

YOUR PLACE TO Recreate!

CORDOVA RECREATION & PARK DISTRICT

SPRING SUMMER RECREATION GUIDE 2025



SWIM LESSONS &
SUMMER CAMPS
INSIDE!

MESSAGE FROM THE GENERAL MANAGER



Welcome to Your Spring & Summer Adventure - Make This Time Matter!

At Cordova Recreation & Park District (CRPD), we believe every moment is an opportunity to add value to yourself and to your community. Whether you're connecting with neighbors, building new skills or simply enjoying the outdoors,

our programs are designed to help you make this time truly matter. From youth to seniors, there's something for everyone to create meaningful experiences that enrich both your life and those around you.

Summer camps are where your child's growth takes center stage. Our camps foster fun, friendship and discovery, allowing kids to learn and grow in a safe, creative environment. It's a place where friendships are built and every activity helps them feel like they belong.

As the days grow warmer, our aquatic programs offer more than just fun - they provide an opportunity to push yourself, support others and thrive. Whether you're perfecting your skills or diving in for the first time, our instructors ensure every moment spent in the water is safe, supportive and empowering.

We are continually evolving and value your input in shaping the future of our community. Have ideas on how we can make this time matter even more? We're all ears! Share your thoughts with us at customerservice@cordovarpd.gov or call us at 916-842-3300.

Let's make this season meaningful together. We look forward to seeing you in our parks, at our events and in our classes - because when we come together, we add value to one another!

Patrick Larkin, General Manager

LET'S GET SOCIAL!

 x.com/CordovaRPD

 facebook.com/CordovaRPD

 instagram.com/CordovaRPD

 youtube.com/crpdcordovarec

 www.cordovarpd.gov

CONTACT US

HAGAN COMMUNITY CENTER

2197 Chase Drive | 916-369-9844

NEIL ORCHARD SENIOR ACTIVITIES CENTER

3480 Routier Road | 916-366-3133

MATHER SPORTS COMPLEX

3755 Schriever Avenue | 916-362-1704

CORDOVA GOLF COURSE

9425 Jackson Road | 916-362-1196 | cordovagc.gov

PARK SERVICES

2197 Chase Drive | 916-363-0350

DISTRICT ADMINISTRATIVE OFFICE

11070 White Rock Road, Suite 130 | 916-842-3300

EMAIL

customerservice@cordovarpd.gov

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Traci Michel, Gold River (Zone C)

Bonnie Domeny, Larchmont/Riviera East (Zone B)



PHOTOGRAPHY CREDIT
Photos are by CRPD Staff

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COMMUNITY NEWS

On the Cover



The Vincent family is incredibly involved with CRPD, making them the perfect family to feature on the cover of this edition of our recreation guide!

“We have lived in Rancho Cordova since 2018. My involvement with CRPD began when I started coaching basketball, which then led me to coaching flag football and assisting with volleyball. We are an athletic family and are always involved in some kind of sport. Our kids have tried different sports over the years, and the seasonal Recreation Guide has been a great planning tool for me to map out their activities in advance. Both my husband and I played collegiate sports at the highest level, and I have experience coaching. I love teaching fundamentals, discipline, respect, and teamwork. When I learned that volunteers run all the sports programs, I decided to step up and help. Every season, I love meeting new kids and seeing returning players, whether it’s in basketball, flag football or volleyball. Watching the kids grow and progress in whatever sport they play is incredibly rewarding.”

– Erika Vincent

NEW IN TOWN – BARKTOBERFEST!



In 2024, CRPD decided to hang up its annual Doggie Day in the Park event and switch things up. The result – Barktoberfest! The idea was to keep all the best parts of Doggie Day in the Park, local vendors and costumes, and bring it to the next level with dog pool access, human food vendors, doggie contests and a beer garden, hosted by The Local Bark.

With the new plan set, CRPD hosted their first edition of Barktoberfest in September of 2024 at Lincoln Village Community Park/Pool. Hundreds of families and their doggies came to enjoy the pool, meet local vendors, participate in dog contests and enjoy cold beer and food poolside.

If you didn’t get the chance to attend last year, the next edition of Barktoberfest will be held on September 27! We hope to see you and your four-legged friends out at the event this year.

NEW PARKS GALORE!

In 2024, CRPD opened 5 new parks! Located in the newer areas of development, these parks include exciting amenities that invite community members to enjoy time outdoors with their families. If you haven’t gotten the chance to visit any of our new parks, here’s a bit more about what each park has to offer!

Hummingbird Park, opened in January of 2024 in Anatolia, is nature-themed and boasts a half basketball court, a play area, a picnic area and an oval turf space for recreation.

Gold Rush Park, opened in May of 2024. This is CRPD’s first park in the Rio Del Oro Development. Invites residents in with a shaded play structure, picnic areas, a multi-use turf field and festive Gold Rush themed amenities such as a minecart, digging play equipment and a miniature mine!

Aura Park, opened in August of 2024, is a nature-themed park located in The Ranch Development. Featuring a playground with a shade structure, a half basketball court, a shaded picnic area and a multi-use turf field, this neighborhood park is the perfect outdoor oasis for nearby families.

Exploration Park, opened in November of 2024, is another park within The Ranch Development. This themed park centers around its namesake: exploration! The park’s large shaded play structure is surrounded by exciting amenities like pickleball courts, a half basketball court, picnic areas, multi-use turf field and sculptures.

Rockrose Park, also opened in November of 2024, provides residents with an open-space area to enjoy time outside with their families and loved ones. Multi-use turf field and picnic areas invite residents to take in the beauty of their neighborhood.



A STROLL THROUGH HISTORY

Next time you stroll through Veteran’s Park in Mather, you may notice a new display standing proudly across from the sports courts. The three informational signs cover the history and legacy of the historic Tuskegee Airmen, the legendary group of Black AirForce pilots who served in World War II. Local Boy Scout Gregory Rubio was inspired to focus his Eagle Scout project on these heroes after meeting members of the Tuskegee Airmen Heritage Chapter of Greater Sacramento at the Mather Air Show. Through his research, he discovered that the Tuskegee airmen had a connection to Rancho Cordova, with some of the airmen being stationed at the nearby Mather Air Base.

The signs were dedicated at a ceremony in September 2024. The new memorial not only honors the remarkable service of the Tuskegee Airmen but also demonstrates the power of collaboration between a young leader and the community.



To learn more, scan QR code.



COMMUNITY SPECIAL EVENTS

>> Visit cordovarpd.gov for more information!



Saturday, March 22 | 10 a.m. - Noon
Cordova Creek at
Hagan Community Park

Volunteer to make an impact and help keep our community beautiful!



Saturday, April 12 | 11 a.m. - 1 p.m.
Hagan Community Park

Join us for a FREE egg hunt, games, music and more!



Wednesday, April 30 | 1 - 3 p.m.
Lincoln Village Community Park

Join us for FREE information, services and resources for the health and well-being of the aging community!



Saturday, May 17 | 8 a.m. - 2 p.m.
Lincoln Village Community Park

Looking to clean out your closets or find a great deal?
This is the perfect event for you!



May 17-18
Cordova Community Pool

Join the California Mermaid Convention community
for a mermaid extravaganza!
Tickets and info available at californiamermaidcon.com



Saturday, July 12 | 10 a.m. - Noon
Hagan Community Park

Join us for a fun summer party with food, music,
games and more!



Saturday, September 13 | 10 a.m. - Noon
Hagan Community Park

Children of all ages have the opportunity to touch, climb on
and explore exciting machines and unique vehicles!



Saturday, September 27 | 11 a.m. - 2 p.m.
Lincoln Village Community Park / Pool

Join us for a fun-filled day of doggie swimming, food, a beer
garden, music and more!

RENTALS



White Rock Splash Park



Pool Parties

We have parks and facilities perfect for celebrations and business events!

CRPD offers a wide selection of distinctive parks and facilities to suit your event needs.

Indoor Facility Rentals Include:

- Event layout assistance
- Seating and table set-up
- On-site event staff
- Breakdown service

Let us help you make your next special occasion more memorable!

For pricing and availability, call the Hagan Community Center at 916-369-9844, for Sports Field rentals call 916-362-1704 or visit cordovarpd.gov/rentals/.



Community Centers



Picnic Areas



Sports Fields

Online Registration

Visit
cordovarpd.gov/register

Fast, Easy & Convenient

Have Questions?

Give us a call or visit cordovarpd.gov/register for a step-by-step guide to registering online

Other Ways to Register:



Walk-In



Phone-In



Hagan Community Center

2197 Chase Drive
Mon - Fri | 8 a.m. - 5 p.m.
916-369-9844



Neil Orchard Senior Activities Center

3480 Routier Rd
Mon - Thur | 7:30 a.m. - 4:30 p.m.
Fri | 7:30 a.m. - 3:30 p.m.
916-366-3133



Mather Sports Complex

3755 Schriever Ave
Mon - Fri | 12 - 9 p.m.
Sat & Sun | 8 a.m. - 6 p.m.
916-362-1704

APPLY FOR A SCHOLARSHIP TODAY!

Recreation should be affordable to all. Apply today and start your journey towards more fun and fitness! Learn more on page 40.

ACCEPTED PAYMENT METHODS

Accepted payment methods are Visa, MasterCard, Discover and American Express for all registration options. Cash and checks are accepted during in-person registration. Mather Sports Complex, Neil Orchard Senior Activities Center and Cordova Golf Course also accept contactless payments, such as Apple Pay and Google Pay.

PRE-REGISTRATION IS REQUIRED

Register early for programs! Pre-registration helps us track the number of participants in a class. If the minimum number of students is not met, there is the chance a program will be adjusted or canceled.

REFUND PROCEDURE

- CRPD reserves the right to cancel, combine or divide classes, change times, dates or class location, change instructor and make other changes as necessary.
- Those who fail to attend a class or “no show” will not be granted a refund. Refunds are only eligible if cancellation is received a minimum of 48 hours prior to the first class, unless otherwise noted.
- If CRPD cancels a class due to low enrollment, a full refund is issued.
- Refunds for cash and check payments will take 4-6 weeks to process.
- Refunds for credit card payments will take 2-3 business days to process.



BECOME AN EVENT SPONSOR

Are you looking for a way to give back to your community while making a name for your business or organization?

cordovarpd.gov/resources-and-information/sponsors



Together, we can create
a better community!



AQUATICS



SEASON PASSES

Buy a season pass and enjoy both the Cordova Community Pool and the Lincoln Village Community Pool all season!

\$72 INDIVIDUAL PASS

\$198 FAMILY PASS*

*Family of Four: \$50 each additional person, must reside in same household

PUBLIC SWIM GENERAL INFORMATION

Entrance fee is for all who enter the pool area, not just swimmers. Season Passes can be purchased at each pool location and the Hagan Community Center. Large groups of 20 or more, or field trip groups must pre-arrange details or risk being denied entry. Monofins and snorkels only allowed weekdays 10 a.m. - 1 p.m.

Call 916-369-9844 or email customerservice@cordovarpd.gov for more information.

Cordova Community Pool

2197 Chase Drive | 916-520-1649

Features two swimming pools. This activity pool has play features and a sloped entry with depths of 0-4ft. Competition pool depths are 3.5-12ft. The complex features picnic tables, an open grass area, bleachers and a shade canopy. ADA accessible lift available.

Hours (excluding holidays)*

DAYS	DATES	TIME	ENTRANCE FEE
Mon-Thurs	June 9 - July 31	1 - 4 p.m.	\$5/person or Season Pass
Fri	June 13 - Aug. 1	2 - 7 p.m.	\$5/person or Season Pass
Fri	Aug. 8 - 29	4:30 - 7 p.m.	\$5/person or Season Pass
Weekends	May 24 - Sept. 28	1 - 5 p.m.	\$5/person or Season Pass
Holidays	Memorial Day & Labor Day	1 - 5 p.m.	\$5/person or Season Pass

*Public Swim closed 7/3 and 7/4. Public Swim opens at 2 p.m. on 5/31, 6/7, 6/21 and 6/28.

Lincoln Village Community Pool

3450 Routier Road | 916-839-3785

Features one swimming pool with a sloped entry and a maximum depth of 5.5ft. This facility is surrounded by open grass areas and a shade canopy.

Hours

DAYS	DATES	TIME	ENTRANCE FEE
Mon-Fri	June 9 - Aug. 8	11 a.m. - 4 p.m.	\$3/person or Season Pass
Weekends	May 24 - Aug. 31	1 - 5 p.m.	\$3/person or Season Pass
Holidays	Memorial Day & Labor Day	1 - 5 p.m.	\$3/person or Season Pass

White Rock Community Splash Park

10488 White Rock Road | 916-369-9844

Featuring a large dump bucket, waterslides, canons, water jets and much more. Due to OSHA requirements: Riders must be at least 42" tall to ride the small orange slide and at least 46" tall to ride the longer, yellow slide. Adults and children not tall enough for slides can enter for free and play in the spray areas. Park operation is subject to weather conditions.

Maximum capacity is 90 people per session.

Splash Park Hours

DAYS	DATES	SLIDE FEES
Sat & Sun	May 24 - Aug. 31	\$1/session (cash only)
Weekdays	June 9 - Aug. 1	\$1/session (cash only)
Holidays	Memorial Day & Labor Day	\$1/session (cash only)

SESSION	TIME
1	11 a.m. - 12:30 p.m.
2	1 - 2:30 p.m.
3	3 - 4:30 p.m.

Community Splash Pads

Great for keeping you and your family cool in the hot summer months, our splash pads have water features that spray, sprinkle and drop water!

Heron Landing Community Park	11750 Justinian Drive
Stone Creek Community Park	3625 Spoto Drive
Sunridge Park	4041 Borderlands Drive
The Village Green	3141 Bridgeway Drive

Splash Pad Hours

DAYS	DATES	TIME
Fri-Sun	May & Sept.	10 a.m. - 7 p.m.
Mon-Sun	June - Aug.	10 a.m. - 7 p.m.



Lap Swim

Stay in shape and enjoy the Cordova Community Pool with our lap swimming program. Our 25-yard competition pool is heated to a comfortable 78 degrees. The number of lanes available varies. Lanes are first-come, first-served and you may be required to share a lap swimming lane during peak times. There are dedicated lap lanes every day during public swim hours.

Location: Cordova Community Pool

DAYS	DATES	TIME	FEE
Mon-Thurs*	June 9 - July 31	10 a.m. - 4 p.m.	Season Pass or \$5 Drop-in
Fri*	June 13 - Aug. 1	2 - 7 p.m.	Season Pass or \$5 Drop-in
Fri*	Aug. 8 - 29	4:30 - 7 p.m.	Season Pass or \$5 Drop-in
Weekends	May 24 - Sept. 28	1 - 5 p.m.	Season Pass or \$5 Drop-in

*No lap swim 7/3 and 7/4.

Lifeguard Training with AED/O2/Title 22 First Aid

With CRPD Staff

Ages: 15+

This American Red Cross course is a combination of Lifeguard Training, CPR for the Professional Rescuer, Administering Emergency Oxygen and First Aid for Public Safety Personnel (Title 22). This complete course provides all certifications necessary to obtain employment as a lifeguard in the State of California.

Prerequisites: The required swimming skills include 200 yards continuously swimming (8 laps), tread water for 2 minutes without hands and perform a 20-yard swim with a 10 lb. brick after retrieving it in 7 feet of water. Must be 15 years old by the last day of class.

