or before Sept. 1, 2024.

Location: Hagan Community Center – Building 3

ACTIVITY	WEEK	DAYS	DATES	TIME	FEE
3162	1	Mon - Thurs	June 3 - 13	9 a.m. - Noon	\$240
3162	2	Mon - Thurs	June 17 - 27	9 a.m. - Noon	\$240

Cordova STEAM Open House

Open House is our orientation night to learn more about Cordova STEAM Preschool and your chance to ask the teacher and program supervisors any questions you have about the program. Please note that the Open House is for grown-ups only, students will have their chance to see the classroom and meet the teacher at our Meet the Teacher days.

Location: Hagan Community Center – Building 3

DAYS	DATES	TIME	FEE
Thurs	Aug. 22	6 - 7 p.m.	Free

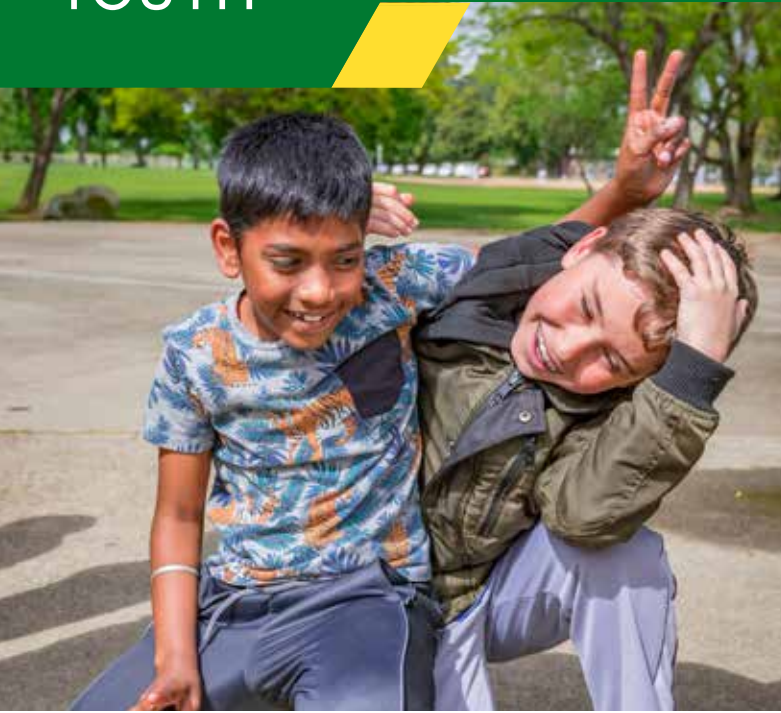
Meet the Teacher

Registered students are invited to see their classroom and meet their teachers. The classroom will be open for 2 hours this day. Please stop by anytime during this window for a short visit. Grown-ups must stay with their students.

Location: Hagan Community Center – Building 3

CLASS	DAYS	DATES	TIME	FEE
Mega	Wed	Aug. 28	9:30 - 11:30 a.m.	Free
Micro	Thurs	Aug. 29	9:30 - 11:30 a.m.	Free





Baby Ballet

With Turns n Tumble

Ages: 18 mo - 3

Ballet is the foundation for many dances, so why not get an early start? Baby Ballet trains your little one in the fundamentals through well-known nursery rhymes!

Location: Hagan Community Center

ACTIVITY	DAYS	DATES	TIME	FEE
3124	Wed	Ongoing	3:45 - 4:15 p.m.	\$48/month*

*Spring ballet recital: 4/24; Fall ballet recital: 8/28. \$5 instructor fee to participate.

Pre-Ballet

With Turns n Tumble

Ages: 3 - 5

In Pre-Ballet, your blooming dancer will learn proper ballet technique and terms in a fun and rewarding atmosphere. Attire: black leotard, pink footless tights, pink leather ballet slippers or bare feet, and/or white shirt, black shorts and black leather ballet slippers or bare feet.

Location: Hagan Community Center

ACTIVITY	DAYS	DATES	TIME	FEE
3125	Wed	Ongoing	4:15 - 5 p.m.	\$48/month*

*Spring ballet recital: 4/24; Fall ballet recital: 8/28. \$5 instructor fee to participate.

Ballet 1

With Turns n Tumble

Ages: 6 - 14

Dancers will learn turns, leaps and jumps as they develop personal artistry, while enhancing their physical coordination. Attire: black leotard, pink or flesh-tone footless tights, flesh-tone leather ballet slippers or bare feet, and/or white shirt, black shorts and black leather ballet shoes or bare feet. No tutus or skirts allowed.

Location: Hagan Community Center

ACTIVITY	DAYS	DATES	TIME	FEE
3126	Wed	Ongoing	5 - 5:45 p.m.	\$48/month*

*Spring ballet recital: 4/24; Fall ballet recital: 8/28. \$5 instructor fee to participate.

Zumbini®

With Stephanie

Ages: 2 months - 4 (Parent participation required)

Created by Zumba® and BabyFirst, the Zumbini® parent and child program combines music, dance and educational tools for 45 minutes of can't stop-won't stop bonding, learning and fun!

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
3141	Thurs	Ongoing	10 - 10:45 a.m.	\$40/month

Location: Rosemont Community Park

ACTIVITY	DAYS	DATES	TIME	FEE
3641.02	Fri	Feb. 2 - 23	4:30 - 5:15 p.m.	\$40/month
3641.03	Fri	Mar. 1 - 22	4:30 - 5:15 p.m.	\$40/month
3641.04	Fri	Apr. 5 - 26	4:30 - 5:15 p.m.	\$40/month

Cupcakes Birthday Party

With CRPD Staff

Ages: 5 - 12

Families are invited to visit the Hagan Community Barn to celebrate the birthday of our Provence Donkey, Cupcake. Participants can tour the barn, create arts and crafts, and enjoy a special birthday treat in Cupcake's honor.

Location: Rosemont Community Park

ACTIVITY	DAYS	DATES	TIME	FEE
623.8	Sat	Apr. 20	10 a.m. - Noon	\$5

Barn Tours

With CRPD Staff

Weather permitting, our educational Barn is open for tours! Staff will introduce you to our animals and share a brief history about each one. Bring a picnic and enjoy your lunch at nearby picnic tables in the park.

DAYS	DATES	TIME	FEE
Sat*	Ongoing	10 a.m. - Noon	\$5/family**, cash only

*Tours do not take place on holidays or in the rain

**Family = 1 - 4 people

Story Walk with Brownie

Ages: 5 - 12

Families are invited to visit the Hagan Community Barn to walk with our Pygmy Goat, Brownie, hear a nature story, learn about the Barn's farm friends and take a scavenger hunt.