***Classes require 7 hours of online course work before the first day of class. One week before the class you will be emailed the pre-course login information.**

Location: Hagan Community Center & Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4313	Sat - Sun	Mar. 29 - 30; Apr. 5 - 6	8 a.m. - 6 p.m.	\$260/person
4314	Mon - Thurs	Apr. 14 - 17	8 a.m. - 6 p.m.	\$260/person
4315	Fri - Sun	June 6 - 8*	8 a.m. - 6 p.m.	\$190/person

*Does NOT include Title 22 or Administering Emergency Oxygen

Water Aerobics

With CRPD Staff

Ages: 12+

Our pools offer the perfect balance of deep and shallow water for an effective aerobic workout that is easy on your joints. Deep water provides resistance for your movements, while shallow water accommodates those who do not wish to fully immerse themselves. All swim levels welcome! Punch cards may be purchased at the Hagan Community Center, Neil Orchard Senior Activities Center or at the Mather Sports Center. Equipment available on-site.

Location: Cordova Community Pool – Deep Water

ACTIVITY	DAYS	DATES	TIME	FEE
4210	Mon - Thurs*	June 9 - July 31	Noon - 12:50 p.m.	\$10/class or \$64/8-visit punch card
4211	Mon - Thurs*	Aug. 4 - 28	6:30 - 7:20 p.m.	\$10/class or \$64/8-visit punch card

*No class 7/3 or 7/4.

Location: Lincoln Village Community Pool – Shallow Water

ACTIVITY	DAYS	DATES	TIME	FEE
4250	Mon - Thurs	June 9 - July 31	7 - 7:50 p.m.	\$10/class or \$64/8-visit punch card

AQUATIC CAMPS*

Junior Lifeguard Camp

Ages: 11 - 14

Designed to guide youth to the American Red Cross Lifeguarding course by building a foundation of knowledge, positive attitudes and skills for future lifeguards. Participants are not required to master or perfectly execute skills. They will learn techniques, build stamina and live a day in the life of a lifeguard during this program!

Location: Hagan Community Center & Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4510.01	Mon - Fri	June 16 - 20	9 a.m. - 4 p.m.	\$210/person
4510.02	Mon - Fri	July 28 - Aug. 1	9 a.m. - 4 p.m.	\$210/person

Babysitting Class

Ages: 10 - 14

Introduces the skills required to become a babysitter. Focuses on training and certification in American Red Cross Babysitting, including CPR and First Aid. Participants will learn important water safety and rescue techniques in the pool module.

Location: Hagan Community Center & Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4530.01	Fri	June 27	9 a.m. - 5 p.m.	\$99/person

Water Polo & Swim Camp

Ages: 10 - 14

Introduces water polo skills and game concepts to youth and provides opportunities for participants to make new friends, set goals and develop skills.

Location: Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4520.01	Fri	July 25	9 a.m. - 5 p.m.	\$80/person

*Classes held outdoors, please be prepared with snacks, water and sunscreen

MERMAID & SWIM CAMP

Ages: 7 - 11

Make a splash this summer, learning to be a real-life mermaid! Little ones can safely learn the skills needed to grow their own mermaid tail and swim through the sparkling waters. Mermaid Camp will include crafts, stories, gigantic bubbles, Mermaid Makeovers, songs and so much more! Professional Mermaids Ashley and Rachel lead campers through a myriad of aquatic delights. It's time to level up, under the sea! Must be able to tread water for one minute and comfortable in deep water.

Location: Hagan Community Center & Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4540	Mon - Fri	June 23 - 27	9 a.m. - 4 p.m.	\$220/participant





REGISTRATION INFO & TIPS

- Register online starting March 3 at 8:30 a.m.
- Session registration closes at 5 p.m. on the Thursday prior to the first day. \$5 late fee for all registrations taken after deadline or class transfer.
- Swimmers may take each level more than once.
- Swim attire, sunscreen and towel required.
- Goggles and swim caps optional (no snorkel masks).
- Swim-diapers required for children who wear a diaper.
- We will not transfer, refund or credit students for missed lessons.

STEP 1
> CHOOSE LEVEL

Grown Up & Me Group Lessons

Shrimps: (Ages 6 mo - 3 yrs)

Beginning lessons for infants and toddlers. Emphasis on water adjustment, floating, bubbles, going underwater, holding breath, kicking and arm movement through songs and games. Requires adult participation in the water.

Seahorses: (Ages 3 - 5 yrs)

Swim readiness class for young children. Introduces floating, bubbles, going underwater, holding breath, kicking, arm strokes, glides, body position and entering and exiting water. Requires adult participation in the water.

Group Lessons for Beginners

Tadpoles: Level 1 (Ages 3 - 5 yrs)

Swim readiness class for young children who are ready to swim with the instructor(s). Introduces floating, bubbles, going underwater, holding breath, kicking, arm strokes, glides, body position and entering and exiting the water.

Guppies: Level 2 (Ages 3 - 5 yrs)

For young children who are able to glide two (2) body lengths, roll over and float for (3) seconds with support. Emphasis on breath control, rhythmic breathing, floating, gliding, sculling, forward propulsion, kicking, arm strokes and basic safety.

Lobsters: Level 1 + 2 (Ages 6 - 14 yrs)

For first-time swimmers. Emphasis on entering and exiting the water, submerging, breath control, rhythmic breathing, floating, gliding, sculling, forward propulsion, kicking, arm strokes and basic safety.

Adult Lessons

Beginner and Advanced Beginner (Ages 15+ yrs)

Lessons will cover basic water skills and introductory swimming. Suited for adults with no swim experience, little swim experience or those who would like to learn fundamental swimming including freestyle and elementary backstroke.

Group Lessons for Intermediate

Turtles: Level 3 (Ages 4 - 14 yrs)

For swimmers who are able to float or tread for 15 seconds and swim five (5) body lengths unsupported. Emphasis on rhythmic and rotary breathing, floating, treading, sculling, forward propulsion and water safety. Introduces freestyle, backstroke and elementary backstroke.

Otters: Level 4 (Ages 5 - 14 yrs)

For swimmers who can swim 15 yards independently. Emphasis on stroke development including freestyle with rotary breathing, backstroke, elementary backstroke and treading. Introduces breaststroke, underwater swimming and reaching rescues.

Dolphins: Level 5 (Ages 5 - 14 yrs)

For swimmers who are able to swim 25 yards of freestyle and 15 yards of backstroke. Emphasis on stroke proficiency and endurance for freestyle, back stroke, elementary backstroke, breaststroke and treading. Introduces sidestroke, diving and survival swimming.

Group Lessons for Advanced

Wahoos: Level 6 (Ages 7 - 14 yrs)

For swimmers who are able to swim 50 yards of freestyle and backstroke and 25 yards of breaststroke, elementary backstroke and sidestroke. Emphasis on stroke refinement and efficiency of freestyle, backstroke, breaststroke and butterfly. Additional skills include starts, turns, surface dives, approach strokes and swimming for fitness.

Private Lessons

Private Lessons: All Levels (Ages 4+ yrs)

Students are able to learn at their own pace in lessons tailored to their skill and learning style based on CRPD's established curriculum.

FEES:

Group Fee \$68/class for 8 lessons

Private Fee \$99/class for 4 lessons

Each lesson is 25 minutes.

See www.cordovarpd.gov for private lesson dates.



Lincoln Village Community Pool

MORNING SUMMER LESSONS

ACTIVITY	SESSION	DAYS	DATES
4932	2	Mon - Thurs	June 23 - July 3
4933	3	Mon - Thurs	July 7 - 17
4934	4	Mon - Thurs	July 21 - 31
	9:45	10:20	
*Adaptive	✓	✓	

*Parent/child class for varying abilities

EVENING SUMMER LESSONS

ACTIVITY	SESSION	DAYS	DATES
4941	1	Mon - Thurs	June 9 - 19
4942	2	Mon - Thurs	June 23 - July 3
4943	3	Mon - Thurs	July 7 - 17
4944	4	Mon - Thurs	July 21 - 31
	4:15	4:45	5:15 5:45 6:15
Shrimps			✓ ✓
Tadpoles		✓	✓
Guppies	✓	✓	✓
Lobsters	✓	✓	✓
Turtles	✓		✓ ✓
Otters			✓
Adults			✓

Starting in August - Fall Swim Lessons

Check www.cordovarpd.gov for information on Fall swim lessons at the Cordova Community Pool. Two options will be available in the evenings: Mondays/Wednesdays and Tuesdays/Thursdays. Fall swim lesson registration will begin July 14.

Cordova Community Pool

SPRING LESSONS

ACTIVITY	SESSION	DAYS	DATES
4901	1	Mon & Wed	April 21 - 30
4902	2	Tues & Thurs	April 22 - May 1
4903	3	Mon & Wed	May 5 - 14
4904	4	Tues & Thurs	May 6 - 15
	4:45	5:15	5:45 6:15
Shrimps			✓ ✓
Seahorse		✓	
Tadpoles	✓		✓
Guppies	✓	✓	
Lobsters	✓		✓ ✓
Turtles		✓	✓

MORNING SUMMER LESSONS

ACTIVITY	SESSION	DAYS	DATES
4911	1	Mon - Thurs	June 9 - 19
4912	2	Mon - Thurs	June 23 - July 2
4913	3	Mon - Thurs	July 7 - 17
4914	4	Mon - Thurs	July 21 - 31
	9:45	10:30	11:05 11:40 12:15
Shrimps		✓	✓
Seahorse	✓		✓ ✓
Tadpoles	✓		✓ ✓ ✓
Guppies	✓	✓	✓
Lobsters	✓	✓	✓ ✓ ✓
Turtles		✓	✓ ✓
Otters	✓	✓	✓ ✓
Dolphins	✓		✓ ✓
Wahoos		✓	✓ ✓

EVENING SUMMER LESSONS

ACTIVITY	SESSION	DAYS	DATES
4921	1	Mon - Thurs	June 9 - 19
4922	2	Mon - Thurs	June 23 - July 2
4923	3	Mon - Thurs	July 7 - 17
4924	4	Mon - Thurs	July 21 - 31
	4:15	4:50	5:25 6:00 6:35 7:10
Shrimps	✓	✓	✓
Seahorse			✓ ✓
Tadpoles	✓	✓	✓ ✓ ✓
Guppies	✓	✓	✓ ✓ ✓
Lobsters	✓		✓ ✓ ✓
Turtles		✓	✓ ✓ ✓
Otters	✓	✓	✓
Dolphins			✓
Adults			✓

Cordova Cordettes Synchronized Swim Team



Join our recreational synchronized swim team! Coaches will teach swimmers the sport that combines dance, gymnastics and endurance in the water. Swim meet dates vary in June and July. The team is open to beginners through experienced swimmers between the ages of 5 and 18. Swimmers must be comfortable in deep water and able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18).

Location: Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4810	Mon - Sat	Apr. 28 - July 12	Varies	\$290

Spring Synchro Conditioning Clinics

With Cordova Cordettes

Ages: 5-18

Get a jump start on learning skills before the season starts or as a returning swimmer, refresh and review skills. Conditioning, basic skills, figures and routine elements will be covered. *Space is limited.*

Novice

ACTIVITY	DAYS	DATES	TIME	FEE
4801	Mon - Wed	Apr. 7 - 23*	5:30 - 6:30 p.m.	\$40

Intermediate

4801	Mon - Wed	Apr. 7 - 23*	6:30 - 7:30 p.m.	\$40
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*No clinic 4/14 - 4/17



Cordova Cordettes Aqua Show

Ages: All

Watch our synchronized swim team perform their individual and group routines! Swimmers create routines to popular music by combining dance, gymnastics and endurance in the water. After months of practice and competing, their performances will dazzle all viewers!

Location: Cordova Community Pool

DAYS	DATES	TIME	FEE
Sun	July 13	10 a.m. - Noon	\$10/person

Cordova Blue Marlins



Join us for a summer of competitive swimming. The Blue Marlins are a summer recreational swim team that competes against other Sacramento area teams. Practice times vary. Specific information is in the team handbook found at www.cordovablumarlins.com. Swim meets are Saturdays in June and July. The teams are open to beginners through experienced swimmers between the ages of 5 and 18. Swimmers must be able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18). *Space is limited.*

Location: Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4710	Mon - Sat	Apr. 28 - July 19	Varies	\$290

Spring Swim Conditioning Clinics

With Cordova Blue Marlins

Warm up your muscles and get a head start on training for the summer season.

Space is limited.

Location: Cordova Community Pool

Ages: 10 & Under

ACTIVITY	DAYS	DATES	TIME	FEE
4701	Mon & Wed	Mar. 31 - Apr. 23*	5:30 - 6:15 p.m.	\$37
4702	Tues & Thurs	Apr. 1 - 24*	5:30 - 6:15 p.m.	\$37

Ages: 11-18

ACTIVITY	DAYS	DATES	TIME	FEE
4703	Mon & Wed	Mar. 31 - Apr. 23*	6 - 7:30 p.m.	\$52
4704	Tues & Thurs	Apr. 1 - 24*	6 - 7:30 p.m.	\$52

*No clinic 4/14 - 4/17

Swim Team Open House Saturdays

Thinking about joining a swim team? Come visit the Cordova Community Pool to meet the coaches and take the swim test. Swimmers must be able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18).

Location: Cordova Community Pool

Cordova Blue Marlins

ACTIVITY	DAYS	DATES	TIME	FEE
4700	Sat	Mar. 8	10:30 a.m. - Noon	Free

Cordova Cordettes Synchronized Swim Team

ACTIVITY	DAYS	DATES	TIME	FEE
4800	Sat	Mar. 8	10:30 a.m. - Noon	Free



NOW HIRING!

For more info: Visit <https://bit.ly/3oEhLHq> or scan QR code

AQUATIC EVENTS

In-Service Swim Lessons

With CRPD Swim Instructors

Ages: All

Help us out! Enjoy early pool access and help our staff train the first week of June, before the first official week of swim lessons. We will be holding two lessons after public swim at 4:15 p.m. and 4:45 p.m. There will be a mix of new and old staff to help promote training of all levels. We will be working on class organization, educational activities, and fun games to help the students learn to swim. Sign up for our swim lesson training and meet our new staff for 2025!

Location: Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4920	Mon - Thurs	June 2 - 5	4:15 p.m.	\$25
4920	Mon - Thurs	June 2 - 5	4:50 p.m.	\$25

In-Service Public Swim

With CRPD Lifeguards

Ages: All

Help us out! Enjoy early pool access and help our staff train the first week of June, before the first official week of summer. Public swim hours will be the same as our summer season, but be prepared to see staff complete rescues, preform CPR and practice spinal extrication. There will be a mix of new and old staff to help promote training of all levels. We will be working on class organization, educational activities, and fun games to help the students learn to swim. Join us for public swim or sign up for our swim lesson training and meet our new staff for 2025!

Location: Cordova Community Pool

Public Swim

DAYS	DATES	TIME	FEE
Mon - Thurs	June 2 - 5	1 - 4 p.m.	\$1/person

Family Swim Nights

Ages: All

Beat the heat and bring the family for a discounted night at the pool! Dress for the theme and get ready for fun, games and more!

Location: Cordova Community Pool

DAYS	DATES	TIME	THEME	FEE
Fri	June 27	2 - 7 p.m.	Mermaids & Pirates	\$1/person
Fri	Aug. 1	2 - 7 p.m.	Tropical	\$1/person

Location: Lincoln Village Community Pool

DAYS	DATES	TIME	THEME	FEE
Fri	June 13	4 - 7 p.m.	Friday the 13th	\$1/person
Fri	July 11	4 - 7 p.m.	Through the Decades	\$1/person

CAREER WORKSHOP

With CRPD & Folsom Cordova Community Partnership

Location: Hagan Community Center

Learn about 2025 CRPD summer jobs and volunteer opportunities!

- Resume Basics
- Interview Skills
- Mock Interviews
- And More!

ACTIVITY	DAYS	DATES	TIME
3182	Sat	Apr. 5	9 a.m. - 5 p.m.

Ages
9th-12th
Grade

FREE!
Lunch is
provided

FREE LIFEGUARD CLASS!

For students at select neighboring schools who attend a workshop and pass the lifeguard swim test.

Plus! FREE CPR/First Aid for camp staff!