ACTIVITY	DAYS	DATES	TIME	FEE
623.3	Fri	Mar. 8	4 - 5 p.m.	\$5/person
623.4	Fri	Apr. 12	5 - 6 p.m.	\$5/person
623.5	Fri	Sept. 13	5 - 6 p.m.	\$5/person



Camp Cordova

Camp Cordova Imagine That!

With CRPD Staff

Ages: 8 - 12

Activity: 5200

Fee: \$210/week

This camp fuses technology, art and science by exploring scientific connections and inspiring art creations through weekly themes. Campers will investigate daily projects, enjoy outdoor games and design creations that will awaken STEAM imaginations!

Location: White Rock Community Clubhouse

DAYS	DATES	THEME
Tues - Fri	May 28 - 31*	Animal Adventures
Mon - Fri	June 3 - 7	Treasure Island
Mon - Fri	June 10 - 14	Going Green
Mon - Fri	June 17 - 21	To Infinity and Beyond
Mon - Fri	June 24 - 28	Food Frenzy
Mon - Wed	July 1 - 3**	Party in the USA
Mon - Fri	July 8 - 12	Frozen in Time
Mon - Fri	July 15 - 19	Water World
Mon - Fri	July 22 - 26	Summer Spy School
Mon - Fri	July 29 - August 2	Sports O'Rama

*Fee: \$170. No camp May 27

**Fee: \$130. No camp July 4 & 5

Camp Cordova Original

With CRPD Staff

Ages: 6 - 12

Activity: 5100

Fee: \$185/week

Campers will enjoy a summer filled with weekly themes and fun outdoor adventures! Our staff will lead activities such as arts and crafts, sports, games, score-based activities and most importantly, endless fun. Weekly fieldtrips and swim days are included in the weekly camp fees.

Location: Hagan Community Park & Center

DAYS	DATES	THEME
Tues - Fri	May 28 - 31*	Animal Adventures
Mon - Fri	June 3 - 7	Treasure Island
Mon - Fri	June 10 - 14	Going Green
Mon - Fri	June 17 - 21	To Infinity and Beyond
Mon - Fri	June 24 - 28	Food Frenzy
Mon - Fri	July 8 - 12	Frozen in Time
Mon - Fri	July 15 - 19	Water World
Mon - Fri	July 22 - 26	Summer Spy School
Mon - Fri	July 29 - August 2	Sports O'Rama

*Fee: \$150. No Camp May 27

Cooking with Kids

With Little Chefs World

Ages: 4 - 18

A variety of culinary skills, as well as kitchen and food safety tips are incorporated into each class. Students will create a meal or entrée to enjoy in class or share with friends and family. New menus introduced each session. **Safety Guidelines: Tie up long hair. No open toed shoes.**
Class Note: Due to nut allergies, no nuts are used in any recipes. However, the center is not a nut free facility.

Location: Neil Orchard Senior Activities Center

ACTIVITY	DAYS	MONTH	TIME	FEE
9900	Wed	June	4 - 5 p.m.	\$65*
9900	Wed	July	4 - 5 p.m.	\$65*
9900	Wed	August	4 - 5 p.m.	\$65*

*Additional \$55 material fee due to Instructor on first day of each session.

Total class cost is \$120

AGES 6-12

Camp Cordova

SPRING BREAK

WITH CRPD STAFF

MARCH 25-29

HAGAN COMMUNITY CENTER

Have your campers spring into action during break! Campers will enjoy a fun week filled with games and crafts as well as nature activities, science and cooking projects! This is a 5-day camp.

ACTIVITY	DAYS	TIME	FEE
515.1	Mon - Fri	8 a.m. - 5 p.m.	\$175/session

TEEN PROGRAMS



LOCATION

2197 Chase Drive, Rancho Cordova
Mon-Fri | 3-6 p.m. | Follows the FCUSD calendar

You do not have to be a member of the HYDE Out program to participate in HYDE Out events.



FOLLOW US! @thehydeoutcrpd

The HYDE Out After-School Program 2024-25

Ages: 6th - 10th Grade
Fee: \$58/School year

Looking for a place for your teen to hang after school? The HYDE Out offers a comfortable space for local teens to develop skills, discover new talents and meet new friends. The HYDE Out is located within walking distance from Mills Middle School and transportation is provided from Mitchell Middle School (limiting seating available).

For more information visit www.crpdc.com/programs/teens/ or contact Courtney at constot@crpd.com or 916-369-9844.

Register at Hagan Community Center

DAYS	DATES	TIME
Mon-Fri	Aug. 12 - May 16*	3 - 6 p.m.

*Excludes holidays

Teen Late Nights

With CRPD Staff

Ages: 6th - 10th grade

Fee: \$5/HYDE Out members, \$10/non-members

Join us for our monthly Teen Late Night! Activity includes dinner, themed activities and much more!

ACTIVITY	DAYS	DATES	TIME	THEME
3171	Fri	Mar. 15	6 - 9 p.m.	Superheroes

Babysitter Training

With CRPD Staff

Ages: 6th - 12th grade

This American Red Cross class will prepare you to become one of the most capable, trusted and in-demand sitters in your neighborhood. In fact, 8 in 10 surveyed parents said they would pay more for a trained babysitter who holds Red Cross babysitting certifications. Start your babysitting business on the right foot and learn how to be a safe, professional and reliable sitter. This training will provide a Babysitters Training and Pediatric First Aid Certification.

ACTIVITY	DAYS	DATES	TIME	FEE
3151	Sat	Aug. 17	9 a.m. - 5 p.m.	\$88

**THE HYDE OUT
END OF SCHOOL YEAR
CELEBRATION
Bash!**

GRADES:
5TH-10TH

CORDOVA COMMUNITY POOL

Cool off and celebrate the end of the school year at the Cordova Community Pool! Event includes pizza, games, music and full access to the Cordova Community Pool.

ACTIVITY	DAYS	DATES	TIME	FEE
3171.05	Fri	May 10	5 - 8 p.m.	\$10 Member/\$15 Non-Member



Teen Adventure Group (TAG)

The TAG program is comprised of 6th-12th graders who will work with CRPD staff to host outdoor community events and participate in various nature trips. TAG members will learn how to plan and execute events, participate in mentoring and career workshops and will have the opportunity to address youth and teen related issues pertaining to services and safe spaces. Staff will work with teens to develop positive life and decision-making skills, while learning to effect change through cultivation of leadership qualities by connecting with the community. TAG members will have opportunities for biking, hiking, kayaking, camping and creating long lasting memories through outdoor adventures!

Who Can Apply for TAG?

- ▶ Middle or high school students who go to school or reside within CRPD boundaries
- ▶ Applications will be accepted throughout the year. Teens interested in attending the end of summer camping trip must meet attendance requirements; TAG members must attend at least three (3) meetings and two (2) special events.

Tag Meetings

Meeting Date/Time: Second Thursday of each month from 6 - 7:30 p.m.
Location: Neil Orchard Senior Activities Center, 3480 Routier Rd, Sacramento
 Additional workshops and meetings are scheduled throughout the year for TAG members and include other locations.

This program funded by the Outdoor Equity Grants Program, created through AB 209 and administered by California State Parks, Office of Grants and Local Services.

Multi-Generational Outdoor Adventures

With TAG and CRPD Staff
 Ages: All
 TAG members will lead hikers on basic hikes in an outdoor nature setting.

Marshall Gold Discover State Historic Park

Explore the museums, Sutter's sawmill and take in the beauty of El Dorado Hills, all while learning about the site of the event that led to the greatest mass movement of people in the Western Hemisphere!
Lunch and snack will be included. Activity Level: Moderate

Location: Meet at Neil Orchard Senior Activities Center

ACTIVITY	DAYS	DATES	TIME	FEE
9002	Sat	May 11	8:30 a.m. - 3:30 p.m.	\$20

Calaveras Big Trees State Park

Explore the trails leading through groves and surrounding meadows at Calaveras Big Trees State Park. Established in 1931, the park offers beautiful views of giant Sequoias, the Stanislaus River and ancient volcanic formations!
Lunch and snack will be included. Activity Level: Moderate

Location: Meet at Neil Orchard Senior Activities Center

ACTIVITY	DAYS	DATES	TIME	FEE
9002	Sat	Aug. 3	7:30 a.m. - 5:30 p.m.	\$20

Teen Outdoor Adventures

With CRPD Staff
 Ages: 11 - 18
 Fee: \$10 non-TAG Members | Free for TAG Members

Teens will have a blast visiting new places and experiencing exciting adventures. Join us and explore nature, learn new skills and become a steward of the local environment. All equipment is provided.

Location: Meet at Neil Orchard Senior Activities Center

ACTIVITY	DAYS	DATES	TIME	TRIP
9002	Sun	Mar. 24	10 a.m. - Noon	Creek Clean Up
9002	Sat	Apr. 13	9:45 a.m. - 1:30 p.m.	Granite Arch Rock Climbing
9002	Sat	May 11	8:30 a.m. - 3:30 p.m.	Marshall Gold Discovery Site
9002	Fri	July 26	9 a.m. - 1 p.m.	Kayaking
9002	Sat	Aug. 3	7:30 a.m. - 5:30 p.m.	Calaveras Big Trees

Bike Lab Workshops

With Bike Lab Staff
 Ages: 11 - 18
 Fee: FREE

Join Bike Lab to learn how to repair and maintain your bike. Enjoy a guided group bike ride after each workshop.

ACTIVITY	DAYS	DATES	TIME	LOCATION
9002	Sat	Mar. 23	11 a.m. - 1 p.m.	Hagan Community Park
9002	Sat	Apr. 20	10 a.m. - 1 p.m.	Soil Barn Farms
9002	Sat	July 13	10 a.m. - 1 p.m.	Rosemont Community Park
9002	Sat	Sept. 14	10 a.m. - Noon	Hagan Community Park

End of Summer Camping Trip – Sugar Pine Reservoir

With CRPD Staff
 Ages: 11 - 17

Enjoy self-discovery through camping at Sugar Pine Reservoir during a 3-day, 2-night trip. TAG members must attend at least three meetings and two TAG events prior to attending the camping trip.

Location: Meet at Neil Orchard Senior Activities Center at 8 a.m.

ACTIVITY	DAYS	DATES
9002	Tues - Thurs	June 25 - 27

TEEN OUTDOOR ADVENTURE Summer Camp

7/8-7/12

With Bike Lab Staff
 Ages: 11 - 18
 Fee: \$10 non-TAG Members | Free for TAG Members

Teens will experience new activities, visit new places and learn new skills in this one-week summer camp!

Location: Meet daily at Lincoln Village Community Park

ACTIVITY	DAYS	TIME	SPECIAL DAILY ACTIVITIES
9002	Mon	8:30 a.m. - 3:30 p.m.	Bicycle ABC's and Nature Hike
9002	Tues	8:30 a.m. - 3:30 p.m.	Bike Ride Along the River
9002	Wed	8:30 a.m. - 3:30 p.m.	Build a Bike
9002	Thurs	8:30 a.m. - 3:30 p.m.	Bike Skills at the Pump Track
9002	Fri	8:30 a.m. - 3:30 p.m.	Pool Party

TRIPS & EXCURSIONS

Collette Trips

All rates include roundtrip transfer to airport, roundtrip air, air taxes and fees/surcharges, and hotel transfers. Please contact Lara Nall at 916-366-3133 for more information.

America's Music Cities

Highlights: French Quarter, Jazz Revue, Grammy Museum, Graceland, Civil Rights Tour, Ryman Auditorium, Grand Ole Opry Show, Country Music Hall of Fame, Historic RCA Studio B, Choice on Tour: Goo Goo Cluster Candy or Johnny Cash Museum.

ACTIVITY	DATE	FEE
9006	Sept. 29 - Oct. 6	Single \$4,899; Double \$3,999; Triple \$3,949

*Prices good until March 29

Reflections of Italy

Highlights: Rome, Vatican Museums, Sistine Chapel, St. Peter's Basilica, Assisi, Perugia, Cortona, Florence, Michelangelo's David, Chianti Winery & Cooking Class, Venice, Murano Island, Lake Como.

ACTIVITY	DATE	FEE
9006	Oct. 16 - 25	Single \$5,499; Double \$4,699; Triple \$4,669

*Prices good until April 17

Spotlight on San Antonio Holiday

Highlights: Mission San José, The Alamo, El Mercado, Fredericksburg, National Museum of the Pacific War, Choice on Tour, Historic Pearl District, Paseo del Rio Cruise.

ACTIVITY	DATE	FEE
9006	Dec. 5 - 9	Single \$2,399; Double \$1,999; Triple \$1,969

*Prices good until June 5

Cultural Treasures of Japan

Highlights: Tokyo, Asakusa Sensoji Shrine, Ginza, Tea Ceremony, Hakone, Lake Ashi Cruise, Matsumoto Castle, Takayama, Sake Tasting and Hida Beef Dinner, Shirakawa-go, Kanazawa, Kyoto, Bullet Train, Hiroshima, Kaiseki Dinner & Maiko Show.