SPORTS & FITNESS

Pee Wee Sports

With CRPD Staff

Tailored for newcomers to sports, our 5-week sessions are perfect for children, emphasizing fundamental sports skills and a general understanding of the game, all geared toward preparing them for organized team sports. We encourage active parent participation. Each session takes place once a week, and if you're interested in multiple days, you can register for additional sessions. Make sure to secure your spot by signing up early! Class locations may vary based on the session.

*No class 5/26

Ages: 3 - 6

Fee: \$60/session

Activity: #3700



Location Key:

MSC: Mather Sports Complex

SCP: Stone Creek Community Park

HLCP: Heron Landing Community Park

RCP: Rosemont Community Park

Ninjas

DAYS	DATES	TIME	LOCATION
Mon	Mar. 24 - Apr. 21	4 - 4:45 p.m.	MSC, Dance Room
Mon	May 5 - June 9	4 - 4:45 p.m.	MSC, Dance Room
Mon	June 16 - July 14	4 - 4:45 p.m.	MSC, Dance Room
Mon	July 28 - Aug. 25	4 - 4:45 p.m.	MSC, Dance Room
Mon	Sept. 8 - Oct. 6	4 - 4:45 p.m.	MSC, Dance Room

Tee Ball

DAYS	DATES	TIME	LOCATION
Tues	Mar. 25 - Apr. 22	4 - 4:45 p.m.	MSC, Turf Field
Tues	Mar. 25 - Apr. 22	5 - 5:45 p.m.	MSC, Turf Field
Tues	May 6 - June 3	4 - 4:45 p.m.	MSC, Turf Field
Tues	May 6 - June 3	5 - 5:45 p.m.	MSC, Turf Field
Tues	Sept. 9 - Oct. 7	4 - 4:45 p.m.	MSC, Turf Field
Tues	Sept. 9 - Oct. 7	5 - 5:45 p.m.	MSC, Turf Field

Soccer

DAYS	DATES	TIME	LOCATION
Wed	Mar. 26 - Apr. 23	4 - 4:45 p.m.	RCP, Soccer Field
Wed	Mar. 26 - Apr. 23	5 - 5:45 p.m.	RCP, Soccer Field
Wed	May 7 - June 4	4 - 4:45 p.m.	HLCP, Grass Field
Wed	May 7 - June 4	5 - 5:45 p.m.	HLCP, Grass Field
Wed	July 30 - Aug. 27	4 - 4:45 p.m.	MSC, Gym
Wed	July 30 - Aug. 27	5 - 5:45 p.m.	MSC, Gym
Wed	Sept. 10 - Oct. 8	4 - 4:45 p.m.	MSC, Turf Field
Wed	Sept. 10 - Oct. 8	5 - 5:45 p.m.	MSC, Turf Field

Flag Football

DAYS	DATES	TIME	LOCATION
Wed	June 18 - July 16	4 - 4:45 p.m.	MSC, Turf Field
Wed	June 18 - July 16	5 - 5:45 p.m.	MSC, Turf Field



Basketball

DAYS	DATES	TIME	LOCATION
Thurs	May 8 - June 5	4 - 4:45 p.m.	MSC, Gym
Thurs	May 8 - June 5	5 - 5:45 p.m.	MSC, Gym
Mon	June 19 - July 17	4 - 4:45 p.m.	MSC, Gym
Thurs	June 19 - July 17	5 - 5:45 p.m.	MSC, Gym
Thurs	July 31 - Aug. 28	4 - 4:45 p.m.	MSC, Gym
Thurs	July 31 - Aug. 28	5 - 5:45 p.m.	MSC, Gym
Thurs	Sept. 11 - Oct. 9	4 - 4:45 p.m.	MSC, Gym
Thurs	Sept. 11 - Oct. 9	5 - 5:45 p.m.	MSC, Gym

Track & Field

DAYS	DATES	TIME	LOCATION
Thurs	Mar. 27 - Apr. 24	4 - 4:45 p.m.	SCP, Soccer Field
Thurs	Mar. 27 - Apr. 24	5 - 5:45 p.m.	SCP, Soccer Field
Tues	July 29 - Aug. 26	4 - 4:45 p.m.	MSC, Turf Field
Tues	July 29 - Aug. 26	5 - 5:45 p.m.	MSC, Turf Field

Sports Sampler

DAYS	DATES	TIME	LOCATION
Tues	June 17 - July 15	4 - 4:45 p.m.	MSC, Turf Field
Tues	June 17 - July 15	5 - 5:45 p.m.	MSC, Turf Field

YOUTH



Gymnastics

With Turns n Tumble
Ages: 3 - 14

Does your child “tumble” around the house? Join this class to learn the proper form for cartwheels, somersaults, handstands and more! Your aspiring gymnast will develop balance and muscle strength, while benefiting from individualized instruction in this program. Attire: comfortable clothing.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
AGES 3 - 5				
3114	Tues	Ongoing	4:30 - 5:15 p.m.	\$48/month
AGES 5 - 14				
3115	Tues	Ongoing	3:45 - 4:30 p.m.	\$48/month
AGES 7 - 14				
3116	Tues	Ongoing	5:15 - 6 p.m.	\$48/month

Vision Soccer Training - Core Skills Soccer Clinics

With Vision Soccer Training Staff
Ages: 2 - 12

CRPD has teamed up with Vision Soccer Training to present top-tier soccer clinics in the Sacramento region, tailored for children ages 2-12 years old. These clinics are specially designed for specific age groups, ensuring optimal development. Vision Soccer Training employs dynamic, fast-paced activities and games to significantly enhance individual skill levels.

Location: Varies, See below

ACTIVITY	LEVEL	AGES	DAYS	TIME	FEE
35010	Toddler Ballers	2 - 3	Sat	9 - 9:40 a.m.	\$89
3501	Kinder Kickers	4 - 5	Sat	9:50 - 10:35 a.m.	\$89
3502	Juniors	6 - 8	Sat	10:40 - 11:25 a.m.	\$89
3503	Cadets	9 - 12	Sat	11:30 a.m. - 12:20 p.m.	\$89

SESSION	DATES	LOCATION
1	Mar. 1 - 22	Hagan Community Park
2	Apr. 5 - May 3*	Heron Landing Community Park
3	May 17 - June 14*	Rosemont Community Park
4	June 28 - July 26*	Independence Community Park
5	Aug. 9 - 30	Rosemont Community Park

*No class 4/19, 5/24, 7/5

Futsal Factory

With Vision Soccer Training Staff
Ages: 2 - 12

CRPD is partnering with Vision Soccer Training/Futsal Factory to offer some of the best indoor futsal and outdoor soccer clinics in the Sacramento region for kids ages 2-12 years old. Each clinic is designed for a specific age group, guaranteeing maximum development. Futsal is recognized worldwide as the #1 way for soccer players to become more skillful. Futsal players perform better under pressure and can make in-the-game decisions quicker than their competitors that lack formal futsal training. Our training programs use various dynamics and fast-paced activities to help players dramatically improve their skills in both futsal and soccer.

Location: Mather Sports Center - Gym

ACTIVITY	LEVEL	AGES	DAYS	TIME	FEE
3706	Toddler Ballers	2 - 3	Sat	3:35 - 4:15 p.m.	\$75
3703	Kinder Kickers	4 - 5	Sat	2:45 - 3:30 p.m.	\$79
3704	Juniors	6 - 8	Sat	1:55 - 2:40 p.m.	\$79
3705	Cadets	9 - 12	Sat	1 - 1:50 p.m.	\$84

SESSION	DATES	LOCATION
2	Feb. 1 - 22	Mather Sports Center - Gym

Kingdom Taekwondo

With Master E.J. Harris
Ages: 3+

Enroll today and embark on a Taekwondo journey with The Kingdom Martial Arts. Our acclaimed program, designed to boost confidence and change lives, is open to all ages, starting from 3 years old and up. Participants not only acquire valuable self-defense skills but also cultivate discipline, all while having a blast! We can't wait to welcome you to our class soon!

Location: Mather Sports Center – Dance Room

ACTIVITY	DAYS	DATES	TIME	FEE
LITTLE DRAGONS: AGES 3 - 5				
3710	Tues & Thurs	Ongoing	4:45 - 5:15 p.m.	\$100/month
BEGINNER/ALL BELTS: AGES 6 - 14				
3708	Mon & Wed	Ongoing	5 - 6 p.m.	\$100/month
3709	Tues & Thurs	Ongoing	5:15 - 6:15 p.m.	\$100/month

Additional Fees: Dobok (Uniform): \$65; Belt Promotion (Optional): \$50 - \$75 based on belt

Kingdom Basketball

With Master E.J. Harris
Ages: 7 - 12

Join coach Harris (former college basketball player) for his skill-building monthly instructional basketball classes. Classes will focus on critical fundamental skills of the game and have your players walking away ready for the upcoming Jr. Kings basketball season. Get in the game today with Coach Harris!

Location: Mather Sports Center – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
3701	Mon & Wed	Feb. 3 - 26	4:15 - 5 p.m.	\$110/session
3701	Mon & Wed	Mar. 3 - 26	4:15 - 5 p.m.	\$110/session
3701	Mon & Wed	Apr. 7 - 30	4:15 - 5 p.m.	\$110/session
3701	Mon & Wed	May 12 - June 9*	4:15 - 5 p.m.	\$110/session

*No class 5/26



My First Tennis Lesson

With Christopher May

Ages: 4 - 6

During this 6-week program which includes one class per week, kids will participate in fun activities while learning the fundamentals of tennis in a safe and supportive environment. With this program the use of "right-sized" equipment (regarding, weight, length, speed, and size) allows young players to learn and play more effectively. Some parent participation.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3300	Sat	Mar. 8 - Apr. 12	9:30 - 10:30 a.m.	\$70
3300	Sat	May 10 - June 21*	9:30 - 10:30 a.m.	\$70
3300	Sat	July 12 - Aug. 16	9:30 - 10:30 a.m.	\$70
3300	Sat	Sept. 6 - Oct. 11	9:30 - 10:30 a.m.	\$70

*No class 5/24

Learn to Play: Tennis

With Christopher May

Ages: 7 - 12

Grant Funded by the Sacramento Junior Tennis Fund

Has your child ever wanted to try tennis, but has not had the opportunity due to financial restraints, unfamiliarity of the sport, or any other reason? If you said yes, then this is the perfect program for your child! This program provides students with the opportunity to try tennis in a safe, enriching, and supportive environment. This opportunity to play is granted funded by the Sacramento Junior Tennis Fund. A small commitment fee is required. Upon completion of the class, students will be provided with their very own tennis equipment.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3301	Sat	Mar. 8 - Apr. 12	10:45 - 11:45 a.m.	\$30
3301	Sat	May 10 - June 21*	10:45 - 11:45 a.m.	\$30
3301	Sat	July 12 - Aug. 16	10:45 - 11:45 a.m.	\$30
3301	Sat	Sept. 6 - Oct. 11	10:45 - 11:45 a.m.	\$30

*No class 5/24



Youth Tennis for Beginners

With Christopher May

Ages: 6 - 8

During this 6-week program, children will learn basic tennis skills through participating in various trainings and fun games. There will be individual and team activities that will help kids develop personal and teamwork skills.

Location: Rosemont Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3796	Sun	Mar. 2 - Apr. 6	9:15 - 10:15 a.m.	\$105
3796	Thurs	Mar. 6 - Apr. 10	5 - 6 p.m.	\$105
3796	Sun	May 11 - June 22*	9:15 - 10:15 a.m.	\$105
3796	Thurs	May 15 - June 19	5 - 6 p.m.	\$105
3796	Sun	July 13 - Aug. 17	9:15 - 10:15 a.m.	\$105
3796	Thurs	July 17 - Aug. 21	5 - 6 p.m.	\$105
3796	Sun	Sept. 7 - Oct. 12	9:15 - 10:15 a.m.	\$105
3796	Thurs	Sept. 4 - Oct. 9	5 - 6 p.m.	\$105

*No class 5/25

Youth Tennis for Intermediate Players

With Christopher May

Ages: 7 - 13

In the 6-week program, students will meet once weekly and learn the fundamentals of tennis. Players will learn basic tennis skills by understanding the important "ball-hit" principle and move to more advanced techniques. Students will gain a better understanding of tennis and the principles of the game.

Location: Rosemont Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3797	Sun	Mar. 2 - Apr. 6	10:30 - 11:30 a.m.	\$112
3797	Thurs	Mar. 6 - Apr. 10	6:15 - 7:15 p.m.	\$112
3797	Sun	May 11 - June 22*	10:30 - 11:30 a.m.	\$112
3797	Thurs	May 15 - June 19	6:15 - 7:15 p.m.	\$112
3797	Sun	July 13 - Aug. 17	10:30 - 11:30 a.m.	\$112
3797	Thurs	July 17 - Aug. 21	6:15 - 7:15 p.m.	\$112
3797	Sun	Sept. 7 - Oct. 12	10:30 - 11:30 a.m.	\$112
3797	Thurs	Sept. 4 - Oct. 9	6:15 - 7:15 p.m.	\$112

*No class 5/25

▶▶ See page 19 for Adult Tennis Classes

YOUTH SPORTS CAMPS

NEW! Badminton

With CRPD Staff
Ages: 12 - 16

Looking for an engaging and active sport for your child? Join our Youth Badminton Program! This weekly session offers a fun way to boost fitness, coordination, and confidence while making new friends. Players will enjoy friendly matches that emphasize teamwork and skill-building. Bring a racket or borrow one from us—just come ready to learn and have fun!

We're offering two trial session dates on 3/21 and 3/28, allowing you to join us and see if you're ready to commit to a monthly program. Pre-registration is required.

Location: Mather Sports Center – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
3800	Fri	Mar. 21 & Mar. 28	4-6 p.m.	\$5
3800	Fri	Apr. 4 - 25	4-6 p.m.	\$25
3800	Fri	May 9 - June 6*	4-6 p.m.	\$25

*No session 5/23

Kingdom Basketball Spring Break Camp

With Coach E.J. Harris
Ages: 7 - 12

Join coach Harris (former college basketball player) for his Basketball Spring Break Camp! Camp will focus on fundamental skills of the game. Get in the game today with Coach Harris!

Location: Mather Sports Center – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
5725	Mon - Fri	Apr. 14 - 18	9 a.m. - Noon	\$155

Kingdom Basketball/Taekwondo Summer Camps

With Coach E.J. Harris
Ages: 7 - 12

Join Coach/Master Harris, a former college basketball player and accomplished taekwondo practitioner, for an exciting Summer Basketball and Taekwondo Camp! This camp offers a unique blend of fundamental basketball instruction along with elements of taekwondo martial arts. Dive into the action today with Coach/Master Harris! Optional camp shirts can be purchased directly from the instructor.

Location: Mather Sports Center – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
5725	Mon - Fri	June 16 - 20	9 a.m. - Noon	\$160
5725	Mon - Fri	July 7 - 11	9 a.m. - Noon	\$160
5725	Mon - Fri	July 14 - 18	9 a.m. - Noon	\$160
5725	Mon - Fri	July 28 - Aug. 1	9 a.m. - Noon	\$160

To Register

Visit cordovarpd.gov/programs/camps
or call 916-362-1704

SKATE BOARDING 101

AGES 6-12

WITH ROB SKATE



The Rob Skate Academy has been serving Northern California for over 17 years. Your child will work with top-trained professionals to get your child riding safely, feeling confident, and going home with awesome new skills. This course is perfect for first-time riders with zero experience; however, all levels are welcome!

You must provide your gear (call 916-362-1704 or email customerservice@cordovarpd.gov for recommendations). Please wear closed-toe shoes only, and do not wear Crocs or loose footwear.