ACTIVITY	DATE	FEE
9006	Mar. 9 - 22	Single \$8,299; Double \$6,999

*Prices good until August 10

See page 35 for FREE Informational Presentations!



Get Up N' Go Motorcoach Trips

- All trips include roundtrip charter bus transportation with on-board restroom from the Neil Orchard Senior Activities Center, driver gratuity and refreshments on the bus
- Seating is assigned by staff. If special accommodations are needed, please contact Laura Nall at 916-366-3133 or lnall@crpd.com
- Minors must be accompanied by a paying adult
- Charter bus can accommodate wheelchair and walkers, participants in wheelchairs must provide at least 30 days advance noticed to ensure a bus with a wheelchair lift is reserved (walkers will be stored under the bus during travel)

Cheese Farm Tour, Tasting & Shopping

Join us for a day on the farm as we tour a Petaluma cheese farm. Meet the cows, goats and the farmers who care for them. Shop locally made lotions and soaps, and taste the cheeses freshly made at the farm! Lunch will be included.

ACTIVITY	DAYS	DATE	FEE
9001	Tues	March 19	\$125

Cherry Blossom Festival

The Northern California Cherry Blossom Festival®, is one of California's most prominent celebrations of Asian traditions and the largest Cherry Blossom Festival on the West Coast. All are welcome to join in the festivities as we celebrate Japanese and Japanese American culture in Japantown, San Francisco.

ACTIVITY	DAYS	DATE	FEE
9001	Sun	April 14	\$75

Spring Mystery Trip

Where are we going? It's a mystery! What are we doing? It's a mystery! What's not a mystery is that we'll have a grand time with surprises and a delicious meal before we head home!

ACTIVITY	DAYS	DATE	FEE
9001	Thurs	May 23	\$150

Craig Smith San Francisco Tour

Spend the day exploring the "All That's New in SF" with your tour guide, Craig Smith. His knowledge and "inside" information makes this tour fun as well as factual. Get the "scoop" on the new sights of the City.

ACTIVITY	DAYS	DATE	FEE
9001	Tues	June 18	\$125

Activity level for all trips: Moderate, will need to be able to step up into a tour wagon.

SENIOR & ACTIVE ADULTS ACTIVITIES



NEIL ORCHARD SENIOR ACTIVITIES CENTER

MEMBERSHIP

CRPD offers a wide variety of fun and educational activities for active adults and seniors throughout the District. For a membership fee of just \$10 per year, active seniors will receive discounts on classes and events, monthly newsletters, and more. Non-Member cost: \$5 more per class and \$1 drop in fee for ongoing activities at the Neil Orchard Senior Activities Center.

For more information call 916-366-3133. Membership is not required to participate in any CRPD activities.

We are Silver & Fit and Active & Fit

The Silver&Fit and Active&Fit program is an exercise and healthy program specifically designed for adults ages 65+ who want to improve their quality of life through exercise and fun. Members of participating health plans may qualify for free or discounted fitness classes. Check with your insurance carrier to see if you are eligible. Virtual classes are not available.

AWARD WINNING PROGRAM

Green Thumb Lunch

Fee: \$5 in advance, \$6/person at the door

Meals include a soup with either a salad or sandwich and baked good. Please RSVP no later than the day before you plan to attend.

ACTIVITY	DAYS	DATE	TIME
9102	Wed & Fri	Weekly	11:30 a.m.

On-Going Member Activities

(Non-members pay \$1 drop-in fee per activity)

Activity	Days	Time
Library & Lounge	Daily	7:30 a.m. - Close
Jigsaw Puzzle Swap	Daily	7:30 a.m. - Close
Billiards	Daily	7:30 a.m. - Close
Bingo	Wed/Fri	Noon - 2 p.m.
Hand & Foot*	Thurs	12:30 - 4:30 p.m.
Cordova Garden Club	1st Wed	10:30 a.m.
Senior Sewing Group	1st & 3rd Mon	1 - 4 p.m.
Knit & Crochet Group	Tues	9:30 - 11:30 a.m.
Independence Artists	Tues	9:30 - 11:30 a.m.
Walking Group	Mon/Wed/Fri	Call for Times

*Must call to RSVP before attending card groups



Holiday Closures: July 1-5



**All classes held at
Neil Orchard Senior
Activities Center**

Creative Card Making with Judy

With Judy Pinner

Ages: 50+

Monthly Fee: \$20/Members, \$25/Non-Members

Join us for a fun-filled session of creativity, connection, and card making! Bring your imagination and leave with a collection of personalized cards ready to share with family and friends. No prior experience is required, and all materials will be provided. \$10 material fee due at the beginning of each month.

ACTIVITY	DAYS	DATES	TIME
9045	1st & 3rd Wed	Monthly	9:30 - 10:30 a.m.

Knitting & Crochet

Ages: 50+

Fee: Free for members

A social group for participants to work on their knitting and crochet projects in a relaxed, self-guided setting. No instructor, bring your own materials.

ACTIVITY	DAYS	DATES	TIME
9041	Tues	Ongoing	9 - 11 a.m.

Senior Sewing Group

Ages: 50+

Fee: Free for members

Enjoy a rewarding journey of creating fabrics in an open studio format. No instructor! Just like-minded people coming together to create and share their experiences and knowledge through artistic endeavors. Bring your own supplies.

ACTIVITY	DAYS	DATES	TIME
9042	1st & 3rd Mon	Ongoing	1 - 4 p.m.

Beginning Clay Techniques

With Andrea Medina

Ages: 50+

Fee for a 10-visit Punch Card: \$40/Members, \$45/Non-Members

Learn a wide range of basic clay techniques including hand-building, forming, construction, surface treatment and decorating and glazing. Students will take home at least one finished piece at the end of their punch card. \$30 material fee due with a new punch card.

ACTIVITY	DAYS	DATES	TIME
9043	Fri	Ongoing	Noon - 2 p.m.

Play with Clay Advanced Lab

With Andrea Medina

Ages: 50+

Fee for 10-visit Punch Card: \$40/Members, \$45/Non-Members

Continue your work with clay in our advanced lab. Work at your own pace and expand your creativity while building complex pieces using advanced techniques. This is a self-led, lab-style class with minimal instruction. \$30 material fee due with new punch card.

ACTIVITY	DAYS	DATES	TIME
9044	Fri	Ongoing	10 a.m. - Noon

Wire Wrap Jewelry Making

With Deborah Kelly

Ages: 50+

Fee: \$40/Members, \$45/Non-Members, plus \$50 monthly material fee

Learn the basics of handcrafted jewelry! Use tools and wire to construct your own jewelry pieces from scratch. Projects include rings, bracelets, chains, and more.

ACTIVITY	DAYS	DATES	TIME
9046	Mon	Monthly	3 - 4:30 p.m.

Events are held at the Neil Orchard Senior Activities Center. We encourage you to purchase tickets in advance as some events sell out quickly.

Fees: \$8/Member, \$10/Non-Member

*No tickets sold on day of event unless noted otherwise

Lunar New Year Celebration

Enjoy a delicious feast while learning about the various cultures that participate in this time-honored celebration of family, food, and good wishes.

ACTIVITY	DAYS	DATE	TIME
9201	Wed	February 7	11:30 a.m.

Mardi Gras

Beads, masks, and all that jazz! Enjoy a Cajun-inspired menu with live entertainment.

ACTIVITY	DAYS	DATE	TIME
9205	Wed	February 21	11:30 a.m.

St. Patrick's Day Celebration

Do you have the luck of the Irish? Enjoy homemade corned beef and cabbage as we celebrate St. Patrick's Day.

ACTIVITY	DAYS	DATE	TIME
9209	Wed	March 13	11:30 a.m.

Fiesta

We're having a Fiesta and you're invited to come and enjoy a delicious Mexican Feast.

ACTIVITY	DAYS	DATE	TIME
9023	Wed	May 8	11:30 a.m.

National Pizza Party Day

We know it's cheesy, but we love an excuse to celebrate! Your pizza party ticket includes a slice of pepperoni or cheese pizza, green salad and a beverage.

ACTIVITY	DAYS	DATE	TIME
9024	Fri	May 17	11:30 a.m.

Hot Dog and Bingo Fundraiser

Come support the Cordova Senior Advisory Board raise funds for the Neil Orchard Senior Activities Center. Enjoy a tasty Hot Dog and a fun game of Bingo. **In-person registration only**

ACTIVITY	DAYS	DATE	TIME	FEE
Hot Dog	Mon	May 20	11:30 a.m. - 12:30 p.m.	\$8
Bingo	Mon	May 20	12:30 - 1:30 p.m.	\$6

National Selfie Day

Check your hair, find your light, and strike a post – National Selfie Day is June 21. Pull out your smart phone and don't forget to smile!

ACTIVITY	DAYS	DATE	TIME
9027	Fri	June 21	11:30 a.m.

National Hot Dog Day Celebration

No need to pay for a ball game, just come celebrate one of the staples of American cuisine! Tickets include grilled hot dog, bag of chips and beverage.

ACTIVITY	DAYS	DATE	TIME
9025	Wed	July 17	11:30 a.m.

Senior Citizen Day

Join us as we support, honor, and show our appreciation to seniors and their positive contributions to the community.

ACTIVITY	DAYS	DATE	TIME
9026	Wed	August 21	12:30 p.m.



Senior Resource Fair

FREE!

This FREE event is for all ages who seek information, services, and resources that pertain to the overall health and well-being of the aging community. Local organizations and services will be present to handout information. Visit each vendor to receive a stamp in your Passport. Turn in completed Passport for a FREE lunch. **Vendor spaces are available; contact Lara Nall at lnall@crpd.com**

Location: Lincoln Village Community Park

ACTIVITY	DAYS	DATE	TIME
90424	Wed	April 24	1 - 3 p.m.

Beginning Kundalini Yoga

With Adam Batten

Ages: 50+

Monthly Fee: \$35/Member, \$40/Non-Member

This yoga class is very adaptable for all participants and levels of flexibility. We focus on breathing, stretching and remaining active. Participants will gain lung capacity, flexibility and learn to address stress.

ACTIVITY	DAYS	DATES	TIME
9036	Mon, Wed, Fri	Monthly	9:15 - 10:15 a.m.

Walking To Get Fit

Ages: 50+

Fee: FREE with membership, registration is required.

Enjoy the safety and companionship of walking in a group while reducing your risk of serious diseases like heart disease, stroke, diabetes and more. This social walking group is suitable for anyone looking to add physical activity into their regular routine; must be able to walk unassisted.

Call 916-366-3133 the day prior to attending to confirm start time.

ACTIVITY	DAYS	DATES	TIME
9031	Mon, Wed, Fri	Ongoing	10 - 11 a.m.

Zumba Gold

With Lidia Mondragon

Ages: 50+

Fee for 8-visit Punch Card: \$35/Member, \$40/Non-Member

Zumba Gold provides modified, low-impact moves for active seniors and beginners. Bring a towel and a water bottle.

ACTIVITY	DAYS	DATES	TIME
9080	Mon, Tues, Thurs	Ongoing	Noon - 1 p.m.

Senior Exercise

With Adam Batten

Ages: 50+

Monthly Fee: \$30/Member, \$35/Non-Member

Improve body composition, flexibility, strength and endurance while increasing energy and reducing stress in this fun, low-impact program designed for active seniors.

ACTIVITY	DAYS	DATES	TIME
9030	Mon, Wed, Fri	Ongoing	8 - 9 a.m.

Line Dance (Beginner/Intermediate)

With Phyllis Gifford

Ages: 50+

Fee for a 10-visit Punch Card: \$50/Member, \$55/Non-Member

Round up your friends and get in line for a great time! In this class you will learn both classic and popular modern line dances. There are two classes to choose from to meet your ability level. No partner needed!

ACTIVITY	LEVEL	DAYS	DATES	TIME
9081	Beginner	Tues	Ongoing	1:15 - 1:45 p.m.
9081	Intermediate	Tues	Ongoing	2:15 - 2:45 p.m.
9081	Advanced Beginner	Tues	Ongoing	1:45 - 2:15 p.m.

Advanced Country Line Dance

With Vicki Camblin

Ages: 50+

Fee for a 10-visit Punch Card: \$35/Member, \$40/Non-Member

Join our lively group of line dancers! These classes are not meant for beginners. Student must meet with instructor prior to registering for class.

ACTIVITY	DAYS	DATES	TIME
9082	Thurs	Ongoing	1 - 3:30 p.m.

Beginning Tai Chi

With Craig Townsend

Ages: 50+

Fee for 6-visit Punch Card: \$40/Member, \$45/Non-Member

Learn to focus on health, balance and the interior Qigong (Chi Kung) aspects of Tai Chi Chuan. Soft flowing movements will be taught designed for the various athletic and age levels of each student. Attire: comfortable loose clothing and flat-bottomed shoes.