ACTIVITY	DAYS	DATES	TIME	FEE
7200	Mon - Fri	June 16 - 20	9 a.m. - Noon	\$249
7200	Mon - Fri	June 23 - 27	9 a.m. - Noon	\$249
7200	Mon - Fri	July 14 - 18	9 a.m. - Noon	\$249
7200	Mon - Fri	July 21 - 25	9 a.m. - Noon	\$249

MATHER SPORTS COMPLEX – SKATE PARK



For additional youth sports opportunities visit rcaathletics.org

ADULT SPORTS & FITNESS



Zumba for All Ages

With Margarita

Ages: 18+

Fee: \$50 for 6-visit Punch Card or \$10 drop in fee

Zumba is a popular fitness program that combines dance and exercise in a fun and energetic way. Zumba classes are designed for people of all ages and fitness levels. No dance experience is required.

Location: Mather Sports Center – Dance Studio

ACTIVITY	DAYS	DATES	TIME
2714	Wed	Ongoing	6 - 7 p.m.

Tai Chi

With Craig Townsend

Ages: 18+

Fee: \$50 for 6-visit Punch Card or \$10 drop in fee

Learn to focus on health, balance and the interior Qigong (Chi Kung) aspects of Tai Chi Chuan. Soft flowing movements will be taught designed for the various athletic and age levels of each student. Attire: comfortable loose clothing and flat-bottomed shoes.

Location: Mather Sports Center – Dance Studio

ACTIVITY	LEVEL	DAYS	DATES	TIME
2144	Beginner	Sat	Ongoing	9 - 10 a.m.
2144	Intermediate	Sat	Ongoing	10 - 11 a.m.

Country Line Dance

With Toni

Ages: 18+

Fee for 4-visit Punch Card: \$24

Designed for beginners and accomplished dancers, this class covers a full range of skills and routines. Each week participants will learn and practice steps and dances from both classic styles and the latest, most popular dances.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME
2112	Mon	Ongoing	7 - 8:30 p.m.



NEW!

Badminton

Ages: 17+

With CRPD Staff

Open to players of all skill levels, this program offers a great opportunity to improve fitness, coordination, and technique in a friendly, social environment. This is a non-instructional format designed to provide court space for players to pair up and enjoy exciting match play. Whether you're new to the game or looking to sharpen your skills, come join us on the court! Bring your own racket or borrow one of ours!

We're offering two trial session dates on 3/23 and 3/30, allowing you to join us and see if you're ready to commit to a full session. Pre-registration is required.

Location: Rosemont Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
8600	Sun	Mar. 23 & Mar. 30	4 - 6 p.m.	\$5
8600	Sun	Apr. 6 - May 4*	4 - 6 p.m.	\$25
8600	Sun	May 18 - June 15	4 - 6 p.m.	\$25

*No session 4/20

Tennis for Beginners

Ages: 18+

With Christopher May

In the 6-week program, students will meet once weekly and learn the fundamentals of tennis. Players will learn basic tennis skills by understanding the important "ball-hit" principle. Students will gain an understanding of tennis and the basic principles of the game.

Location: Rosemont Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
2797	Thurs	Mar. 6 - Apr. 10	7:30 - 8:30 p.m.	\$120
2797	Thurs	May 15 - June 19	7:30 - 8:30 p.m.	\$120
2797	Thurs	July 17 - Aug. 21	7:30 - 8:30 p.m.	\$120
2797	Thurs	Sept. 4 - Oct. 9	7:30 - 8:30 p.m.	\$120

Friends Through Fitness

With Josie Glavich

Ages: 18+

This is an outdoor energetic and fun fitness class with strength training, cardio, core and flexibility. Instructor will provide a variety of different workouts each week in a friendly and positive atmosphere.

Location: Stone Creek Community Park – Amphitheater

ACTIVITY	DAYS	DATES	TIME	FEE
2532	Sat	Ongoing	9 - 10 a.m.	\$45/8-visit card
2532	Tues & Thurs	Ongoing	5:30 - 6:30 p.m.	\$45/8-visit card

Interested in Being an Instructor?

Please contact us at 916-369-9844 or customerservice@cordovarpd.gov

YOUTH SPORT LEAGUES

PEE WEE

Pee Wee Soccer League

Ages: 4 - 6

Join us for our Pee Wee Soccer league! This is an instructional 4 v. 4, six-week soccer league. Players will be separated into small teams where volunteer coaches will teach them the fundamentals of the game in a safe, fun, and enriching environment. Each team will have a one-hour practice during the week (Monday-Friday) based on the volunteer coach's availability and games will be played on Saturdays.

Location: Mather Sports Complex – Synthetic Turf Soccer Fields

ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
7006	Jan. 26	Sat	Mar. 1 - Apr. 5	10 a.m. - Noon	\$135*

Skills Clinic (Players and Coaches): February 8, 10 - 11 a.m.

*\$150 after registration deadline

NEW! Pee Wee Track & Field

Ages: 3 - 6

Join us for this brand-new Pee Wee Track and Field! This is an instructional club where participants meet once weekly for practice and have two meets during the season. Track and Field events will include running, hurdles, baton relay races, discus, javelin, and shot put. Volunteer coaches will help run meets and teach the fundamentals of each event in a safe, fun, and enriching environment. Participants will practice once a week on Tuesdays and meets will also be held on Tuesdays.

Location: Mather Sports Center

ACTIVITY	REG. DEADLINE	DAYS	SEASON	TIME	FEE
7007	Aug. 26	Tues	Sept. 9 - Oct. 14	5 - 6 p.m.	\$135*

*\$150 after registration deadline

Volunteer Coaches

Attention passionate individuals! If you're prepared to positively impact young athletes and play a vital role in their development, we invite you to become a part of our coaching team. Your expertise is crucial in shaping the future of these emerging stars, and our leagues rely on dedicated volunteer coaches like you. Contact us at 916-312-1493 or customerservice@cordovarpd.gov to explore this fulfilling coaching opportunity. Let's work together to inspire the next generation of champions!

For league schedules and rules, please visit www.teamsideline.com/cordova



Jr. NBA Youth Basketball Leagues

Grades: Kindergarten - 5th Grade

They run, shoot, and they score! In partnership with the Jr. NBA, we are offering our Jr. NBA Coed Youth Basketball league. This program includes one practice per week and six league games, depending on the season and gym availability. Each team requires two volunteer coaches and/or team helpers. The practice schedule (day/time) is dependent on the volunteer coach.

Location: Mather Sports Complex – Gym

SPRING 6 - GAME LEAGUE

Skills Clinic Day: Saturday, February 15, 10 a.m. - Noon

ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
7002	Feb. 2	Sat	Mar. 8 - Apr. 12	8 a.m. - 1 p.m.	\$125*

*\$140 after registration deadline



NFL Youth Flag Football League

Grades: Kindergarten - 8th Grades

Our Coed and Girls NFL Youth Flag Football League is ready for a touchdown, and we're eager to get more girls involved! Every participant, will receive an NFL Flag jersey, shorts, and a certificate of participation. Interested in coaching? Each team requires two dedicated volunteer coaches or helpers. Practices are 2 times a week and based on coach's availability.

Location: Heron Landing Community Park

SPRING 6 - GAME LEAGUE

DIVISION	ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
Co-Ed	7004	Mar. 30	Sat	Apr. 26 - June 7	8 a.m. - 3 p.m.	\$145*
Girls	7004	Mar. 30	Sat	Apr. 26 - June 7	8 a.m. - 3 p.m.	\$145*

*\$160 after registration deadline



Girls Youth Volleyball League

Grades: 5th - 8th Grades

Our league builds essential skills like passing, setting, serving, and spiking. Each team enjoys one practice session per week and a guaranteed 8-game season. Practice schedules (day/time) vary based on the volunteer coach's availability and gym access.

Location: Mather Sports Center – Gym

SUMMER 8-GAME LEAGUE

Evaluation Day: Friday, April 28, 5:30 - 7:30 p.m.

ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
7005	Apr. 13	Tues	May 6 - June 24	5:30 - 7:30 p.m.	\$145*

*\$160 after registration deadline



FALL 8 - GAME LEAGUE

DIVISION	ACTIVITY	REG. DEADLINE	DAYS	SEASON	GAME TIMES	FEE
Co-Ed	7400	July 21	Sat	Sept. 6 - Oct. 25	8 a.m. - 2 p.m.	\$160*
Girls	7400	July 21	Sat	Sept. 6 - Oct. 25	8 a.m. - 2 p.m.	\$160*

*\$175 after registration deadline



ADULT SPORT LEAGUES

For league information, registration packets, deadlines, schedules and scores, please visit:
www.teamsideline.com/cordova



Adult Softball

Ages: 18+

Play Ball with us today at the Mather Sports Complex, in one of our popular adult softball leagues! We offer recreational or competitive Men's, Women's and Coed leagues. Sign up early to get your teams spot secured, as our leagues fill up fast. Each team is required to pay an annual \$35 USA Softball team insurance fee.

Location: Mather Sports Complex – Softball Complex

ACTIVITY	SEASON	DAYS	START DATE	TIME	FEE	REG. DEADLINE
8010	Spring	Mon-Fri	Mar. 3	6 - 10 p.m.	\$575*	Feb. 2
8010	Summer	Mon-Fri	May 5	6 - 10 p.m.	\$575*	Apr. 6
8010	Fall	Mon-Fri	July 7	6 - 10 p.m.	\$575*	June 8
8010	2025 USA Softball Fee				\$35	

*\$590 after registration deadline

Adult Basketball 5 vs. 5

Ages: 18+

Game on! Join us for our recreation 5 v. 5 basketball league. Our leagues are geared for teams looking to get some court time in a safe, fun and friendly environment. Teams are guaranteed seven games and the top four teams in each division qualify for playoff games.

Location: Mather Sports Center – Gym

ACTIVITY	SEASON	START DATE	DAYS	TIME	FEE	REG. DEADLINE
8301	Spring	Mar. 3	Mon-Fri	7-10 p.m.	\$560	Feb. 2
8301	Summer	May 5	Mon-Fri	7-10 p.m.	\$560	April 6
8301	Fall	July 14	Mon-Fri	7-10 p.m.	\$560	June 15

Adult Volleyball

Ages: 18+

Bump, Set and Spike! Join us for our Women's and Coed Recreation volleyball leagues at the Mather Sports Center.

Location: Mather Sports Center – Gym

ACTIVITY	SEASON	START DATE	DAYS	TIME	FEE	REG. DEADLINE
8303	Spring	Apr. 15	Tues	7 - 10 p.m.	\$350	Mar. 16
8303	Summer	June 17	Tues	7 - 10 p.m.	\$350	May 18
8303	Fall	Aug. 26	Tues	7 - 10 p.m.	\$350	July 27



ADULT PICKLEBALL *NEW*

Ages: 18+

Fee: \$175

Join us at the new pickleball courts at Rosemont Community Park! Dive into our self-officiated pickleball league, where teams of two engage in 8 league games, leading to exciting playoffs. The triumphant team earns championship t-shirts and the ultimate bragging rights.

Location: Rosemont Community Park – Pickleball Courts

ACTIVITY	SEASON	START DATE	DAYS	TIME	REG. DEADLINE
8500	Spring	Mar. 19	Wed.	6 - 8 p.m.	Feb. 23
8500	Summer	May 21	Wed.	6 - 8 p.m.	Apr. 20

MATHER SPORTS COMPLEX



3755 Schriever Avenue, Mather | 916-362-1704

Monday - Friday: 12 - 9 p.m.

Saturday & Sunday: 8 a.m. - 6 p.m.

 Follow us @mathersportscomplex for the latest updates!

Rates

GOOD ALL DAY FOR ALL INDOOR AMENITIES

- \$6 drop-in
- \$3 Student drop-in. Student drop-in fee is for students 18 and younger. (Must show a valid school I.D. card)
- \$37/10-visit punch card (Expires one year after purchase date)
- \$3 Military (Must show valid military ID)
- \$8 drop-in table tennis
- \$50/10-visit punch card (table tennis)

Memberships

To qualify for a group membership rate, at least 10 people from a business/organization/complex/association/etc. must initially sign up at the same time to establish the group. Once established, all persons associated with the group qualify for the group rate. Must show proof of association with the group or military (i.e. ID badge/card, Military I.D., business card, pay stub, etc.).

Individual
\$26/MO.

Groups/Military
\$21/MO.

ADULT DROP-IN PICKLEBALL

Mather Sports Center
Monday-Friday • 9 a.m. - Noon

BEGINS MAY 1

Indoor Amenities

- Indoor High School Basketball Court with 2 Cross Courts
- Indoor Main Volleyball Court with 2 Cross Courts
- 3 Indoor Pickleball Lines/Courts
- 3 Racquetball/Multi-use Courts
- 2 Weight Rooms and 1 Cardio Room
- Dance Studio
- Daily Use Lockers

Outdoor Amenities

- 3 Synthetic Turf Softball/Baseball Fields
- 2 Synthetic Turf Soccer/Multi-Use Fields
- 1 Natural Grass Baseball Field
- Skate Park
- Children's Playground
- Pétanque Courts
- Picnic Areas

Plaza Skate Park

Open sunrise to sunset for skateboards, bike riders, inline skaters, roller skaters and scooters alike the skate park is available for rent hourly or daily you can host large competitive or recreational competitions. **For rental inquiries please visit <https://cordovarpd.gov/rentals/rent-a-field>.**

Sports & Leagues

To access league details, kindly visit www.cordovarpd.gov or refer to page 20 for Youth Sports and Pee Wee leagues and page 21 for Adult Sport leagues. **For game schedules, rules and standings, please visit www.teamsideline.com/cordova.**

Events & Tournaments

Mather Sports Complex is a regional sports destination with synthetic turf sports fields, a full-size basketball gym with volleyball and pickleball courts, cardio and weight rooms, racquetball courts, a dance studio and a natural turf baseball field available to rent. **Visit cordovarpd.gov/rentals/rent-a-field for rental information.**

Pétanque (pay-tonk) Courts & Club

Similar to bocce ball, pétanque is a form of boules, where the goal is to throw a hollow metal ball as close as possible to a small wooden ball called a cochonnet or jack. Local clubs Sactown Petanque and Club Francais De Sacramento meet at the Mather Sports Complex regularly. Club Francais meets officially every Thursday and Sunday at 1 p.m. (10 a.m. during June - Sept.) Both clubs host competitive and casual pétanque tournaments at least once a month, among other social events. **For more information, visit www.sactownpetanque.com or email clubfrancaisdescaramento@gmail.com.**



GOLF COURSE



Cordova GOLF COURSE

9425 Jackson Road, Sacramento, CA | 916-362-1196
cordovagc.gov | Daily | Sunrise - Sunset



Book Your Tee Time at
cordovagc.gov

Green Fees & Rates

18-HOLE FEE

MON-FRI	WALKING w/ POWER CART	WEEKENDS/ HOLIDAYS	WALKING w/ POWER CART
Regular	\$28 \$45	Regular	\$34 \$51
Seniors, Vets, First Responders	\$24 \$41	Seniors, Vets, First Responders	\$30 \$47
Twilight (after 3 p.m.)	\$19 \$36	Twilight (after 3 p.m.)	\$24 \$41
Last Light (2 hrs before sunset)	\$13 \$25	Last Light (2 hrs before sunset)	\$13 \$25
Junior (15 & Under)	\$15	Junior (15 & Under)	\$15
Youth on Course	\$5	Youth on Course	\$5

9-HOLE FEE

MON-FRI	WALKING w/ POWER CART	WEEKENDS/ HOLIDAYS	WALKING w/ POWER CART
Regular	\$17 \$29	Regular	\$21 \$33
Twilight (after 3 p.m.)	\$15 \$27	Twilight (after 3 p.m.)	\$17 \$29
Last Light (2 hrs before sunset)	\$13 \$25	Last Light (2 hrs before sunset)	\$13 \$25
Junior (15 & Under)	\$10	Junior (15 & Under)	\$10
Youth on Course	\$3	Youth on Course	\$3

RENTAL RATES

18-HOLE	FEE	9-HOLE	FEE
Power Cart	\$17 per rider	Power Cart	\$12 per rider
Push Cart	\$8	Push Cart	\$6
Golf Clubs	\$15	Golf Clubs	\$10

DRIVING RANGE

BUCKET	FEE
Large Bucket (120 balls)	\$15
Medium Bucket (75 balls)	\$10
Small Bucket (30 balls)	\$5
Range Key Deposit	\$5



916-822-4176

Catering, Business Lunches, Craft Beers on Tap!