ACTIVITY	LEVEL	DAYS	DATES	TIME
9033	Beginner	Tues	Ongoing	3 - 4 p.m.
9033	Beginner	Thurs	Ongoing	3 - 4 p.m.

Intermediate/Advanced Tai Chi

With Kathy Villegas

Ages: 50+

Fee for 10-visit Punch Card: \$50/Member, \$55/Non-Member

Often described as "meditation in motion," the gentle flowing movements of Tai Chi are excellent for stress reduction, improving balance, flexibility and circulation. Please bring water, wear loose comfortable clothing and soft soled shoes. These classes are not meant for beginners.

ACTIVITY	DAYS	DATES	TIME
9034	Mon	Jan. - Mar.	10:30 - 11:15 a.m.
9034	Mon	July - Sept.	10:30 - 11:15 a.m.



See page 19 for Adult Pickleball Programs

FREE INFORMATIONAL PRESENTATIONS

Presentations are open to all ages.

Please RSVP either online or by calling 916-366-3133 for these free presentations as space is limited. Presentations are held at the Neil Orchard Senior Activities Center.

Extended Travel With Collette

Join Jay Fehan from Collette for an informational presentation on a variety of exciting Collette Travel options. Information of upcoming trips will be presented as well as talking about ideas for future trips! Current trips include: Reflections of Italy, Spotlight San Antonio Holiday, Cultural Treasures of Japan, Historic Greenbriar and more!

ACTIVITY	DAYS	DATE	TIME
9071	Mon	April 29	1 p.m.

Fall Prevention

One in four Americans aged 65+ falls each year. Every 11 seconds, an older adult is treated in the emergency room for a fall; every 19 minutes, an older adult dies from a fall. Falls are the leading cause of fatal injury and the most common cause of nonfatal trauma-related hospital admissions among older adults. Come find out how you can prevent falls in your home.

ACTIVITY	DAYS	DATE	TIME
9071	Mon	May 13	1 p.m.

SILVER SURFERS

With SeniorTechPal (Ashu Singla, retired Sr. Director from Intel)
Ages: 50+

Technology 1:1 Troubleshooting

Annoying little technology issues can often be solved by some simple changes to the settings on your devices (Smartphone, Tablet, Laptop). Reserve your spot in our 1:1 troubleshooting session and bring your devices that need troubleshooting with you. You can also use the session to learn about features on your devices. Space is limited.

ACTIVITY	DAYS	DATES	TIME	FEE
9060	2nd Wed	Ongoing	2 - 4 p.m.	Free

Get Up & Go Day Trip Presentation

Ready to get up and go? Historic places, shopping tours, festivals and more! Get the inside scoop about our exciting upcoming motorcoach trips offered by the Senior Center and give input on what future trips you'd like to see us offer.

ACTIVITY	DAYS	DATE	TIME
9071	Mon	June 3	1 p.m.

Estate Planning, Wills & Trusts

Planning for the future is crucial and estate planning is particularly important for seniors. An advocate from the Senior Legal Hotline of Northern California will walk you through this complex process. There will be a short Q&A session afterwards.

ACTIVITY	DAYS	DATE	TIME
9071	Mon	July 22	1 p.m.



CORDOVA RECREATION & PARKS FOUNDATION



BECOME A MEMBER



CRPF

CORDOVA RECREATION & PARKS FOUNDATION

FOR MORE INFORMATION

916-502-9733

CRPF@crpd.com

www.crpdfoundation.org

TODAY! >>>>

BECOME A MEMBER STARTING AT \$25 A YEAR!

Becoming a member of the Cordova Recreation & Parks Foundation (CRPF) means you are joining us to continue improving our local community. Your membership provides valuable financial support to ensure those community members with limited resources have access to recreation programs. With your support, the CRPF Fee Assistance Program can help even more families gain access to explore and discover what our parks and recreation programs have to offer.



The first 100 members will receive a commemorative Bronze Lapel Pin!

FACILITIES & PARKS

Get ready for new parks!

With new development in our District comes new parks! Below are a few upcoming parks that are in various stages of park planning and development. **For updates, please scan the QR code or visit our website at <https://crpd.com/park-planning-development/construction-projects>.**



PARK PLANNING

Optimized Plan

An Optimized Plan is a strategic planning document that provides guidance over the next 10+ years. It studies the existing parks and recreation facilities and programs to identify a planning blueprint for making CRPD's current recreation and park offerings as perfect, effective, or functional as possible into the future. Completion of document expected in 2024.

Learn more at <https://crpd.com/optimizedplan>

NOW OPEN!



Hummingbird Park

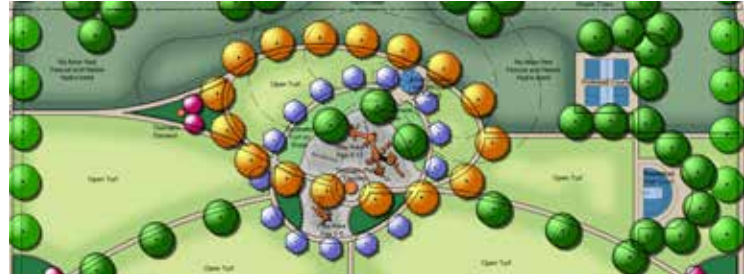
11990 Cobble Brook Drive, Rancho Cordova

Hummingbird Park is located within the Montelena Development south of Douglas Road. This nature-themed neighborhood park includes a half basketball court, picnic and play areas, and an oval turf gathering space for recreation.



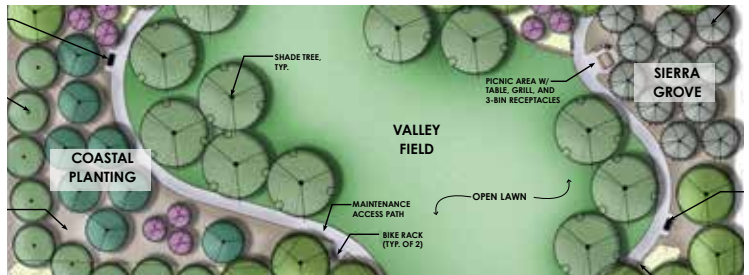
Gold Rush Park

Gold Rush Park is located in the Rio del Oro Development south of White Rock Road. This neighborhood park is centered around a mining theme and includes multiple picnic areas, a gold rush-themed playground, multi-use turf areas, and drought tolerant plantings. Anticipated opening in early 2024.



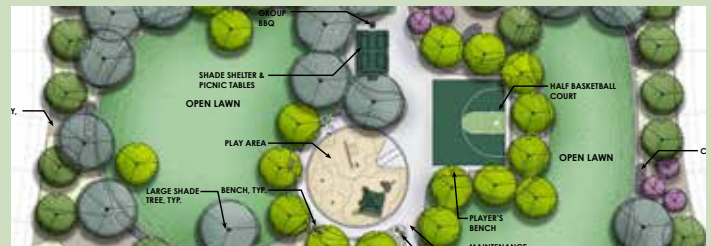
Exploration Park

This park will be located in the Sunridge Village Development south of Douglas Road. The future neighborhood park includes: a 2-5 age play area, a 5-12 age play area, picnic areas, and multi-use turf. The play area in the center will have artistic, space-themed equipment and climbing structures. Anticipated opening in mid-late 2024.



Rockrose Park

This 2.12-acre future neighborhood park is in the Arista del Sol Development south of Douglas Road. The park includes picnic areas, meandering walking paths, and landscaping. The design uses drought-tolerant vegetation, cobbles, and boulders to reduce water use and maintenance. Anticipated opening late 2024.



Aura Park

This 2-acre park will be the first to open in the Ranch Development. The park theme is nature-oriented and includes animal prints stamped into walkway concrete, interpretive signage, and a nature-based color palette. Drought-tolerant vegetation, cobbles, and boulders to reduce water use and maintenance. Anticipated opening mid-late 2024.

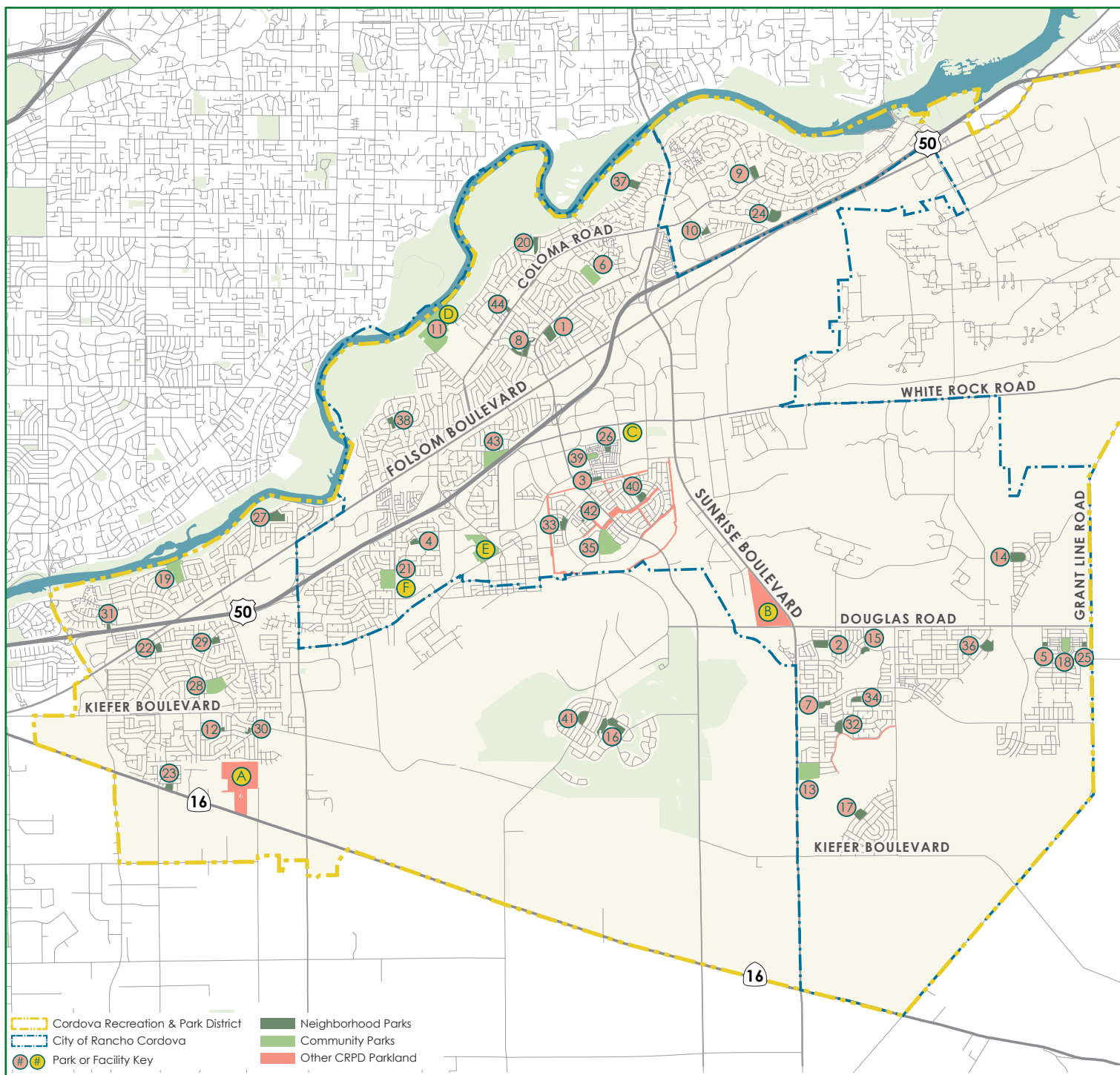
FACILITY & PARK DIRECTORY

Amenities

Parks Facilities

	Amphitheater	Baseball/Softball Fields	Outdoor Basketball Courts	Bocce Ball/Pétanque	Fitness Station	Horseshoe Pits	Multi-Use/Soccer Fields	Pavilion	Pickleball Lines/Court	Picnic Table(s) or Picnic Areas	Playground	Restroom	Skate Ramp/Park	Splash Pad/Splash Park	Swimming Pool	Tennis Courts
--	--------------	--------------------------	---------------------------	---------------------	-----------------	----------------	-------------------------	----------	------------------------	---------------------------------	------------	----------	-----------------	------------------------	---------------	---------------