Follow @cordovagolfcourse
on Instagram & Facebook

Tournaments

Groups and individuals interested in scheduling
a tournament can make reservations by calling the
Pro Shop at 916-362-1196.

LESSONS & CLINICS

Private Golf Lessons



Whether you're a beginner or an avid golfer, you are invited to participate in golf lessons at Cordova Golf Course. We can help you learn to play or significantly improve your game. Our Professional Golf Instructors customize instruction tailored to your skill level and will help you achieve your personal goals.

Adult Lessons (Ages 18+)

Instructor	30-Minutes Fee	1 Hour Fee
Jack Rovane, PGA	\$50	-
Denise Fass, PGA	\$50	\$100
Don Levin	-	\$100
Myka Yong, PGA	\$50	\$100

Junior Lessons (Ages 6-17)

Instructor	30-Minutes Fee	1 Hour Fee
Jack Rovane, PGA	\$40	-
Denise Fass, PGA	\$40	\$80
Don Levin	\$40	-
Myka Yong, PGA	\$25-\$40	\$80

Golf Clinics

First Tee Junior Clinics

With Jack Rovane, PGA

Instruction focuses on golf fundamentals, promotes positive self-esteem, sportsmanship and healthy habits. Golfers are introduced to the First Tee Nine Core Values. These are incorporated throughout the program and parents are encouraged to reinforce these behaviors outside the course.

AGES	DAYS	DATES	TIME	FEE
6 - 18	1st & 3rd Sat every month	Ongoing*	10 - 11 a.m.	\$15/player, per day

*Subject to weather conditions. During periods of wet weather, visit [Facebook.com/cordovagolfcourse](https://www.facebook.com/cordovagolfcourse) or call 916-362-1196 (option 1) one hour prior to class for updates on weather conditions and course closure.

After School Golf Program

With Myka Yong, PGA

Our after-school golf program is a fun and educational opportunity for students (both beginning and experienced) to learn and enjoy the game of golf in a positive and supportive environment.

AGES	DAYS	DATES	TIME	FEE
5 - 17	Mon-Fri	Sept - May (Ongoing)*	4 - 5 p.m.	\$100/player, per month

*Call the course for more information

Junior Golf Summer Camp(s)

With Myka Yong, PGA

Junior Golf Summer Camps run in weekly sessions throughout summer break. No clubs necessary, no experience necessary. Junior golfers of all abilities are welcome and encouraged to participate.

AGES	DAYS	DATES	TIME	FEE
5 - 17	Mon-Fri	June - July (Ongoing)*	11 a.m. - Noon	\$100/player, per week

*Call the course for more information

Instructional Series

With Denise Fass, PGA

Fine-tune your swing, enhance your shot-making, learn golf strategy (and more!) with our instructional program series. Whether you're new to golf or looking for a competitive edge, Coach Denise offers a wide spectrum of instructional packages for golfers of all ages and abilities. Choose a private lesson series or grab some friends and start a group series!

Junior Series

2.5 Series (150 min.)
\$250

Adult Series

5 Series (300 min.)
\$450

Junior Groups

SERIES	GOLFERS	FEE
2.5 Series (150 min.)	1-3 Golfers	\$75/Golfer
2.5 Series (150 min.)	4-6 Golfers	\$65/Golfer

Adult Groups

SERIES	GOLFERS	FEE
5 Series (300 min.)	2 Golfers	\$275/Golfer
5 Series (300 min.)	3 Golfers	\$250/Golfer
5 Series (300 min.)	4 Golfers	\$225/Golfer



Operation 36

With Denise Fass, PGA

Learning to play golf can be an overwhelming and frustrating experience without a clear plan! Operation 36 provides beginners with the most effective developmental programs and technology to learn the game of golf. Become a skilled golfer with Coach Denise and follow the motivating roadmap to shooting Par (36) and better for 9 holes!

AGES	DAYS	DATES	FEE
6-Adult	Ongoing	Year-Round	\$360/session



Youth On Course



Golf teaches important social, mental and physical skills. Providing youth with access to affordable golf is key to these endless learning opportunities. Youth On Course members can play golf for \$5 or less! For more information or to register your child, please visit www.youthoncourse.org.

Mon-Fri Hours	Sat-Sun Hours	Fee
After 11 a.m.	After Noon	\$5 for 18 holes*
After 11 a.m.	After Noon	\$3 for 9 holes*

*Price available for active members only.

Questions?

For more information regarding lessons and instructor availability, please contact the Pro Shop at 916-362-1196 or email our team at golf@cordovarpd.gov

ARTS & ENRICHMENT



**REGISTRATION FOR 2025-26
OPENS MARCH 25!**

Cordova



STEAM

PRESCHOOL



Our preschool program is full STEAM ahead! STEAM includes the subjects of science, technology, engineering, art and math. Our program prepares your little learners with hands-on activities that encourage collaboration, critical thinking and creativity. Contact 916-369-9844 or email Courtney at customerservice@cordovarpd.gov for more information or to register.

Requirements:

- Birth certificate and immunization records for new students
- Children must be potty trained and 3 on or before Sept. 1, 2025, for Micro Class
- Children must be potty trained and 4 on or before Sept. 1 2025, for Mega Class

Location: Hagan Community Center – Building 3

ACTIVITY	CLASS	DAYS	DATES	TIME
3161	Mega	Mon, Wed, Fri	Sept. 3 - May 8	9 a.m. - Noon
3162	Micro	Tues & Thurs	Sept. 2 - May 7	9 a.m. - Noon

FEE: MEGA: \$330/mo | MICRO: \$236/mo
Plus \$55 registration fee

Cordova STEAM Play!

Ages: 3-5

STEAM Play is our summer program for preschoolers that combines play, exercise and STEAM activities. This program is perfect for littles to make new friends, explore their world, learn socialization skills and have fun. Children must be potty trained and 3 years old on or before Sept. 1, 2025.

Location: Hagan Community Center – Building 3

ACTIVITY	WEEK	DAYS	DATES	TIME	FEE
3160	1	Mon - Thurs	June 2 - 12	9 a.m. - Noon	\$240
3160	2	Mon - Thurs	June 16 - 26	9 a.m. - Noon	\$240

Cordova STEAM Open House

Open House is our orientation night to learn more about Cordova STEAM Preschool and your chance to ask the teacher and program supervisors any questions you have about the program. Please note that the Open House is for grown-ups only, students will have their chance to see the classroom and meet the teacher at our Meet the Teacher days.

Location: Hagan Community Center – Building 3

DAYS	DATES	TIME	FEE
Thurs	Aug. 21	6 - 7 p.m.	Free

Meet the Teacher

Registered students are invited to see their classroom and meet their teachers. The classroom will be open for 2 hours this day. Please stop by anytime during this window for a short visit. Grown-ups must stay with their students.

Location: Hagan Community Center – Building 3

CLASS	DAYS	DATES	TIME	FEE
Mega	Wed	Aug. 27	9:30 - 11:30 a.m.	Free
Micro	Thurs	Aug. 28	9:30 - 11:30 a.m.	Free



Ballet

With Turns n Tumble

Location: Hagan Community Center – Building #1

Attire for Pre-Ballet & Ballet 1: Black leotard, pink/flesh-tone footless tights, flesh-tone leather ballet slippers or bare feet, and/or white shirt, black shorts and black leather ballet shoes or bare feet.

*Spring ballet recital: 4/23; Fall ballet recital: 8/27. \$5 instructor fee to participate.

Baby Ballet

Ages: 18 mo - 3

Ballet is the foundation for many dances, so why not get an early start? Baby Ballet trains your little one in the fundamentals through well-known nursery rhymes!

ACTIVITY	DAYS	DATES	TIME	FEE
3124	Wed	Ongoing	3:45 - 4:15 p.m.	\$48/month*

Pre-Ballet

Ages: 3 - 5

Learn proper ballet technique and terms in a fun and rewarding atmosphere.

ACTIVITY	DAYS	DATES	TIME	FEE
3125	Wed	Ongoing	4:15 - 5 p.m.	\$48/month*

Ballet 1

Ages: 6 - 14

Dancers will learn turns, leaps and jumps as they develop personal artistry, while enhancing their physical coordination. No tutus or skirts allowed.

ACTIVITY	DAYS	DATES	TIME	FEE
3126	Wed	Ongoing	5 - 5:45 p.m.	\$48/month*

Zumbini®

With Stephanie

Ages: 2 months - 4 (Parent participation required)

Zumbini® parent and child program combines music, dance and educational tools for 45 minutes of can't stop-won't stop bonding, learning and fun!

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
3141	Thurs	Ongoing	10 - 10:45 a.m.	\$40/month

After School Art Club

With Heart Craft Studio

Ages: 6 - 12

Dive into exciting projects that introduce various mediums, like painting, drawing, mixed media and more!

Location: White Rock Community Clubhouse

ACTIVITY	DAYS	DATES	TIME	FEE
3231	Tues	Monthly	4 - 5:30 p.m.	\$100/month*

*\$20 material fee payable at the first class of each month.

Ukelele for Beginners

With Jean Dalton

Ages: 9th - 12th Grade

Learn how to properly tune your uke and learn chords in order to play, also strumming patterns to make your playing fun. Instruments are not provided. You will need a soprano or concert size ukulele and a tuner.

Location: Neil Orchard Senior Activities Center

ACTIVITY	DAYS	DATES	TIME	FEE
9054	Tues	Weekly	4:15 - 5:15 p.m.	\$75



Valentine's Party at the Barn

With CRPD Staff

Ages: 5 - 12

Exchange Valentine's cards with the animals. Pre-register to ensure your spot.

Location: Hagan Community Barn

ACTIVITY	DAYS	DATES	TIME	FEE
6125.4	Sat	Feb. 8	10:30 a.m. - 2 p.m.	\$5

Story Walk with Brownie

Ages: 5 - 12

Walk with our Pygmy Goat, Brownie, hear a nature story, learn about the Barn's farm friends and take a scavenger hunt.

ACTIVITY	DAYS	DATES	TIME	FEE
623.3	Fri	Mar. 8	4 - 5 p.m.	\$5/person
623.4	Fri	Apr. 12	5 - 6 p.m.	\$5/person

Painting Party at the Barn

With CRPD Staff

Ages: 5+

Visit the Hagan Community Barn for an afternoon of painting while visiting with their favorite farm friends. Pre-register to ensure your spot.

Location: Hagan Community Barn

ACTIVITY	DAYS	DATES	TIME	FEE
6125.5	Sat	Mar. 8	1 - 3 p.m.	\$5

Cupcakes Birthday Party

With CRPD Staff

Ages: 5+

Celebrate the birthday of our Provence Donkey, Cupcake. Participants can tour the barn, create arts and crafts, and enjoy a special birthday treat in Cupcake's honor.

Location: Hagan Community Barn

ACTIVITY	DAYS	DATES	TIME	FEE
6125.7	Sat	Apr. 26	10 a.m. - Noon	\$5

Rodeo Lunch at the Barn

With CRPD Staff

Ages: 5+

Join us for an afternoon of animals, games, music and lunch. Pre-register to ensure your spot.

Location: Hagan Community Barn

ACTIVITY	DAYS	DATES	TIME	FEE
6125.6	Sat	May 10	11 a.m. - 2 p.m.	\$5

Barn Tours

With CRPD Staff

Staff will introduce you to our animals and share a brief history about each one. Bring a picnic and enjoy your lunch at nearby picnic tables in the park.

DAYS	DATES	TIME	FEE
Sat*	Ongoing	10 a.m. - Noon	\$5/family**, cash only

*Tours do not take place on holidays or in the rain

**Family = 1 - 4 people

Camp Cordova

With CRPD Staff

Location: Hagan Community Park & Center | Time: 8 a.m. - 5 p.m.

Our summer will be filled with weekly themes and adventures. Our staff will lead activities such as arts and crafts, sports, games, and most importantly, fun! Field trips and swim days are included in the weekly camp fees.

*No camp 7/4 & 7/5

**Camp Cordova Junior and Camp Cordova Original will be combined this week.

Camp Cordova Junior

Ages: 6 - 8

ACTIVITY	DAYS	DATES	THEME	FEE
5100	Mon - Fri	June 2 - 6	Farm Fun	\$195/week
5100	Mon - Fri	June 9 - 13	Adventure Island	\$195/week
5100	Mon - Fri	June 16 - 20	Camp Carnival	\$195/week
5100	Mon - Fri	June 23 - 27	Great Outdoors	\$195/week
5100	Mon - Wed	June 30 - July 2*	Buggin' Out**	\$135/week
5100	Mon - Fri	July 7 - 11	Snack Attack	\$195/week
5100	Mon - Fri	July 14 - 18	Space in this Place	\$195/week
5100	Mon - Fri	July 21 - 25	Summer Splash	\$195/week
5100	Mon - Fri	July 28 - August 1	Minute To Win It	\$195/week

Camp Cordova Original

Ages: 9 - 12

ACTIVITY	DAYS	DATES	THEME	FEE
5200	Mon - Fri	June 2 - 6	Farm Fun	\$195/week
5200	Mon - Fri	June 9 - 13	Adventure Island	\$195/week
5200	Mon - Fri	June 16 - 20	Camp Carnival	\$195/week
5200	Mon - Fri	June 23 - 27	Great Outdoors	\$195/week
5200	Mon - Wed	June 30 - July 2*	Buggin' Out**	\$135/week
5200	Mon - Fri	July 7 - 11	Snack Attack	\$195/week
5200	Mon - Fri	July 14 - 18	Space in this Place	\$195/week
5200	Mon - Fri	July 21 - 25	Summer Splash	\$195/week
5200	Mon - Fri	July 28 - August 1	Minute To Win It	\$195/week

CAMP CORDOVA

FEBRUARY BREAK

Ages: 6 - 12

Our campers will have a fun-filled week of crafts, games, cooking and more to keep them entertained and busy all week long.

Location: Hagan Community Center

ACTIVITY	DAYS	DATES	TIME	FEE
3154	Tues - Fri	Feb. 18 - 21	8 a.m. - 5 p.m.	\$140

*No camp 2/17

Little Chef's World

Ages: 4 - 18

With Madi Kakavas

A variety of culinary skills, as well as kitchen and food safety tips are incorporated into each class. Students will create a meal or entrée to enjoy in class or share with friends and family. **Safety Guidelines: Tie up long hair. No open toed shoes. Class Note: Due to nut allergies, no nuts are used in any recipes. However, the center is not a nut free facility.**

Location: Neil Orchard Senior Activities Center

ACTIVITY	DAYS	MONTH	TIME	FEE
9900	Wed	June	4 - 5 p.m.	\$65**
9900	Wed	July*	4 - 5 p.m.	\$65**
9900	Wed	August	4 - 5 p.m.	\$65**

*No class 7/2

**Additional \$60 material fee due to Instructor on first day of each session.

Total class cost is \$125

Kids in the Kitchen

Ages: 8 - 17

With Steve Salle

With hands-on experience, children will learn basic kitchen skills, from measuring and mixing to chopping (with safe, kid-friendly tools). Discover new flavors, build confidence, and develop a love for cooking, all while making delicious meals to share. **\$5 material fee due at start of class.**

Location: Neil Orchard Senior Activities Center

ACTIVITY	DAYS	DATES	TIME	FEE	THEME
9010	1st Friday	Feb.	4 - 5 p.m.	\$25	Southwestern
9010	1st Friday	Mar.	4 - 5 p.m.	\$25	Sunday Brunch
9010	1st Friday	Apr.	4 - 5 p.m.	\$25	Desserts

Ukelele for Beginners

Ages: 8 - 18

With Jean Dalton

Start by learning how to properly tune your uke and learn chords in order to play, also strumming patterns to make your playing fun. Learn lots of new songs and Sing along if you like. Instruments are not provided. You will need a soprano or concert size ukulele and a tuner.

Location: White Rock Community Clubhouse

ACTIVITY	DAYS	DATES	AGES	TIME	FEE
3210	Thurs	Weekly	4th - 5th Grade	3:15 - 4:15 p.m.	\$75
3220	Thurs	Weekly	6th - 8th Grade	4:15 - 5:15 p.m.	\$75

TEEN PROGRAMS



LOCATION

2197 Chase Drive, Rancho Cordova

Mon-Fri | 3-6 p.m. | Follows the FCUSD calendar

You do not have to be a member of the HYDE Out program to participate in HYDE Out events.

The HYDE Out Teen Center Program 2025-26

Ages: 6th - 10th Grade

Fee: \$60/School year

Looking for a place for your teen to hang after school? The HYDE Out offers a comfortable space for local teens to develop skills, discover new talents and meet new friends. The HYDE Out is located within walking distance from Cordova High School and Mills Middle School and transportation is provided from Mitchell Middle School (limiting seating available).

For more information visit www.cordovarpd.gov/programs/teens/ or contact Courtney at constot@cordovarpd.gov or 916-369-9844.

Register at Hagan Community Center

DAYS	DATES	TIME
Mon-Fri	Aug. 11, 2025 - May 15, 2026*	3 - 6 p.m.

*Excludes holidays

Teen Late Nights

With CRPD Staff

Ages: 6th - 10th grade

Fee: \$10/HYDE Out members, \$12/non-members

Join us for our Teen Late Night and enjoy dinner, themed activities and much more!

ACTIVITY	DAYS	DATES	TIME	THEME
3171	Fri	Jan. 17	6 - 9 p.m.	Chef's Choice
3171	Fri	Mar. 14	6 - 9 p.m.	March Madness

Babysitting Class

Ages: 10 - 14

Introduces the skills required to become a babysitter. Focuses on training and certification in American Red Cross Babysitting, including CPR and First Aid. Participants will learn important water safety and rescue techniques in the pool module.

Location: Hagan Community Center & Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4530.01	Fri	June 27	9 a.m. - 5 p.m.	\$99/person

Babysitter Training

With CRPD Staff

Ages: 6th - 12th grade

This American Red Cross class will prepare you to become one of the most capable, trusted and in-demand sitters in your neighborhood. In fact, 8 in 10 surveyed parents said they would pay more for a trained babysitter who holds Red Cross babysitting certifications. Start your babysitting business on the right foot and learn how to be a safe, professional and reliable sitter. This training will provide a Babysitters Training and Pediatric First Aid Certification.

ACTIVITY	DAYS	DATES	TIME	FEE
3151	Sat	Aug. 16	9 a.m. - 5 p.m.	\$99

**THE HYDE OUT
END OF SCHOOL YEAR
CELEBRATION
Bash!**

**GRADES:
5TH-10TH**

CORDOVA COMMUNITY POOL

Cool off and celebrate the end of the school year at the Cordova Community Pool! Event includes dinner, games, music and access to the Cordova Community Pool.

ACTIVITY	DAYS	DATES	TIME	FEE
3171	Fri	May 16	5 - 8 p.m.	\$10 Member/\$15 Non-Member

Outdoor Adventures

Led by the Teen Adventure Group

Teen Adventure Group (TAG)

The TAG program is comprised of 6th-12th graders who will work with CRPD staff to host outdoor community events and participate in various nature trips. TAG members will learn how to plan and execute events, participate in mentoring and career workshops and will have the opportunity to address youth and teen related issues pertaining to services and safe spaces. Staff will work with teens to develop positive life and decision-making skills, while learning to effect change through cultivation of leadership qualities by connecting with the community. TAG members will have opportunities for biking, hiking, kayaking, camping and creating long lasting memories through outdoor adventures!

Who Can Apply for TAG?

- ▶ Middle or high school students who go to school or reside within CRPD boundaries
- ▶ Applications will be accepted throughout the year. Teens interested in attending the end of summer camping trip must meet attendance requirements; TAG members must attend at least three (3) meetings and one (1) special event.

Tag Meetings

Meeting Date/Time: Second Thursday of each month from 5:30 - 6:30 p.m.

Location: Neil Orchard Senior Activities Center, 3480 Routier Rd, Sacramento
Additional workshops and meetings are scheduled throughout the year for TAG members and include other locations.

This program funded by the Outdoor Equity Grants Program, created through AB 209 and administered by California State Parks, Office of Grants and Local Services.

Multi-Generational Outdoor Adventures

With TAG and CRPD Staff

Ages: All

TAG members will lead hikers on basic hikes in an outdoor nature setting.

Kennedy Gold Mine Tour

Come join the TAG Program as we explore California's deepest gold mine! Learn about the history of gold mining through the exploration of museums, historical structures, simulated tours, and more!

Lunch and snack will be included. Activity Level: Moderate

Location: Meet at Neil Orchard Senior Activities Center

ACTIVITY	DAYS	DATES	TIME	FEE
3825.04	Sat	Mar. 8	9 a.m. - 2 p.m.	\$20



Teen Outdoor Adventures

With CRPD Staff

Ages: 11 - 17

Activity: 3825

Fee: Free for TAG Members, \$10/non-TAG Members

Teens will have a blast visiting new places and experiencing exciting adventures. Join us and explore nature, learn new skills and become a steward of the local environment. All equipment is provided.

Location: Meet at Neil Orchard Senior Activities Center

DAYS	DATES	TIME	TRIP
Sat	Mar. 8	9 a.m. - 2 p.m.	Kennedy Gold Mine Tour*
Sat	Mar. 22	9 - 11 a.m.	Creek and River Clean-up
Sat	Apr. 5	9 a.m. - 2 p.m.	Horseback Riding
Sat	May 10	8 a.m. - 4 p.m.	Zipline Adventures
Wed	June 18	8:30 a.m. - 3 p.m.	White Water Rafting
Tues-Thurs	June 24 - 26	8 a.m. - 1 p.m.	Summer Kick Off Camping Trip
Mon-Fri	July 21-25	8:30 a.m. - 1:30 p.m.	Summer Camp with Bike Lab
Sat	Aug. 2	9 a.m. - 1 p.m.	Sac State Aquatics Adventure
Sat	Aug. 23	8 a.m. - 3 p.m.	Bike Ride in Tahoe

*Multigenerational activity for the whole family

Summer Kick Off Camping Trip – Lake Tahoe

With CRPD Staff

Ages: 11 - 17

Fee: Free for TAG Members, \$10/non-TAG Members

Join the TAG program for a 3-day camping trip to Tahoe. Enjoy swimming in the lake, s'mores around the campfire, and some exciting outings and experiences. All equipment and meals are provided.

Location: Meet at Neil Orchard Senior Activities Center at 8 a.m.

ACTIVITY	DAYS	DATES
3825.10	Tues - Thurs	June 24 - 26

TEEN OUTDOOR ADVENTURE

Summer Camp

7/21-7/25

With Bike Lab Staff

Ages: 11 - 17

Fee: Free for TAG Members, \$10/non-TAG Members per day

Come join our summer camp where we partner with Bike Lab of Sacramento to create a fun and educational outdoor experience. Learn about bike maintenance, go on rides, participate in crafts, games, waterplay and more! Sign up for individual days or the whole week.

Location: Meet daily at Lincoln Village Community Park

ACTIVITY	DAYS	TIME	SPECIAL DAILY ACTIVITIES
3825.5	Mon	8:30 a.m. - 1:30 p.m.	Bicycle ABC's and Nature Hike
3825.5	Tues	8:30 a.m. - 1:30 p.m.	Bike Ride Along the River
3825.5	Wed	8:30 a.m. - 1:30 p.m.	Build a Bike
3825.5	Thurs	8:30 a.m. - 1:30 p.m.	Bike Skills at the Pump Track
3825.5	Fri	8:30 a.m. - 1:30 p.m.	Pool Party

Art Lab

With Heart Craft Studio

Ages: 16+

Join us for Art Lab - a multimedia art class for the creatively curious! Unleash your imagination in this class designed for those eager to experiment with art. This beginner friendly, hands-on course invites you to combine various materials and techniques from painting, drawing, collage, macrame, and more, participants will get to play with the possibilities of texture, color, and form while creating playfully curious works of art. Each session encourages self-expression and experimentation, making it perfect for artists of all levels!

Location: White Rock Community Clubhouse

ACTIVITY	DAYS	DATES	TIME	FEE
2231	Mon	Monthly	6 - 7:30 p.m.	\$100/month*

*\$20 material fee payable at the first class of each month.

Watercolor Wednesdays

With Heart Craft Studio

Ages: 16+

Join us for Watercolor Wednesdays - a beginner friendly watercolor painting class that explores different techniques, styles, and subjects! In this weekly class, you'll discover the beautiful techniques of watercolor painting, including washes, blending, layering, and more! Each session will guide you through creating your own stunning works of fluid art, from landscapes, florals, and learning all sorts of other trendy and seasonal watercolor elements, all while building your confidence and skills. With encouraging instruction and plenty of hands-on practice, you'll learn how to embrace the fluidity of watercolors and express your creativity. No prior experience is required—just bring your curiosity and a desire to explore your own fluid artistry!

Location: White Rock Community Clubhouse

ACTIVITY	DAYS	DATES	TIME	FEE
2233	Wed	Monthly	6 - 7:30 p.m.	\$100/month*

*\$20 material fee payable at the first class of each month.

Drawn to Art

With Heart Craft Studio

Ages: 16+

Join us for Drawn to Art - a beginner friendly drawing class that explores different techniques, styles, and subjects using a variety of drawing mediums such as pastels, charcoal, and more! In this class, you'll explore fundamental techniques from basic shapes to shading and perspective. Through hands-on exercises and guided projects, you'll build your skills and confidence with a variety of drawing mediums, along with learning how to observe the world around you and translate it onto paper. Whether you're looking to sketch for fun or lay the foundation for further artistic pursuits, this class is your first step into the exciting realm of drawing! Perfect for beginners!

Location: White Rock Community Clubhouse

ACTIVITY	DAYS	DATES	TIME	FEE
2234	Thurs	Monthly	6 - 7:30 p.m.	\$100/month*

*\$20 material fee payable at the first class of each month.

Ukelele for Beginners

With Jean Dalton

Ages: 18+

Ukuleles are Easy, Fun, Social, and Portable! Come learn how to tune and play your ukulele. Start by learning how to properly tune your uke and learn chords in order to play, also strumming patterns to make your playing fun. Learn lots of new songs and Sing along if you like. Instruments are not provided. You will need a soprano or concert size ukulele and a tuner.

Location: Neil Orchard Senior Activities Center

ACTIVITY	DAYS	DATES	TIME	FEE
9053	Tues	Weekly	5:30 - 6:30 p.m.	\$75



Adventure with Acrylics

With Heart Craft Studio
Ages: 16+

Join us for Adventure with Acrylics - a beginner friendly acrylic painting class that explores different techniques, styles, and subjects! Designed for both beginner and aspiring artists alike, participants will learn essential painting techniques, including color mixing, brushwork, layering, and more! Each session focuses on exploring your own unique style while building confidence and artistry. With guided instruction and a supportive atmosphere, you'll explore your artistic style and leave with beautiful artwork to showcase. No experience needed—just bring your enthusiasm and a willingness to experiment. Join us and unleash your creativity with acrylics!

Location: White Rock Community Clubhouse

ACTIVITY	DAYS	DATES	TIME	FEE
2232	Tues	Monthly	6 - 7:30 p.m.	\$100/session*

*4 classes, \$20 material fee payable at the first class of each month.



See page 26 for
Youth Art Classes

TRIPS & EXCURSIONS

Collette Trips

All rates include roundtrip transfer to airport, roundtrip air, air taxes and fees/surcharges, and hotel transfers. Please contact Lara Nall at 916-366-3133 for more information.

Nashville & the Smoky Mountains Holiday

Experience the Gaylord Opryland Resort's magical holiday displays with over 2 million lights and unique Music City-inspired décor. Enjoy reserved seats at the Grand Ole Opry, the "home of American music." Historic RCA Studio B, Country Music Hall of Fame, Gaylord Opryland Resort Dinner & Holiday Show, Dollywood, Great Smoky Mountains National Park, Asheville, Biltmore Estate.

ACTIVITY	DATE	FEE
9006	Nov. 30 - Dec. 7, 2025	Double \$3,999

*Prices good until May 30

Tropical Costa Rica

San Jose, Coffee Plantation, Arenal Volcano, Cano Negro Refuge, Lake Arenal Cruise, Farm Tour and Lunch, Monteverde Cloud Forest, Choice on Tour: Monteverde Hanging Bridges or Canopy Adventure, Guanacaste.

ACTIVITY	DATE	FEE
9006	Jan. 16 - 24, 2026	Double \$2,999

*Prices good until July 16

The Northern Lights of Finland

Immerse yourself in the Arctic wilderness and learn about Sámi cultural traditions over the course of a 3-night stay in the north of Finland. Introduce yourself to majestic Lappish reindeer and take an evening sled ride. Lead your very own dog sled team. Spend the night in a glass igloo amid the Lappish wilderness.

ACTIVITY	DATE	FEE
9006	Feb. 19 - 26, 2026	Double \$5,999

*Prices good until July 20

Discover Spain's Classics

Madrid, The Prado Museum, Winery Tasting, Toledo, Cordoba, La Mezquita, Olive Oil Mill Tour, Seville, Choice on Tour: Santa Cruz Quarter Walking Tour or Guadalquivir River Boat Ride, Flamenco Show, Granada, The Alhambra, Valencia, Paella Experience, Barcelona, La Sagrada Familia

ACTIVITY	DATE	FEE
9006	Mar. 6 - 17, 2026	Double \$4,899

*Prices good until September 7

Get Up N' Go Motorcoach Trips

- All trips include roundtrip charter bus transportation with on-board restroom from the Neil Orchard Senior Activities Center, driver gratuity and refreshments on the bus
- Seating is assigned by staff. If special accommodations are needed, please contact Lara Nall at 916-366-3133 or customerservice@cordovarpd.gov
- Minors must be accompanied by a paying adult
- Charter bus can accommodate wheelchair and walkers, participants in wheelchairs must provide at least 30 days advance noticed to ensure a bus with a wheelchair lift is reserved (walkers will be stored under the bus during travel)

Almond Blossom Festival

The Almond Blossom Festival is Ripon's largest tradition of the year with an entire weekend of celebrations and events.

ACTIVITY	DAYS	DATE	FEE
9001	Fri	Feb. 21	\$75

Back to the Future the Musical in San Francisco

We will travel to the historic Orpheum Theater in San Francisco for a catered lunch before taking our seats for the award-winning show Back to the Future The Musical.

ACTIVITY	DAYS	DATE	FEE
9001	Wed	Mar. 5	\$145

Eleven Roses Ranch

Explore the gardens, vintage wagons and carriages or play a friendly game of Horseshoes. Complete your experience with a Chuck-wagon BBQ, including Dutch oven cobbler for dessert and complimentary Lake County wines.

ACTIVITY	DAYS	DATE	FEE
9001	Thurs	Apr. 17	\$145

Explore Sacramento

Experience the history, arts, food and culture of Sacramento on this unique, small group trip. Lunch and snacks are included, space is very limited.

ACTIVITY	DAYS	DATE	FEE
9001	Thurs	May 22	\$95

Spring into Mystery

Embark on a spring mystery trip filled with surprises and adventure! Discover hidden gems, savor seasonal delights and explore a secret destination that promises unforgettable memories. Let curiosity guide your way! Lunch will be included.