1. Ahlstrom Park 2375 Zinfandel Drive		📶								☀️☀️☀️	👤👤					
2. Argonaut Park 11825 Herodian Drive		📶	🏀				🌿	🏠		☀️☀️☀️	👤👤					
3. Cobblestone Park 10900 Barden Drive					🏹		🌿	🏠		☀️☀️☀️	👤👤					
4. Countryside Park 3300 Glenmoor Drive, Sac										☀️☀️☀️	👤					
5. Cypress Grove 4047 Cypress Grove Drive										☀️						
6. Dave Roberts Community Park 10820 Mapola Way		📶					🌿			☀️	👤					
7. Eagle's Nest Park 11810 Chrysanthy Blvd			🏀				🌿	🏠	🎾	☀️☀️☀️	👤👤					🎾
8. Federspiel Park 2549 Chassella Way							🌿			☀️☀️☀️	👤👤					
9. Gold River Park 11513 Gold Country Blvd., Gold River							🌿			☀️☀️☀️	👤👤					
10. Gold Station Park 2360 New Eureka Way, Gold River							🌿			☀️☀️☀️	👤👤					
11. Hagan Community Park, Dog Park & Barn 2197 Chase Drive		📶					🌿	🏠		☀️☀️☀️	👤👤	👤👤			🏊	🎾
12. Henley Park 9343 Henley Way, Sac										☀️☀️☀️	👤					
13. Heron Landing Community Park 11750 Justinian Drive		📶	🏀	🏀			🌿	🏠		☀️☀️☀️	👤	👤👤	💧			🎾
14. Hillside Park 3566 Rockdale Drive			🏀				🌿	🏠		☀️☀️☀️	👤					
15. Hummingbird Park 11990 Cobble Brook Drive			🏀					🏠		☀️☀️☀️	👤					
16. Independence Community Park 10949 Britton Way, Mather		📶					🌿	🏠		☀️☀️☀️	👤	👤👤				
17. Kavala Ranch Park 5100 Azalea Park Way			🏀				🌿	🏠		☀️☀️☀️	👤	👤👤				
18. Labyrinth Community Park 12770 Glass Beach Drive					🏹		🌿	🏠		☀️☀️☀️	👤	👤👤				
19. Larchmont Community Park 2449 Stansberry Way, Sac							🌿		🎾	☀️☀️☀️	👤					🎾
20. Larchmont / Rossmoor Park 10708 Ambassador Drive							🌿			☀️☀️☀️	👤					
21. Lincoln Village Community Park 3480 Routier Road, Sac		📶	🏀		🏹		🌿		🎾	☀️☀️☀️	👤	👤👤			🏊	🎾
22. Manlove Park 9118 Caldera Way, Sac										☀️☀️☀️	👤					
23. Primrose Park 9122 Rose Parade Way, Sac							🌿			☀️☀️☀️	👤					
24. Prospect Hill Park 11840 Prospect Hill Drive			🏀				🌿			☀️☀️☀️	👤					
25. Pyramid Peak Park 4053 Red Blush Way										☀️☀️☀️	👤					
26. Renaissance Park 3125 Mowbray Way			🏀					🏠		☀️☀️☀️	👤					
27. Riviera East Park 9580 Mira Del Rio Drive			🏀			🐎	🌿	🏠		☀️☀️☀️	👤					🎾
28. Rosemont Community Park 9326 Americana Way, Sac		📶				🐎	🌿	🏠	🎾	☀️☀️☀️	👤	👤👤				🎾
29. Rosemont North Park 3224 Huntsman Drive, Sac							🌿	🏠		☀️☀️☀️	👤					
30. Rosswood Park 9460 Achates Circle, Sac										☀️☀️☀️	👤					
31. Salmon Falls Park 8964 Salmon Falls Drive, Sac										☀️☀️☀️	👤					
32. Sandpiper Park 11830 Applolon Drive							🌿	🏠		☀️☀️☀️	👤					
33. Sonoma Park 10750 Agria Court							🌿	🏠		☀️☀️☀️	👤					
34. Sparrow Park 11938 Montron Way	🎪						🌿	🏠		☀️☀️☀️	👤					
35. Stone Creek Community Park 3625 Spoto Drive		📶	🏀				🌿	🏠		☀️☀️☀️	👤	👤👤	🏊	💧		
36. Sunridge Park 4041 Borderlands Drive			🏀				🌿	🏠		☀️☀️☀️	👤	👤👤		💧		
37. Sunriver Park 11120 Moose River Court			🏀		🏹		🌿	🏠		☀️☀️☀️	👤					
38. Taylor Park 2238 West La Loma Drive	🎪						🌿	🏠		☀️☀️☀️	👤					
39. The Village Green 3141 Bridgeway Drive							🌿			☀️☀️☀️	👤	👤👤	💧			
40. Tuscany Park 3460 Corvina Drive			🏀			🐎	🌿	🏠		☀️☀️☀️	👤					
41. Veteran's Park 4530 Excelsior Road, Mather			🏀			🐎	🌿	🏠	🎾	☀️☀️☀️	👤					🎾
42. Waterbrook Park 10849 Waterbrook Drive										☀️☀️☀️	👤					
43. White Rock Community Park 10488 White Rock Road			🏀				🌿	🏠		☀️☀️☀️	👤	👤👤	💧			🎾
44. W.H. Williamson Park 10551 Coloma Road										☀️☀️☀️	👤					
A. Cordova Golf Course 9425 Jackson Road, Sac										☀️☀️☀️		👤👤				
B. The Center Property 11551 Douglas Road												👤👤				
C. CRPD District Office 11070 White Rock Road, Suite 130										☀️		👤👤				
D. Hagan Community Center & The HYDE Out 2197 Chase Drive										☀️		👤👤				
E. Mather Sports Complex 3755 Schriever Avenue		📶	🏀*	🏀	🏹		🌿			☀️	👤	👤👤	🏊			
F. Neil Orchard Senior Activities Center 3480 Routier Road												👤👤				
G. White Rock Community Clubhouse 10488 White Rock Road												👤👤		💧		



- | | | | |
|---|--------------------------------|--|-------------------------------|
| Amphitheater | Fitness Station | Pickleball Courts | Restroom |
| Baseball/Softball Fields | Horseshoe Pits | Pickleball Lines | Skate Ramp/Park |
| Outdoor Basketball Courts
*Indoor | Multi-Use/Soccer Fields | Picnic Table(s) or Picnic Areas | Splash Pad/Splash Park |
| Bocce Ball/Pétanque | Pavilion | Playground | Swimming Pool |
| | | Tennis Courts | |

RENTAL INQUIRES: Call 916-369-9844 for picnic/pavilion rentals. Call 916-307-6866 for field rentals.
Parks and Facilities listed here are located in Rancho Cordova unless otherwise noted.



**SUMMER
EMPLOYMENT
OPPORTUNITIES**

- ▶ **LIFEGUARDS**
- ▶ **SPLASH PARK ATTENDANTS**
- ▶ **CAMP LEADERS**
- ▶ **SWIM INSTRUCTORS**
- ▶ **VOLUNTEER COACHES**
- ▶ **PARK MAINTENANCE**



**APPLY
NOW!**

www.governmentjobs.com/careers/crpd