ACTIVITY	DAYS	DATE	FEE
9001	Thurs	June 19	\$135

Sausalito & Muir Woods

Enjoy free time to wander along the paved trails before heading down to Sausalito. Savor the San Francisco Bay view as you stroll along the historic waterfront in search of the perfect place for lunch (not included).

ACTIVITY	DAYS	DATE	FEE
9001	Thurs	July 31	\$75

ACTIVE ADULTS & SENIORS ACTIVITIES



NEIL ORCHARD SENIOR ACTIVITIES CENTER

MEMBERSHIP

CRPD offers a wide variety of fun and educational activities for active adults and seniors throughout the District. For a membership fee of just \$10 per year, active adults and seniors will receive discounts on classes and events, monthly newsletters and more.

Non-Member cost: \$5 more per class and \$2 drop in fee for ongoing activities at the Neil Orchard Senior Activities Center.

For more information call 916-366-3133. Membership is not required to participate in any CRPD activities.

Silver & Fit, Active & Fit and Optum

The Silver & Fit, Active & Fit and Optum plans are part of our exercise and health program specifically designed for adults ages 65+ who want to improve their quality of life through exercise and fun. Members of participating health plans may qualify for free or discounted fitness classes. Check with your insurance carrier to see if you are eligible. Virtual classes are not available.

AWARD WINNING PROGRAM

Green Thumb Lunch

Fee: \$5 Member in Advance

\$6 at the door / Non-Members & To-Go

Meals include a soup with either a salad or sandwich and baked good. Please RSVP no later than the day before you plan to attend.

ACTIVITY	DAYS	DATE	TIME
9102	Wed & Fri	Weekly	11:30 a.m.

On-Going Member Activities

(Non-members pay \$2 drop-in fee per activity)

Activity	Days	Time
Library & Lounge	Daily	7:30 a.m. - Close
Jigsaw Puzzle Swap	Daily	7:30 a.m. - Close
Billiards	Daily	7:30 a.m. - Close
Bingo	Wed/Fri	Noon - 2 p.m.
Hand & Foot*	Thurs	12:30 - 4:30 p.m.
Cordova Garden Club	1st Wed	10 a.m.
Cards & Board Games	1st & 3rd Mon	10 a.m. - 1 p.m.
Knit & Crochet Group	Tues	9:30 - 11:30 a.m.
Senior Arcade	2nd & 4th Thurs	10 - 11 a.m.
Walking Group	Mon/Wed/Fri	Call for Times



Holiday Closures: June 30 - July 4

*Must call to RSVP before attending card groups

All classes held at Neil Orchard Senior Activities Center – Ages 50+



Creative Card Making with Judy

With Judy Pinner

Monthly Fee: \$20/Members, \$25/Non-Members

Bring your imagination and leave with a collection of personalized cards ready to share with family and friends. No prior experience is required, and all materials will be provided. \$10 material fee due at the beginning of each month.

ACTIVITY	DAYS	DATES	TIME
9045	1st & 3rd Wed	Monthly	9:30 - 10:30 a.m.

Knitting & Crochet

Fee: Free for members

A social group for participants to work on their knitting and crochet projects in a relaxed, self-guided setting. No instructor, bring your own materials.

ACTIVITY	DAYS	DATES	TIME
9041	Tues	Ongoing	9 - 11 a.m.

Cards & Board Games

Fee: Free for members

Join our card and board games group for endless fun and friendly competition! Whether you're a seasoned player or just starting out, there's something for everyone. Bring your favorite games and let's roll the dice, shuffle the cards, and have fun!

ACTIVITY	DAYS	DATES	TIME
9042	1st & 3rd Mon	Ongoing	10 a.m. - 1 p.m.

Crafting with UV Resin

With Ann Taylor

Fee: \$40 for 4 weeks + \$10 material fee

Discover the art of UV resin crafting in this hands-on class, where you'll learn to create stunning, durable jewelry and decor pieces. Master the techniques of mixing, molding, and curing with UV light for a polished, professional finish.

ACTIVITY	DAYS	DATES	TIME
9043	Thurs	Ongoing	9 - 10:30 a.m.

Beginning & Advanced Ceramics

With Judy Gustafson

Fee for a 8-visit Punch Card: \$45/Members, \$50/Non-Members

Beginning students will be introduced to the ancient craft of working with clay. Students will learn hand building techniques including pinch, coil, slab and sculpture. Advanced ceramics students will expand on their skills. They may work at their own pace (independent study) and/or continue learning more advanced skills in glazing techniques, kiln loading and kiln firing. \$25 material fee due with new punch card.

ACTIVITY	DAYS	DATES	TIME
9406	Fri	Ongoing	10 a.m. - 2 p.m.

Wire Wrap Jewelry Making

With Deborah Kelly

Fee: \$40/Members, \$45/Non-Members, plus \$50 monthly material fee

Learn the basics of handcrafted jewelry! Use tools and wire to construct your own jewelry pieces from scratch. Projects include rings, bracelets, chains, and more.

ACTIVITY	DAYS	DATES	TIME
9046	Mon	Ongoing	3 - 4:30 p.m.

Ukelele for Beginners

With Jean Dalton

Fee: \$75

Ukuleles are Easy, Fun, Social, and Portable! Come learn how to tune and play your ukulele. Start by learning how to properly tune your uke and learn chords in order to play, also strumming patterns to make your playing fun. Learn lots of new songs and Sing along if you like. Instruments are not provided. You will need a soprano or concert size ukulele and a tuner.

ACTIVITY	DAYS	DATES	TIME
9052	Thurs	Ongoing	12:30 - 1:30 p.m.





Paint With Me

With Andrea Chavez

Fee: \$15 per class + \$10 material fee

Join instructor Andrea Chavez in this fun and social painting class! She will guide you through each project, step by step and you will take home your new artwork at the end of class! No painting experience is necessary, all materials will be provided.

ACTIVITY	DAYS	DATES	TIME
9047	Thurs	June 19 - July 17	9 - 11 a.m.

Senior Arcade

With CRPD Staff

Fee: Free for members or \$2 drop-in for Non-Members

Strap on a Virtual Reality helmet and visit another world, or compete with friends in Wii Sports! Join us for a day of gaming at the Senior Center.

ACTIVITY	DAYS	DATES	TIME
9057	Thurs	Ongoing	10 a.m.

Cooking With Chef Steve

With Steve Salle

Ages: 18+

Fee: \$25 Members/\$30 Non-Members + \$10 material fee

This fun, and social class is perfect for those looking to explore new recipes and sharpen their culinary skills. Participants will learn how to create delicious, nutritious meals with easy-to-follow techniques, all tailored to suit various dietary needs. Whether you're a seasoned cook or just starting, this class offers a great way to enjoy healthy eating and meet new friends along the way!

ACTIVITY	DAYS	DATES	TIME	THEME
9055	1st Tues	Feb.	5:30. - 7 p.m.	Valentine's Dinner
9055	1st Tues	Mar.	5:30. - 7 p.m.	Spring Brunch
9055	1st Tues	Apr.	5:30. - 7 p.m.	South of the Border

Art Lab

With Heart Craft Studios

Fee: \$100 monthly + \$20 Monthly material fee

Unleash your imagination in this class designed for those eager to experiment with art. This beginner friendly, hands-on course invites you to combine various materials and techniques from painting, drawing, collage, macrame, and more. Participants will get to play with the possibilities of texture, color, and form while creating playfully curious works of art. Each session encourages self-expression and experimentation, making it perfect for artists of all levels!

ACTIVITY	DAYS	DATES	TIME
9049	Mon	Weekly	2 p.m.

Adventure in Acrylics

With Heart Craft Studios

Fee: \$100 monthly + \$20 Monthly material fee

A beginner friendly acrylic painting class that explores different techniques, styles, and subjects! Designed for both beginner and aspiring artists alike, participants will learn essential painting techniques, including color mixing, brushwork, layering, and more! With guided instruction and a supportive atmosphere, you'll explore your artistic style and leave with beautiful artwork to showcase. No experience needed.

ACTIVITY	DAYS	DATES	TIME
9049	Mon	Weekly	2 p.m.

Watercolor Wednesdays

With Heart Craft Studios

Fee: \$100 monthly + \$20 Monthly material fee

A beginner friendly watercolor painting class that explores different techniques, styles, and subjects! In this weekly class, you'll discover the beautiful techniques of watercolor painting, including washes, blending, layering, and more! With encouraging instruction and plenty of hands-on practice, you'll learn how to embrace the fluidity of watercolors and express your creativity. No prior experience is required.

ACTIVITY	DAYS	DATES	TIME
9050	Wed	Weekly	2 p.m.

See page 27 for Youth Cooking Class

All classes held at Neil Orchard Senior Activities Center – Ages 50+



Zumba Gold

With Lidia Mondragon

Ages: 50+

Fee for 8-visit Punch Card: \$45/Member, \$50/Non-Member

Zumba Gold provides modified, low-impact moves for active seniors and beginners. Bring a towel and a water bottle.

ACTIVITY	DAYS	DATES	TIME
9080	Mon, Tues, Thurs	Ongoing	Noon - 1 p.m.

Beginning Kundalini Yoga

With Adam Batten

Ages: 50+

Monthly Fee: \$40/Member, \$45/Non-Member

This yoga class is very adaptable for all participants and levels of flexibility. We focus on breathing, stretching and remaining active. Participants will gain lung capacity, flexibility and learn to address stress.

ACTIVITY	DAYS	DATES	TIME
9036	Mon, Wed, Fri	Monthly	9:15 - 10:15 a.m.

Walking To Get Fit

Ages: 50+

Fee: FREE with membership, registration is required.

Enjoy the safety and companionship of walking in a group while reducing your risk of serious diseases like heart disease, stroke, diabetes and more. This social walking group is suitable for anyone looking to add physical activity into their regular routine; must be able to walk unassisted.

Call 916-366-3133 the day prior to attending to confirm start time.

ACTIVITY	DAYS	DATES	TIME
9031	Mon, Wed, Fri	Ongoing	Mornings - Call for times

Senior Exercise

With Adam Batten

Ages: 50+

Monthly Fee: \$35/Member, \$40/Non-Member

Improve body composition, flexibility, strength and endurance while increasing energy and reducing stress in this fun, low-impact program designed for active seniors.

ACTIVITY	DAYS	DATES	TIME
9030	Mon, Wed, Fri	Ongoing	8 - 9 a.m.

Line Dance (Beginner/Intermediate)

With Phyllis Gifford

Ages: 50+

Fee for a 10-visit Punch Card: \$50/Member, \$55/Non-Member

Round up your friends and get in line for a great time! In this class you will learn both classic and popular modern line dances. There are two classes to choose from to meet your ability level. No partner needed!

ACTIVITY	LEVEL	DAYS	DATES	TIME
9081	Intro/Beginner	Tues	Ongoing	1:15 - 1:45 p.m.
9081	Advanced Beginner	Tues	Ongoing	1:45 - 2:15 p.m.
9081	Improver	Tues	Ongoing	2:15 - 2:45 p.m.

Beginning Tai Chi

With Kathy Villegas

Ages: 50+

Fee for 10-visit Punch Card: \$50/Member, \$55/Non-Member

This class will help improve balance, help with stress reduction and circulation. This is intended for participants who would like to eventually advance to the Intermediate Tai Chi class. Bring water, wear loose comfortable clothing and soft soled shoes.

ACTIVITY	LEVEL	DAYS	DATES	TIME
9312	Beginner	Mon	Ongoing	11:15 a.m. - Noon

Intermediate/Advanced Tai Chi

With Kathy Villegas

Ages: 50+

Fee for 10-visit Punch Card: \$50/Member, \$55/Non-Member

Often described as "meditation in motion," the gentle flowing movements of Tai Chi are excellent for stress reduction, improving balance, flexibility and circulation. Please bring water, wear loose comfortable clothing and soft soled shoes. These classes are not meant for beginners.

ACTIVITY	DAYS	DATES	TIME
9034	Mon	Ongoing	10:30 - 11:15 a.m.



See page 21 for Adult Pickleball Programs

EVENTS & ACTIVITIES

Events are held at the Neil Orchard Senior Activities Center. We encourage you to purchase tickets in advance as some events sell out quickly.

Fees: \$8/Member, \$10/Non-Member

*No tickets sold on day of event unless noted otherwise

Sponsored by:



Lunar New Year Celebration

Enjoy a delicious feast while learning about the various cultures that participate in this time-honored celebration of family, food, and good wishes.

ACTIVITY	DAYS	DATE	TIME
9201	Wed	January 29	11:30 a.m.

Mardi Gras Party

Beads, masks and all that jazz! Enjoy a Cajun-inspired menu that will transport your taste buds straight to New Orleans, accompanied by live entertainment to keep the party lively.

ACTIVITY	DAYS	DATE	TIME
9205	Wed	February 26	11:30 a.m.

St. Patrick's Day Celebration

Do you have the luck of the Irish? Enjoy homemade corned beef and cabbage as we celebrate St. Patrick's Day.

ACTIVITY	DAYS	DATE	TIME
9029	Wed	March 12	11:30 a.m.

Fiesta

We're having a Fiesta and you're invited to come and enjoy a delicious Mexican Feast.

ACTIVITY	DAYS	DATE	TIME
9023	Wed	May 7	11:30 a.m.

National Pizza Party Day

We know it's cheesy, but we love an excuse to celebrate! Your pizza party ticket includes a slice of pepperoni or cheese pizza, green salad and a beverage.

ACTIVITY	DAYS	DATE	TIME
9024	Fri	May 16	11:30 a.m.

National Selfie Day

Check your hair, find your light, and strike a pose for National Selfie Day. Pull out your smart phone and don't forget to smile!

ACTIVITY	DAYS	DATE	TIME
9027	Fri	June 20	11:30 a.m.

Hot Dog and Bingo Fundraiser

Come support the Cordova Senior Advisory Board raise funds for the Neil Orchard Senior Activities Center. Enjoy a tasty Hot Dog and a fun game of Bingo. **In-person registration only.**

ACTIVITY	DAYS	DATE	TIME	FEE
Hot Dog	Fri	June 27	11:30 a.m. - 12:30 p.m.	\$8
Bingo	Fri	June 27	12:30 - 1:30 p.m.	\$6

National Hot Dog Day Celebration

No need to pay for a ball game, just come celebrate one of the staples of American cuisine! Tickets include grilled hot dog, bag of chips and beverage.

ACTIVITY	DAYS	DATE	TIME
9025	Wed	July 16	11:30 a.m.

Senior Citizen Day

Join us as we support, honor, and show our appreciation to seniors and their positive contributions to the community.

ACTIVITY	DAYS	DATE	TIME
9026	Wed	August 20	11:30 a.m.



Senior Resource Fair

FREE!

This FREE event is for all ages who seek information, services, and resources that pertain to the overall health and well-being of the aging community. Local organizations and services will be present to handout information. Visit each vendor to receive a stamp in your Passport. Turn in completed Passport for a FREE lunch. **Vendor spaces are available; contact Lara Nall at LNALL@cordovarpd.gov.**

Location: Lincoln Village Community Park

ACTIVITY	DAYS	DATE	TIME
90424	Wed	April 30	1 - 3 p.m.

FREE INFORMATIONAL PRESENTATIONS

Presentations are open to all ages.

Please RSVP either online or by calling 916-366-3133 for these free presentations as space is limited. Presentations are held at the Neil Orchard Senior Activities Center.



Safe & Sound at Home & On the Go: Fall Prevention

With Dot Boyd, Senior Safety Specialist

One fall can change it all. Preserve your cherished independence by learning what puts you at risk of falling as you age and what steps you can take to minimize those risks. Practical tips and fall prevention resources will be shared including a fall risk survey and home safety checklist.

ACTIVITY	DAYS	DATE	TIME
9071	Thurs	Feb. 13	1 p.m.

Extended Travel With Collette

Join Jay Fehan from Collette for an informational presentation on a variety of exciting Collette Travel options. Information of upcoming trips will be presented as well as talking about ideas for future trips! Current trips include: Reflections of Italy, Spotlight San Antonio Holiday, Cultural Treasures of Japan, Historic Greenbriar and more!

ACTIVITY	DAYS	DATE	TIME
9071	Mon	Mar. 3	1:30 p.m.
9071	Mon	June 16	1:30 p.m.

Care for Caregivers

With Dot Boyd, Senior Safety Specialist

As a family caregiver, it can be challenging to put yourself first. In this session you'll learn essential self-care and safety tips including why self-care is not selfish; how to ask for help; knowing when to hire help; and the importance of having an emergency plan.

ACTIVITY	DAYS	DATE	TIME
9071	Mon	May 12	1 p.m.

Get Up & Go Day Trip Presentation

Ready to get up and go? Historic places, shopping tours, festivals and more! Get the inside scoop about our exciting upcoming motorcoach trips offered by the Senior Center and give input on what future trips you'd like to see us offer.

ACTIVITY	DAYS	DATE	TIME
9071	Mon	June 9	1 p.m.

Estate Planning, Wills & Trusts

Planning for the future is crucial and estate planning is particularly important for seniors. An advocate from the Senior Legal Hotline of Northern California will walk you through this complex process. There will be a short Q&A session afterwards.

ACTIVITY	DAYS	DATE	TIME
9071	Mon	July 14	1 p.m.

Healthy Aging with GROW & UC Davis

Join us monthly as we partner with UC Davis and the Greater Sacramento Women's Brain Health Program for a series of free presentations designed to teach you how to take care of your brain health at any age. All ages and genders are welcome.

ACTIVITY	DAYS	DATE	TIME
9071	1st Mon	Monthly	2 p.m.

Sponsored By:



GROW
GREATER SACRAMENTO
WOMEN'S BRAIN
HEALTH PROGRAM

UC DAVIS
HEALTH

SILVER SURFERS

With SeniorTechPal (Ashu Singla, retired Sr. Director from Intel)
Ages: 50+

Technology 1:1 Troubleshooting

Annoying little technology issues can often be solved by some simple changes to the settings on your devices (Smartphone, Tablet, Laptop). Reserve your spot in our 1:1 troubleshooting session and bring your devices that need troubleshooting with you. You can also use the session to learn about features on your devices. Space is limited.

ACTIVITY	DAYS	DATES	TIME	FEE
9060	2nd Wed	Ongoing	2 - 4 p.m.	Free

*No classes in July & Aug.

FACILITY & PARK DIRECTORY

Amenities

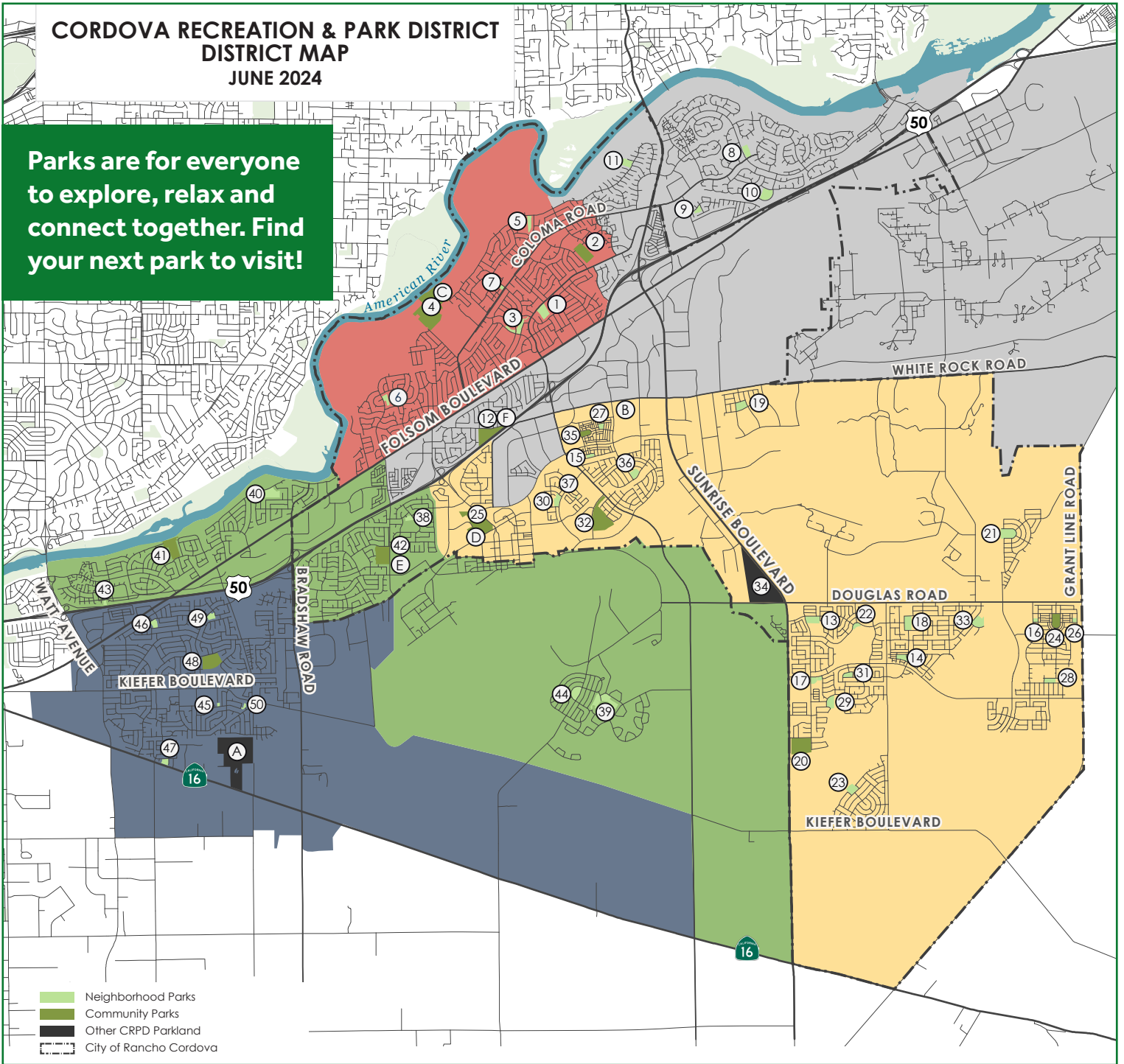
Parks
 Facilities

Amphitheater
 Baseball / Softball Fields
 Outdoor Basketball Courts
 Bocce Ball / Pétanque
 Fitness Station
 Horseshoe Pits
 Multi-Use / Soccer Fields
 Pavilion
 Pickleball Lines / Court
 Picnic Table(s) or Picnic Areas
 Playground
 Restroom
 Skate Ramp / Park
 Splash Pad / Splash Park
 Swimming Pool
 Tennis Courts

District	Facility Name & Address	Amphitheater	Baseball / Softball Fields	Outdoor Basketball Courts	Bocce Ball / Pétanque	Fitness Station	Horseshoe Pits	Multi-Use / Soccer Fields	Pavilion	Pickleball Lines / Court	Picnic Table(s) or Picnic Areas	Playground	Restroom	Skate Ramp / Park	Splash Pad / Splash Park	Swimming Pool	Tennis Courts
DISTRICT 1	1. Ahlstrom Park 2375 Zinfandel Drive		📶								🌳	🎡					
	2. Dave Roberts Community Park 10820 Mapola Way		📶					🌳			🌳	🎡					
	3. Federspiel Park 2549 Chassella Way							🌳			🌳	🎡					
	4. Hagan Community Park, Dog Park & Barn 2197 Chase Drive		📶					🌳	🏠		🌳	🎡	🚻			🏊	🎾
	5. Larchmont / Rossmoor Park 10708 Ambassador Drive							🌳			🌳	🎡					
	6. Taylor Park 2238 West La Loma Drive							🌳			🌳	🎡					
	7. W.H. Williamson Park 10551 Coloma Road							🌳			🌳	🎡					
DISTRICT 2	8. Gold River Park 11513 Gold Country Blvd., Gold River							🌳			🌳	🎡					
	9. Gold Station Park 2360 New Eureka Way, Gold River							🌳			🌳	🎡					
	10. Prospect Hill Park 11840 Prospect Hill Drive			🏀				🌳			🌳	🎡					
	11. Sunriver Park 11120 Moose River Court			🏀		🏹		🌳	🏠		🌳	🎡					
	12. White Rock Community Park 10488 White Rock Road			🏀				🌳	🏠		🌳	🎡	🚻		💧		🎾
DISTRICT 3	13. Argonaut Park 11825 Herodian Drive		📶	🏀				🌳	🏠		🌳	🎡					
	14. Aura Park 12164 Coal Creek Way			🏀				🌳	🏠		🌳	🎡					
	15. Cobblestone Park 10900 Barden Drive					🏹		🌳	🏠		🌳	🎡					
	16. Cypress Grove Park 4047 Cypress Grove Drive							🌳			🌳	🎡					
	17. Eagle's Nest Park 11810 Chrysanthy Blvd			🏀				🌳	🏠	🎾	🌳	🎡					🎾
	18. Exploration Park 12145 Hetch Hechy Drive			🏀				🌳	🏠	🎾	🌳	🎡					
	19. Gold Rush Park 11556 Lagarto Way							🌳	🏠		🌳	🎡					
	20. Heron Landing Community Park 11750 Justinian Drive		📶	🏀	🏀			🌳	🏠		🌳	🎡	🚻		💧		🎾
	21. Hillside Park 3566 Rockdale Drive			🏀				🌳	🏠		🌳	🎡					
	22. Hummingbird Park 11990 Cobble Brook Drive			🏀				🌳	🏠		🌳	🎡					
	23. Kavala Ranch Park 5100 Azalea Park Way			🏀				🌳	🏠		🌳	🎡	🚻				
	24. Labyrinth Community Park 12770 Glass Beach Drive							🌳	🏠		🌳	🎡	🚻				
	25. Mather Sports Complex 3755 Schriever Avenue		📶	🏀*	🏀	🏹		🌳			🌳	🎡	🚻	💊			
	26. Pyramid Peak Park 4053 Red Blush Way			🏀				🌳			🌳	🎡					
	27. Renaissance Park 3125 Mowbray Way			🏀				🌳	🏠		🌳	🎡					
	28. Rockrose Park 12799 Mission Peak Way							🌳			🌳	🎡					
	29. Sandpiper Park 11830 Applolon Drive							🌳	🏠		🌳	🎡					
	30. Sonoma Park 10750 Agria Court							🌳	🏠		🌳	🎡					
31. Sparrow Park 11938 Montron Way							🌳	🏠		🌳	🎡						
32. Stone Creek Community Park 3625 Spoto Drive	🎭	📶	🏀				🌳	🏠		🌳	🎡	🚻	💊	💧			
33. Sunridge Park 4041 Borderlands Drive			🏀				🌳	🏠		🌳	🎡	🚻		💧			
34. The Center Property 11551 Douglas Road							🌳			🌳	🎡						
35. The Village Green 3141 Bridgeway Drive	🎭						🌳			🌳	🎡	🚻		💧			
36. Tuscany Park 3460 Corvina Drive			🏀			🐎	🌳	🏠		🌳	🎡		🚻		💧		
37. Waterbrook Park 10849 Waterbrook Drive							🌳			🌳	🎡						
DISTRICT 4	38. Countryside Park 3300 Glenmoor Drive, Sac							🌳			🌳	🎡					
	39. Independence Community Park 10949 Britton Way, Mather		📶					🌳	🏠		🌳	🎡	🚻				
	40. Riviera East Park 9580 Mira Del Rio Drive			🏀			🐎	🌳	🏠		🌳	🎡					
	41. Larchmont Community Park 2449 Stansberry Way, Sac							🌳		🎾	🌳	🎡					🎾
	42. Lincoln Village Community Park 3480 Routier Road, Sac		📶	🏀		🏹		🌳		🎾	🌳	🎡	🚻			🏊	🎾
DISTRICT 5	43. Salmon Falls Park 8964 Salmon Falls Drive, Sac							🌳			🌳	🎡					
	44. Veteran's Park 4530 Excelsior Road, Mather			🏀			🐎		🏠	🎾	🌳	🎡					🎾
	45. Henley Park 9343 Henley Way, Sac							🌳		🎾	🌳	🎡					
	46. Manlove Park 9118 Caldera Way, Sac							🌳			🌳	🎡					
	47. Primrose Park 9122 Rose Parade Way, Sac							🌳			🌳	🎡					
	48. Rosemont Community Park 9326 Americana Way, Sac		📶					🌳	🏠	🎾	🌳	🎡	🚻				🎾
	49. Rosemont North Park 3224 Huntsman Drive, Sac							🌳	🏠		🌳	🎡					
	50. Rosswood Park 9460 Achatas Circle, Sac							🌳			🌳	🎡					
FACILITIES	A. Cordova Golf Course 9425 Jackson Road, Sac										🌳		🚻				
	B. CRPD District Office 11070 White Rock Road, Suite 130										🌳		🚻				
	C. Hagan Community Center & The HYDE Out 2197 Chase Drive										🌳		🚻				
	D. Mather Sports Center 3755 Schriever Avenue		📶	🏀*	🏀	🏹		🌳			🌳	🎡	🚻	💊			
	E. Neil Orchard Senior Activities Center 3480 Routier Road										🌳		🚻				
	F. White Rock Community Clubhouse 10488 White Rock Road										🌳		🚻		💧		

**CORDOVA RECREATION & PARK DISTRICT
DISTRICT MAP
JUNE 2024**

**Parks are for everyone
to explore, relax and
connect together. Find
your next park to visit!**



- | | | | |
|--------------------------------------|-------------------------|------------------------------------|------------------------|
| Amphitheater | Fitness Station | Pickleball Courts | Restroom |
| Baseball/Softball Fields | Horseshoe Pits | Pickleball Lines | Skate Ramp/Park |
| Outdoor Basketball Courts
*Indoor | Multi-Use/Soccer Fields | Picnic Table(s) or
Picnic Areas | Splash Pad/Splash Park |
| Bocce Ball/Pétanque | Pavilion | Playground | Swimming Pool |
| | | | Tennis Courts |

FACILITY & PARK UPDATE: Get the latest news on upcoming parks at:
cordovarpd.gov/park-planning-development/construction-projects/.

Rental Inquires: Call 916-369-9844 for picnic/pavilion rentals. Call 916-307-6866 for field rentals.
Parks and Facilities listed here are located in Rancho Cordova unless otherwise noted.

CORDOVA RECREATION & PARKS FOUNDATION



BECOME A MEMBER

TODAY! >>>>



FOR MORE INFORMATION

 916-502-9733

 CRPF@cordovarpd.gov

 www.crpdfoundation.org

BECOME A MEMBER STARTING AT \$25 A YEAR!

Becoming a member of the Cordova Recreation & Parks Foundation (CRPF) means you are joining us to continue improving our local community. Your membership provides valuable financial support to ensure those community members with limited resources have access to recreation programs. With your support, the CRPF can help even more families gain access to explore and discover what our parks and recreation programs have to offer.

SCHOLARSHIP PROGRAM

We believe everyone should be able to benefit from CRPD programs. Our program is here to help you get involved!

Scholarships are available to all who meet the following criteria:

- Resident of CRPD.
- Can demonstrate a financial need that prevents the individual from participation in CRPD programs.
- Complete and return an application form at least 10 days prior to start of program. Forms are available at all CRPD facilities and online.

Scholarships are available to those who qualify as long as funds are available. Call 916-369-9844 or visit the Forms page at cordovarpd.gov for an application.



**The first 100 members will
receive a commemorative
Bronze Lapel Pin!**